



# Our Lady of the Angels School, Rouse Hill

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Week 8 Term 2

16<sup>th</sup> June, 2017

*"There where you are, God is".*  
St Mary of the Cross MacKillop



**Dear Parents,**

This Sunday is the Feast of Corpus Christi – the Body of Christ. The following was alluded to me by Fr Warren some time back. I was fascinated and share it with you now...

## **THE FLESH OF CHRIST AND HIS BLOOD ARE PRESERVED IN THE MONSTRANCE**

One day in the eighth century, in the church in Lanciano, a Basilian monk was celebrating Holy Mass in the Latin rite, with a host of unleavened bread. The monk started doubting the real and substantial presence of the Flesh and Blood of Our Lord Jesus Christ in the consecrated Holy Species.

After having pronounced the words of Consecration ("This is My Body... This is My Blood"), as Jesus had taught it to His Apostles, the monk saw the host change into a living piece of Flesh, and the wine change into real blood, which thereupon coagulated and split into five globules, irregular and differing in shape and size. We quote excerpts from a document kept at Lanciano:

"Frightened and confused by so great and so stupendous a miracle, he stood quite a while as if transported in a divine ecstasy; but finally, as fear yielded to the spiritual joy which filled his soul with a happy face, even though bathed with tears, having turned to the bystanders, he thus spoke to them: 'O fortunate witnesses to whom the Blessed God, to confound my unbelief, has wished to reveal Himself in this Most Blessed Sacrament and to render Himself visible to our eyes. Come Brethren, and marvel at our God so close to us. Behold the Flesh and the Blood of our Most Beloved Christ.'

The Host-Flesh, as can be very distinctly observed today, has the same dimensions as the large host used today in the Latin church; it is light brown and appears rose-colored when lighted from the back. The Blood is coagulated and has an earthy colour resembling the yellow of ochre.

Now, here is something even more amazing: the Catholic Church teaches that Jesus Christ is really and totally present in either the whole consecrated host or a fragment of it, and the same applies for the consecrated wine, which, once consecrated, has become the Blood of Christ..

### **Authentication of the Relics**

Over the last twelve centuries, different Bishops of the diocese of Lanciano made authentications of the holy relics. All testified that these facts were miraculous and true.

In 1970-71, and taken up again partly in 1981, there took place a scientific investigation by the most illustrious scientist Prof. Odoardo Linoli, eminent Professor in Anatomy and Pathological Histology and in Chemistry and Clinical Microscopy. He was assisted by Prof. Ruggero Bertelli of the University of Siena. The analyses were conducted with absolute and unquestionable scientific precision, and they were documented with a series of microscopic photographs. These analyses sustained the following conclusions:

- The Flesh is real flesh. The Blood is real Blood.
- The Flesh and the Blood belong to the human species.
- The Flesh consists of the muscular tissue of the heart.
- In the Flesh we see present in section: the myocardium, the endocardium, the vagus nerve and also the left ventricle of the heart for the large thickness of the myocardium.
- The Flesh and the Blood have the same blood-type: AB (The blood-type identical to that which Prof. Baima Bollone uncovered in the Holy Shroud of Turin).

The preservation of the Flesh and of the Blood, which were left in their natural state for twelve centuries and exposed to the action of atmospheric and biological agents, remains an extraordinary phenomenon.

It is a miracle similar to that of Lanciano, the one of Bolsena, Italy, that led the Church to institute, in 1264, the great Feast of Corpus Christi, with its beautiful processions, where the Living God of the Holy Eucharist is triumphantly carried on the streets.

