

Our Lady of the Angels School, Rouse Hill

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Week 5 Term 3

Dear Parents,

Today is the Feast of the Annunciation, the 15 August, and a Holy day of obligation. This obligation is for us to attend Mass. The whole school attended Mass at 10 and it was lovely to have so many of our parents join us in this celebration of the Eucharist. Celebrating our patron is very significant. This morning, I explained to the students how, in the 'olden days' when I was at school, it was not uncommon for the parish priest or a visit from the visit to declare the day a holiday (holy day) and we all went home. Unfortunately, we cannot do that so easily these days. However, there was the opportunity today for some impromptu fun activity and a little extra playtime for the students in an effort to acknowledge this special feast.



The picture to the right depicts Our Lady being taking into heaven by the angels. Our Lady's body was the temple that

housed the saviour before He was born. For this reason, God saved her body from the mortal traits of turning into dust. It is the stained glass window which calls for blessings on this school community for as long as our new church will stand.

Our own mortality is inevitable. However, we have to promise of returning to our bodies in glory with Jesus, Mary and the saints. The fulfilment of this promise is our choice – simply, love God. If we love God, we will do as He wishes and that is treat others with kindness and respect and be tolerant and smile. Above all, love one another.

Have a look at the different activities the students engaged in for their Assumption Fun Day further in this Newsletter.

No School for Students on Monday

Mon 18th Aug

Tues 19th Aug Wed 20th Aug Fri 21st Aug Dates to Remember Staff Development Day – NO SCHOOL FOR STUDENTS ON THIS DAY Book Week, Voice of Youth Yrs 5/6 Book Week – Book buying day Diocesan Athletics Carnival



Gospel Reflection Twentieth Sunday in Ordinary Time, Year A

A reading from the holy Gospel according to Matthew 15:21-28

Jesus left Gennesaret and withdrew to the region of Tyre and Sidon. Then out came a Canaanite woman from that district and started shouting, 'Sir, Son of David, take pity on me. My daughter is tormented by a devil.' But he answered her not a word. And his disciples went and pleaded with him. 'Give her what she wants,' they said 'because she

is shouting after us.' He said in reply, 'I was sent only to the lost sheep of the House of Israel.' But the woman had come up and was kneeling at his feet. 'Lord,' she said 'help me.' He replied, 'It is not fair to take the children's food and throw it to the house-dogs.' She retorted, 'Ah yes, sir; but even house-dogs can eat the scraps that fall from their master's table.' Then Jesus answered her, 'Woman, you have great faith. Let your wish be granted.' And from that moment her daughter was well again.

Jesus' unresponsiveness to this woman may strike us as uncharacteristic or shocking. Yet in Matthew's Gospel, Jesus' ministry is directed primarily to the people of Israel. At only a very few points, such as the one found in today's Gospel, do we find Jesus anticipating the later Christian ministry to the rest of the world. Just as Jesus was surprised by the faith expressed by the Canaanite woman, so too the first Christians were surprised that the Gentiles would receive the salvation God offered through Christ. The faith that the Canaanite woman expresses is an affirmation of and confidence in God's abundant mercy.

Talk to your children...

Even when spurned by Jesus, the faith of the Canaanite woman makes her bold enough to argue and ask again for what she needs. Her persistence and great confidence that Jesus could heal her daughter reminds us of the confidence with which our children bring to us their own needs. In their faith and trust we can find modern examples of how we might approach God in prayer. When we pray, God wants us to be as confident in his mercy.

(Sourced and modified from: http://www.loyolapress.com/sunday-connection.htm) Enjoy time with the ones you love this weekend! Mr Andrew Baker ©

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Family Sacred Space.