(Written by Thérèse Tardif on Saturday, 01 May 2004. Posted in Eucharist & mass -

<http://www.michaeljournal.org/articles/roman-catholic-church/item/the-eucharistic-miracle-of-lanciano-italy>

### **Upcoming Dates to Remember**

Mon 19 <sup>th</sup> June	School Photos
Thurs 22 <sup>nd</sup> June	Pyjama Day
Fri 23 <sup>rd</sup> June	Feast of the Sacred Heart – Mass at 9.00am
Fri 30 <sup>th</sup> June	Stage 2 Soccer Gala Day
	Last Day of Term 2
Mon 17 <sup>th</sup> July	First Day of Term 3



### A reading from the holy Gospel according to John

*My flesh is real food and my blood is real drink.*

Jesus said to the Jews:

'I am the living bread which has come down from heaven.

Anyone who eats this bread will live forever; and the bread that I shall give is my flesh, for the life of the world.'

Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied:

'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in

you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day.

For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

### Reflection

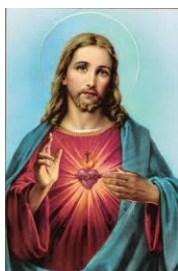
The feast of the Body and Blood of Christ, also known as *Corpus Christi*, celebrates and commemorates the institution of the Eucharist at the Last Supper. The gospel passage comes from the 6th chapter of the gospel of John in which the gospel writer has Jesus deliver an extended discourse on the image of himself as the Bread of Life. This passage comes from the end of that discourse and, in this relatively short passage, Jesus repeatedly demands that his followers must eat his flesh and drink his blood. It is through these actions that his followers will share in eternal life. Jesus says that whoever does this will live in him and he will live in them. That is one of the fundamental beliefs about the Eucharist. When we receive the body and blood of Jesus in the Eucharist we become what we receive – we become Christ's body in the world. When Jesus called his disciples, he called them to be like himself. He reissues that call to be like him every time we receive his body and blood in Eucharist. (liturgyhelp.com.au, Sunter, G. 16-6-2017)



### First Holy Communion

On Sunday 18<sup>th</sup> June, many students from Our Lady of the Angels will be receiving the Sacrament of First Holy Communion. May we keep them in our prayers as they receive the Body of Christ for their first time. Congratulations to the following students: *Charlotte A, Ava C, Raymon C, Emma C, Jericho C, Dennison C, Taylor C, Thomas C, Marcus F, Kirsten G, Troy G, Gemma H, Olivia J, Jett L, Tyrone L, Emily L, Peyton O, Georgia R, Boston R, Lucy T, Jonathon T, Alivia T, Madison Z*

### SOCIAL JUSTICE TERM 2



#### Feast of the Sacred Heart Mass-'Poor Man's mass'

Whole school Mass will be on the 23rd of June at 9am.

**Pyjama day Outreach**-On the 22nd June, students will be allowed to wear their pyjamas as a way of Primary students being able to support the 'Vinnies Winter Sleep Out'. Students can wear their pyjamas and joggers on the day.

We ask that students **bring in warm jumpers, clothes, blankets etc** to donate to St Vincent de Paul to distribute to the homeless. Please send in above items before Friday 3<sup>rd</sup> June, as St Vincent de Paul will be picking up our donations on this day. If you are unable to donate any warm items, we will also be collecting gold coin donations to give to the charity.



*Thank you to Mrs Byrne who presented the school with these special gifts from her recent pilgrimage - this lovely Olive wood carving from Bethlehem, a Jerusalem Cross for each grade and books from Assisi. These are very special gifts for our school, and generous and thoughtful of Katrina.*

## Our Lady of the Angels 2017 Athletics Carnival Results

*Congratulations to all of the students that participated in the OLA Athletics Carnival and achieved a personal best. We had nine school records broken on the day. Congratulations to the following students who broke school records;*

**Nicola T** (Senior Girls 800m, Senior Girls 200m)

**Hollie F** (12 Yr Girls 100m)

**Zachary N** (Junior Boys Long Jump)

**Isaac S** (11 Yr Boys Long Jump)

**Kenny K** (11 Yr Boys Discus)

**Jade R** (Senior Girls Long Jump, Senior Girls Shot Put, Senior girls Discus)

### AGE CHAMPIONS

Age	Name	Age	Name
Junior Boys	Zachary N	Junior Girls	Mikayla B
11 Yr Boys	Thomas D	11 Yr Girls	Tyra A
Senior Boys	Jesse E	Senior Girls	Jade R

### HOUSE POINTS

Year	House Champion	Year	Spirit Cup
2017	Gold	2017	Green

### Students representing OLA at the Hills Zone Athletics Carnival

Brenden E, Zachary N, Amity G, Madison Z, Thomas D, Sebastian M, Nadia G, Felicity S, Jesse E, Jade R, Nicola T, Joseph A, Ayden S, Emily L, Peyton O, Jericho C, Jaeden M, Charlotte A, Tayla B, Mikayla B, Caitlyn PB, Isaac S, Tyra A, Charlotte G, Patrick B, Hollie F, Marissa F, Rebecca K, Bailey K, Carys F, Kenneth K, Julian V, Ava B, Sarah C, Jayden T, Bowen C, Hayden L, Jack B, Jasmyn R, Felicity S, Anthony K, Marko R, Shanae M, Melissa P, Malachi C, Isabella C, Cody K, Anthony C,

Congratulations to Lucas L who made it into the OLA Zone Team. Unfortunately there is a clash of dates and Lucas will be unable to attend the Hills Zone as he is representing OLA in the Mackillop Football Team at the NSW PSSA Boys Football Competition.



### Literacy News

#### Helping Your Child with Spelling:

- Let your child play teacher. Let them teach you the words they are learning to spell. Spell them orally to them. Let them correct you. Then have them dictate to you and you write them. Have them score your paper. Make a game of it. They'll know you really know how to spell them, so tell them it's a game.
- Commercial dice with letters rather than numbers. Take turns with your child in tossing them and building words. List the words as they are made. The list can be saved and added to each time you play. That way they can develop a "reference list" to use over and over spin to reinforce their recall.

<https://childdevelopmentinfo.com/learning/tips-for-helping-kids-and-teens-with-homework-and-study-habits/spelling/#.WQsL5omGQgQ>

**Next week's WOW words are:**

**Infants:** glimmer

**Primary:** recede

Lisa Hurst, Literacy Coordinator

# Mindfulness at OLA



**Mindfulness is paying attention without being “caught up” in your thoughts.**

Mindfulness is consciously bringing awareness to your here-and-now experience with openness, interest and receptiveness. It is an awareness process, not a thinking process.

Year One students have been enthusiastically sharing their experiences of being mindful outside of school. Quite a few students have been focusing on their breathing after hopping into bed, before they fall asleep and are feeling proud about noticing situations where mindfulness is beneficial to them. We would love to hear stories about mindfulness at your home, drop us an email and share your successes.

Terina Macare

## Cyber Safety Talk

(Constable Rob)

By Max F and Caitlyn P-B

Yesterday, Year 3 and 4 had a visit from Constable Rob who talked about how gaming and social media such as Facebook, Instagram, Clash of Clans, Minecraft etc opens you up to friending people you don't know. You should **NEVER** friend other people on games like Roblox unless, you have full knowledge of who they are. Nevertheless do not friend others, even if you know them, your parents should be with you as you accept or send a friend request. Constable Rob also showed us three videos on how to deal with bullying and how to prevent cyberbullying.

We also learnt that people in this world, including kids can get into trouble when posting mean comments on social media (which should only really be used by kids 13+) at the age of ten, you can get arrested. Once you post a mean picture or comment of rude or inappropriate things or words it can be traced. Online bullying includes harassment, intimidation or not only online but assault is a bullying offence and a criminal offence.