In the office foyer, we have a display cabinet of which two shelves are devoted to prayer. This is an invitation to OLA families to 'sponsor' this sacred space. This means that each week, one school family is responsible for decorating this space with some small items of their choice and relevant to them. There is one small shelf and nothing elaborate is expected. This is an initiative to bring community prayer to the fore in our school and to make it more personal and meaningful. I or someone else at school will be happy to assist you if needed. If you are interested in participating, we look forward to receiving an email from you to <u>ola@parra.catholic.edu.au</u> with *Family Prayer Space* in the subject line. Thank you to the **Whitehurst Family** for sponsoring this week. Next week the sponsor family will be the **Lesar Family.**



Feast of the Assumption

Feast Day: August 15

On this feast of Mary we celebrate a special favour that God gave to Mary, our Mother. The Assumption means that Mary was taken up into the glory of heaven not only with her soul, but also with her body. Jesus, the Son of God was born from Mary's pure womb. So when Mary died, God the Father and Jesus, would not let the body of the Mother of God be spoilt. This was her reward for her love of God and her years of faithful prayers and suffering. Now Mary is in heaven. She is queen of heaven and earth. She is the Mother of Jesus' Church and queen of apostles. Every time Mary asks Jesus to give us graces, he listens to her request. After the resurrection from the dead, we, too, can go to heaven with our bodies. Our bodies will be perfect. They will not suffer illness anymore. They will not need any more food and drink to keep alive. They will be beautiful and splendid! If we use our bodies now to do good, those bodies will share in our heavenly reward. As we celebrate the feast day of Mary, we can ask our Blessed Mother Mary to guide, protect and care for us.



Our Catholic tradition teaches us that Mary, the Mother of Jesus was taken body and soul into heaven as a reward for her faithfulness. Her life and devotion should be an example for us.

CONFIRMATION ENQUIRY NIGHT

On the 19th August there will be a Confirmation Enquiry night for parents who wish to have their children confirmed this year. It will begin at 7:30pm in the Church.

RELIGIOUS LITERACY ASSESSMENT

Over the next couple of weeks, Year 4 and Year 6 students will be participating in the Religious Literacy Assessment. This is a diocesan wide assessment and we wish them luck. Thank you to the Year 4 and Year 6 teachers for preparing them so well for this. The image is of the beautiful painting of the Assumption that will be transformed into a stunning stained glass window for the new church. Have a happy and holy weekend.

Mrs Emma-Kate Callaghan ©

Premier's Reading Challenge – The countdown is on

Congratulations to Anthony G, Lauren E, Michael E, Max F, Anneliese G, Alisa A, Nicholas G, Harry T, Cody T, Natasha E, Charlotte G and Jake E who have recently completed the required reading for the Premier's Reading Challenge. You have until the end of August to do this. If you are having difficulty with your login please contact me this week.

Social Skill

The social skill for this fortnight is **DEALING WITH LOSING**

- Say to yourself, "Everybody can't win, it's okay that I didn't win this time"
- If you didn't win think about what you should now:
 - ask someone to help you do better
 - do an activity that you like and is fun
 - relax and have another go
- Act out your best choice

Book week

This year as part of our Book Week celebrations in week 6, we will be having a Book Fair. The children will have the opportunity to look at the books prior to this and the book fair will be open for parents to purchase books on Wednesday 20th August from 8.15am-9.30am and 2.30pm-3.30pm and on Friday 22nd August from 1pm-3pm. As a special part of our Book Week celebrations each teacher will be reading their favourite picture book to students either before school or at one of the lunch breaks throughout the week. *Please note there will not be a dress up character parade this year*.

ZONE ATHLETICS CARNIVAL

This week, students ranging from Year 3 to Year 6 represented our school at the Zone Athletics Carnival held at Rooty Hill. All the students displayed great sportsmanship towards other competitors and their own team members. Every child competed extremely well especially against some tough competition but showed great determination and perseverance. When returning back to the grand stand the children had big smiles on their faces and were congratulated by those around them for their fantastic effort. It was wonderful to see so many parents and grandparents come out and support the children on the day. All the children represented Our Lady of the Angels well and showed wonderful manners and behaviour throughout the day.

Congratulations to all the children on their fantastic achievements. Some of the children walked away from this event beating their previous years achievements. It was wonderful to see so many new children participating the Zone Carnival. We can't wait to see what you do next year!

A special mention to the following students who will be representing Our Lady of the Angels at the next level:

Nicholas Cutroni finished 4th in the 11 yr boys 800m. Claudia Coombes finished 1st overall in the 9yr girls 100m. Tyler Spiteri finished 2nd in the Junior Discus Riley Price finished 3rd in the Junior Discus and 4th in the Junior Shot Put 4 x 100m Junior Girls Relay Team finished 4th (Team: Elise E, Seronique T, Ella S and Claudia C)

Congratulations everyone and it was a privilege to watch you compete.

I would like to thank Miss Grima, Mrs Anderson and Mrs Spiteri for their early morning training of our relay teams. The students were well prepared and worked as a team. I would also like to thank Mrs Hey and Miss Grima for being our team managers on the day.







We will be holding our stall and breakfast again this year so if you are able to assist in any capacity please email <u>olapandf@hotmail.com</u>. Kind Regards, P&F Committee

Head Lice – a fact of school life

The following information is being sent home as we have had a few cases of Head Lice through the classes. Please check your child's hair regularly.

While children are at school, it is very likely they will come into contact with head lice at one time or another. This is not a sign of poor hygiene. Anyone can get head lice and given the chance, head lice move from head to head without discrimination. They can be transferred from one head to another by close, sustained contact as when friends put their heads together to whisper or read. Lice then are transferred from one head to another. Head lice are just as easily transferred at home as at school.

Some facts and advice -

- Head lice are small, greyish-brown insects about the same size as a sesame seed.
- Head lice live only on heads and generally lay their eggs on the hair shaft close to the scalp. They lay their eggs and hatch every 7 to 10 days. It is imperative all eggs are removed.
- The lifespan of a louse is 30 days.
- Head lice are attracted to very clean hair, long and short.
- Eggs can only be removed by hand or by combing.
- Live lice treatment can be purchased from any pharmacy.
- When head lice is found on a child, it is advisable the whole family be treated.
- For successful removal of head lice, be sure to follow the directions for your preferred treatment exactly.
- No head lice treatment will kill any egg. It only kills live lice. Therefore it is imperative all eggs are removed to avoid hatching.

Prevention –

- Check your child's hair regularly for head lice and eggs.
- Tie long hair back braid and/or put it up if possible
- Consider applying with a spray, tea tree oil with water. Lice do not like tea tree oil. Hair gel, hairspray or mousse is also another option as it may help to keep stray hair strands from contact with other heads
- Avoid sharing combs or brushes and hats
- Immerse brushes and combs in hot water for 10 mins after use to kill any head lice or eggs trapped in them. An old toothbrush will also help remove and debris.
- Remind your child to avoid head-to-head contact with other children, e.g. when working at the computer with others, or when playing, or hugging.

A great website to have a look at is <u>www.health.nsw.gov.au/headlice/treatment</u> If your child has had head lice and you have treated them, provided all head live head lice have been removed, they are able to return to school the following day. It is imperative that a follow-up treatment be carried out a week later.

Feast of the Assumption.

Today the students across the school participated in a range of fun activities, mostly free choice. Here is a sample from across the school...from the right, Year 4 free choice of Medium to retell the Assumption story, Year3 could choice from a grid of suggestions, 5/6 free expression including drama, Year 2 worked through rotations including badge- making, Kindergarten made stainedglass windows and Year 1 some lovely pictures and a 'selfie with Ashton and the badge he made for me. ©



Mary died but was not buried for she was Mary the mother of Jesus and the Most important women ever known. She was lifted into heven with her Son Jesus and God.









From the Class room... Yr 1B

In 1B we have been learning about making healthy choices when we eat our meals. Our Year One students understand that it is important to eat a balanced diet including the right amount of options from each food group. We used our magnetic plate and food items to display our learning about what a balanced dinner might look like. This is what some of our 1B student's came up with:



Madeleine: "I picked some steak and broccoli and cheese and a bread roll with milk. I picked them because I like the taste and it makes a good meal because it's healthy."