## Bishop Office

### **Australian Catholic Youth Festival (ACYF)**

Early Bird Registration

Early-bird registration has now opened for the largest gathering of young Catholics since World Youth Day Sydney in 2008! Bishop Vincent & Catholic Youth Parramatta invite young people from Year 9 to 30 years of age to celebrate the young heart of the Church, with 15,000 others, at this year's triennial ACYF being hosted by the Archdiocese of Sydney (December 7-9) at Sydney Olympic Park.

Here's how to register:

Student in our Catholic System – speak to your REC

Student in State School System – contact Catholic Youth Parramatta

Over 18 years of age – register as an individual

Visit [www.acyf.org.au](http://www.acyf.org.au) now to secure the \$250 early bird rate before August. For all enquiries contact Director of Catholic Youth Parramatta, James Camden, 02 8838 3428 [jcamden@parra.catholic.org.au](mailto:jcamden@parra.catholic.org.au)

### **-Volunteers for ACYF**

ACYF is looking to engage around 600 volunteers will be needed for this festival, providing leadership to the young people through service and hospitality? Way Finders, Program & Stage Management Support, Ushers, Marshals, Welcomers & more. All volunteers must be 26 years of age or older (as at 1st December 2017) and must hold a valid Working With Children Check. For more information and volunteer registration please visit: <http://youthfestival.catholic.org.au/get-involved/volunteers>

### **Position Vacant – Housekeeper/Cook**

Applications are invited for the position of Housekeeper/Cook based at an Auxiliary Bishop's residence located in the Inner West of Sydney in the Sydney Archdiocese. Details of this position, including the job description may be viewed at [www.catholicjobsonline.com.au](http://www.catholicjobsonline.com.au). Applications close 19 June 2017.



**St. Anthony of Padua relic to visit Diocese of Parramatta: 20-21 June**

To Mark the Centenary of the Apparitions in Fatima a Relic of St. Anthony of Padua, Venerated by both Sister Lucy of Fatima and Pope Francis will be visiting Australia in June 2017.

Tuesday, 20th June 2017, Our Lady of the Rosary Church, 8 Diana Avenue KELLYVILLE. Mass: 9:15am & 7:00pm

Wednesday, 21st June 2017, St Anthony of Padua Church 27 Aurelia Street TOONGABBIE. Mass: 9:30am & 7:30pm

**Shrine Time for Young Adults 18-35: 25 June**

One Holy Hour with prayer, reflection, meditation, praise & worship. 2017 is devoted to Praying for Vocations and Devotion to Mary as per our Holy Father's intentions for WYD 2018 in Panama. From 7.30pm-8.30pm followed by social gathering. Mary, honoured as the Mother Thrice Admirable, offers 3 graces in the Shrine, this monthly event is a unique opportunity to experience them regularly: Discover your HOME in the hearts of Jesus and Mary; See breakthrough TRANSFORMATION in your life; and Get your spiritual boost to be an authentic WITNESS. In the Shrine at Mount Schoenstatt, 230 Fairlight Road, Mulgoa.

**The Catechesis of the Good Shepherd: 30 June**

Hear Rebekah Rojewicz, highly experienced leader in the Catechesis of the Good Shepherd from the US, speak over dinner on 'The Catechesis of the Good Shepherd – A Gift to the Church at this Time'. Cost: \$60 per person. From 6.30pm at North Ryde RSL, cnr Magdala & Pittwater Rds, North Ryde. To book: <https://www.trybooking.com/book/event?eid=256587>. For more information: [cgusaust.org.au](http://cgusaust.org.au)

**Sisters of the Holy Family of Nazareth – Discernment Retreat: 1 July**

**The Sisters of the Holy Family of Nazareth** cordially invite women aged between 18-35 to their Discernment Retreat involving reflections, prayers and a social gathering. Lunch will be provided. 1 July 2017 at 9:30am, Holy Spirit Convent, 120 Capuchin Way, Plumpton. RSVP: Sr Paula by 28th June, email: [vocationscsfn@gmail.com](mailto:vocationscsfn@gmail.com) or mobile 0449 656 406.