Nate: "I picked these because it's all healthy for you and has lots of protein. The milk is good because it gives you strong energy."





Sienna F: "I chose pasta because it's healthy and broccoli and lettuce because it makes you strong. I want water because it's good for me."

Bowen: "I picked water because it's good for you. I picked bread because it makes you healthy. I picked strawberries because it's yummy and good for you. I like pancakes because they are really yummy, and meat makes you strong. Also, a little bit of egg because it gives you energy."





Ava: "I have steak, cucumber, corn and some water. I picked steak because it has protein, cucumber because it's salad and healthy and water because its good for you."

Lachlan: "I picked eggs on toast because I like eggs on toast and I picked spaghetti with meat because it's healthy. I picked potatoes because they are healthy and make you strong, potatoes without salt because with salt it will be unhealthy. I have water because if you're really thirsty it's more healthy than soft drink."



From the Parish Office...

Feast of the Assumption of the Virgin Mary

Today is the Feast of the Assumption of Mary, commemorating the death of the Blessed Virgin Mary and her bodily assumption into Heaven. This special feast of Mary is a holy day of obligation. Mass: 7:30pm today.

Sacrament of Confirmation

An information night will be held on Tuesday, 19 August at 7pm. If you have a child in Year 6 or older who has received First Communion and not yet received Confirmation please contact the Parish office.

Adult Confirmation

This is a community celebration for those who have received both the sacraments of Baptism and Eucharist (Communion). For those who are over 16 years of age. The Office for Worship will hold an evening of catechesis and formation for all candidates. This will be on Friday, 5 September between 7-9pm in the Hall, St Patrick's Cathedral, Parramatta. If this applies to you or someone you know, please have them contact the OLA Parish office for further information.

Reconciliation

Reconciliation for children in Year 2 will occur in Term 4. Anthony Saliba, Sacramental Co-ordinator will provide all class teachers with relevant documentation within the next few weeks. Parish Priest: Fr Warren Edwards Assistant Priest: Fr Joby Kadambattuparambil Ittira

Mass times: Sat vigil: 5:30pm Sunday: 8:30am, 10am & 5.30pm. Weekdays: Mon -Sat: 9 am Wed -7pm Novena Mass to St Joseph for special intercessions for the Building of our Church. Email: parishoffice@ourladyoftheangels.org.au Website: www.ourladyoftheangels.org.au Ph: 8883 4063 Fax: 9629 7603

Congratulations to the Nicholls family (Zachary 1W) on the safe arrival of baby Benjamin *yesterday.* We can't wait to meet him.



Thank you to Mr Edwards (Mikayla) and Bunnings Seven Hills for the kind donation of five citrus trees.



Until next week, may God bless and keep you safe. Eva La Rocca, Principal

Term 3 Week 5			
Student	Academic Merit Award	St Francis Award	Einstein Award
Kinder B	Matilda Wallis	Jayden Thornton	Luke Garofano
Kinder G	Denison Cu	Eva Merceica	Evie Blount
Kinder W	Isobel Clarke	Harriet Preston	Harrison McQuaid
Year 1B	Max Cutroni	Nate Davis	Akeesha G
Year 1 G	Marc Skoljarev	Angelica Manago	Ivana Edelinski
Year 1W	Raphael Ira	Kobe Ormsby	Patrick Leach
Year 2 B	Ebony McNichol	Kalan Oxspring	Gemma Gladwell
Year 2 W	David Parada	Jada Scoulou	Ava Bennett
Year 3 B	Montana Burt	Ashley Cummings	Antonia Manago
Year 3 G	Emily Bennison	Beatrice Espejo	Owen Huber
Year 3 W	Ariane Maher	Alyssia Salib	Jesse Eldred
Year 4 B	Angus Misek	Brock Bailey	Jordan Sanborn
Year 4 W	Nicholas Sweeney	Luke Hill	Gizelle Chang
Year 5/6 B	Sharmayne Gibson	Olivia Scott	Jayden Maisetti
Year 5/6 W	Dillon Adhihetty	Elise Ewer	Ashley Graham