**Sea Sunday Appeal: 9 July**

Parishes are asked to support chaplains helping seafarers at ports and at sea. This year's theme is 'In the midst of the storm', highlighting the mental vulnerabilities of seafarers on the oceans. You can donate by posting a cheque to: Stella Maris Seafarers Centre, PO Box 368 Canberra ACT 2601 or via electronic banking to: BSB Number: 083-347; Account Number: 649 518 680, Account name: Stella Maris Seafarers Centre. Thank you for your prayers and support.

**75th Jubilee of the Schoenstatt Family Movement - Sunday 16th July**

On the 16th of July 1942 Father Kantenich together with Family man, Dr. Fritz Kühr founded the Schoenstatt Family Movement in the Dachau Concentration Camp. Come and join us to find out about the history, give thanks for the past and look forward to the future. The 16th of July is Covenant Sunday. All are welcome.

11am Holy Mass followed by Family Fiesta (rego essential for catering purposes) 2pm Presentation 3pm Adoration and Renewal of the Covenant 3:30 Afternoon Tea <https://www.facebook.com/events/1430850330307339/>

**Abraham Conference 2017: 16 July**

...brings together Jews, Christians and Muslims to create connections, build relationships and discuss critical issues of importance to us all in a multicultural, multi-faith society. We each bring our own perspectives, together we are enriched and empowered to act on our shared values and beliefs. Sunday 16 July 2017, 2.00pm – 6.00pm at Parramatta Mission Fellowship Hall, Uniting Church in Australia, 119 Macquarie Street, Parramatta NSW 2150. Cost: \$20.00 [Concession: \$10.00 student/pensioner]. Register at EventBrite: [AbrahamConference2017.Eventbrite.com.au](http://AbrahamConference2017.Eventbrite.com.au)

**St Vincent Pallotti Scholarship: applications now open**

The St Vincent Pallotti Scholarship Trust offer scholarships to enable lay people to further their understanding and skills in leadership/ministry or a specialised activity, such as promoting faith enhancement, social justice and pastoral care. Applications close 17 July 2017.

Details and application: <http://www.pallottine.org.au/scholarships/st-vincent-pallotti-scholarship-for-lay-ministry.html>

**Holy Hour for Vocations:**

Everyone is welcome to join the Holy Hour for Vocations from 7.00pm-8.00pm (check with Fr John Paul for the new time) for an hour of adoration, prayer, music and quiet time in the Blessed Sacrament Chapel in St Patrick's Cathedral, 1 Marist Place, Parramatta. For information about priesthood in the Diocese of Parramatta and Holy Spirit Seminary, please contact Fr John Paul Escarlan, Director of Priestly Vocations, [vocations@parra.catholic.org.au](mailto:vocations@parra.catholic.org.au)

**Christian Meditation Introduction & Renewal Day: 20 August**

Presentations, Introduction to Christian Meditation, two periods of meditation, Eucharistic Celebration and information exchange. BYO picnic lunch – tea & coffee provided. Arrive 10am for 10.30am, concludes about 3pm. Books & CDs for sale. St Benedict's Monastery is at 121 Arcadia Rd, Arcadia, tel (02) 9653 1159. Self-catering accommodation may be available in the monastery guest house. Contact Br Terry 0438 282 318. Inquiries: Ann Bergman (02) 9498 2625, [anniebergman@hotmail.com](mailto:anniebergman@hotmail.com) or Ann Lomas (02) 9456 4775,

**Greystanes Parish OLQP Social Group**

Join us for a Tour of Cowra, 17th October to 20th October. Four fun filled days, includes three nights accommodation at Cowra Services Club Motel, self-guided tour and lunch, Japanese Garden, Cultural Centre Cowra, Wine tastings in Canowindra and more.

Cost: \$860 per person twin share (+\$198 single supplement).

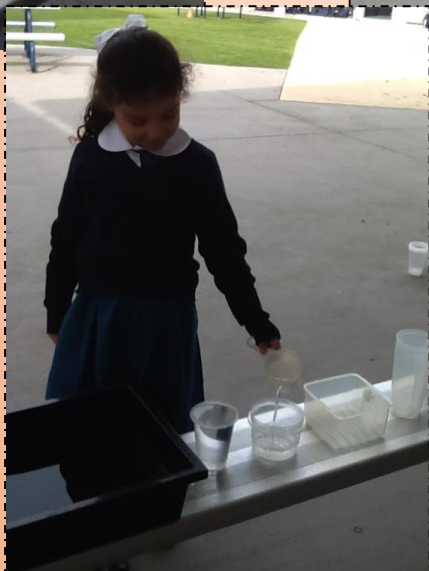
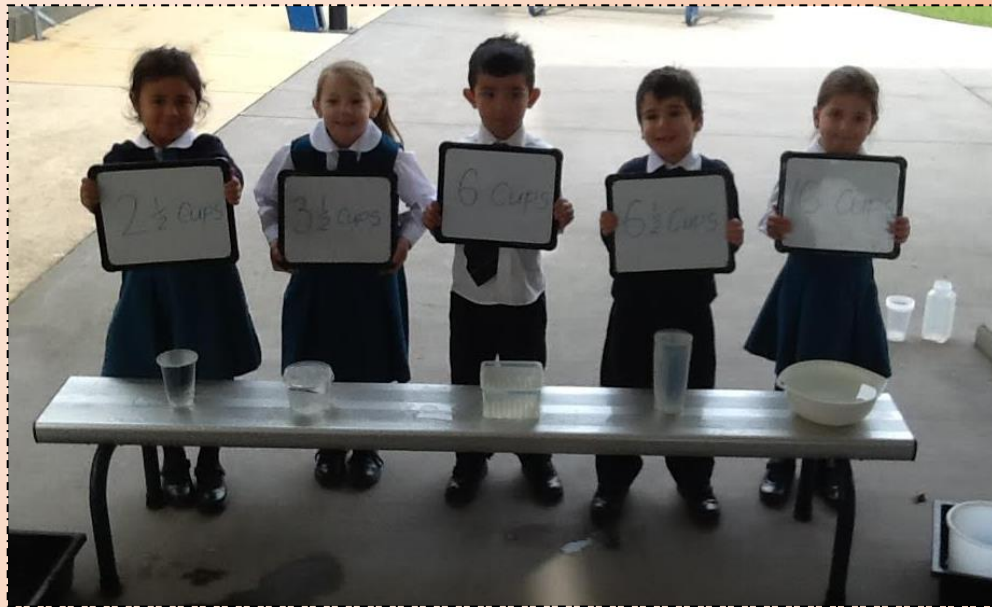
Deposit: \$200 payable with booking. Balance by 1 August 2017.

Enquiries: Frances 9636-5548/ 0421 027 119.

**For more events please go to:** <http://parracatholic.org/events/>

## From the Classroom of KB

This week children in Kindergarten have been learning about Volume and Capacity. They have been participating in variety of activities looking at objects that have different volumes. Students have been estimating how many cups it will take to fill a bowl or container. Please find attached some photographs of their learning!



## School Photos

This is a reminder that school photos will take place on **Monday, 19<sup>th</sup> June**. All students should have received a photo envelope and this needs to be returned on Monday. One envelope per child. Payment can be made online (envelope still needs to be returned) or by cheque or cash.

Please **DO NOT** come to the office to ask for change on Monday morning as we will not be able to help you.

Family photo envelopes have been sent home to the families that have requested them.

## Sickbay Clothes

If your child comes home with a change of clothes from sickbay, could you please remember to wash and return them as soon as possible (this includes **underwear, socks, and tights**) as our stock is getting quite low.

## Kindergarten 2018 Acceptance Letters

Please return the sibling acceptance letter by next Friday 23<sup>rd</sup> June as we have a few families on a waiting list and we would like to get our numbers finalised during the last week of this term.

# P&F NEWS



Thank you to the wonderful team led by Jo Gladwell, who organised the Second Hand Uniform Sale today. It was another great opportunity to purchase second hand items both before school and before assembly. The items available are dependent on the generosity of donations and we are most fortunate to have such a giving school community. We look forward to another sale at the end of Term 3.

**SPECIAL TREATS ROSTER - JUNE 23:** Melissa Strong, Miriam Vrljic, Jodie Arora, Kylie Burt, Mariana Cutuk, Anne-Marie Apap *Thank you!*



**IF YOU ARE INTERESTED IN JOINING THE TREATS ROSTER IN TERM 2, PLEASE EMAIL US OR SEND A FACEBOOK PM. DUE TO OVERWHELMING VOLUNTEER SUPPORT YOU MAY ONLY BE ON THE ROSTER ONCE PER TERM. THANK YOU IN ADVANCE FOR YOUR UNDERSTANDING.**



*Our Lady of the Angels P&F Association*

### *From the Parish Office...*

**First Communion** Congratulations to the 48 children who will be receiving their First Communion this Sunday. We ask that you keep them in your prayers.

#### **Playgroup**

All Mums and Dads and Bubs are invited to come along to OLA Playgroup on every Thursday morning at 9.30am in the Parish Hall. For further information, please contact the parish office on 8883 4063.

#### **Eucharistic Adoration**

You are invited to spend a half hour with Jesus in Adoration. We will be offering Him our petitions and prayers for Vocations (Singles, Married Couples or Religious) and for the Sick and Bereaved.

#### **Wednesdays (Prayers for Vocations) and**

#### **Fridays (Prayers for the Sick and Bereaved)**

from 9.30am to 7.30pm. Contact the Parish office to Commit to a time 8883 4063 or **just pop in** and make a 'visit'. Come alone or bring a friend.

#### **Mass times:**

**Sat** vigil: 5:30pm **Sunday:** 8:30am, 10am & 5.30pm. **Weekdays:**

Mon -Sat: 9 am

#### **Confessions:**

9:30 am Sat

**Baptisms & weddings:** By appointment

**Parish Priest:** Fr Warren Edwards

**Parish Secretaries:** Geraldine Farrugia and Rose Sultana

**Sacrament Co-ordinator:** Christine Leahy

**Email:** parishoffice@ourladyoftheangels.org.au

**Website:** www.ourladyoftheangels.org.au

**Contact information:** O.L.A. Parish Office, 1 Wellgate Avenue, Rouse Hill

**Ph:** 8883 4063 **Fax:** 9629 7603

*Congratulations to the West family, Jack & Summer, on the birth of their baby sister, Willow.*



*Until next week, God bless, have a lovely weekend and stay safe.  
Eva La Rocca, Principal*

Term 2 Week 8			
Student	Academic Merit Award	St Francis Award	Einstein Award
Year 3 B	Emma Quijano	Eva Mercieca	Milla Price
Year 3 G	Sahara Knippler	Sarah McKeever	Celina Wassef
Year 3 W	Amelia Bond	Caitlyn Williams	Isobel Clarke
Year 4 B	Max Fischer	Perpetua Yacoub	Ivana Edelsinki
Year 4 G	Jared Cleland	Janelle Mensah	Madison Mihalic
Year 4 W	Christian Vargas	Sienna Gibson	Georgia Nemitsas
Year 5 B	Lara Caraos	<u>Taleah Kingcott</u>	Nathan Osborne
Year 5W	Anton Blazevic	Matthew Diesto	Gavin Casino
Year 6 B	Tonkhao Sopaporn	Emily Bennison	Olivia Jones
Year 6 G	Patrick Bennett	Coby Clements	Aria Guglielmi
Year 6 W	Juliana Constantino	Kenny King	Millie Edwards