



Our Lady of the Angels School, Rouse Hill

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Week 8 Term 2

22nd June, 2018

"There where you are, God is". St Mary of the Cross MacKillop

Dear Parents,

The feast of the Sacred Heart was recently. Usually, the whole school gatherers at Mass to celebrate the Feast of the Sacred Heart, but there was no school on this day. Fr Warren has talked about the enormous love Jesus has for us, so much so that He died for us. How much do we love Jesus in return? How do we show that love? We pray, we do kind and good acts and, very simply, be kind to one another.

Having grown up in and having received all my sacraments in a Sacred Heart Parish, this is a particular devotion of mine. Whenever times are strained, challenges of life arise, before a difficult conversation, I say...

*'Sacred Heart of Jesus,
I place my trust in Thee'.*



It always works for me.

Congratulations to the students who received First Holy Communion last Sunday. May they remember that the second and the third and so on are each just as special.

Next week is Week 9 and whole school assembly at which we present the term's Principal Awards. Because of commitments by the leadership team that afternoon, this whole school assembly will be held at 8.50am that Friday morning. Year 2 will attend Mass on Thursday instead of Friday.

HOW MUCH SLEEP DOES YOUR CHILD GET EACH NIGHT?

Some years back there was a study into the supposed increase of ADD coinciding with the cessation of tonsillectomies. It was soon realised that 80% of the so diagnosed ADD kids were simply not getting enough sleep.

Adults who are tired, wind down and go slowly. Those with babies and toddlers know how uncontrollable they are when over tired. Children who come to school tired tend to play up, a mechanism for trying to stimulate themselves.

I am staggered to learn that many of our students are not getting enough sleep because of going to bed too late. Children up to Year 2 should be in bed no later than 7-7.30pm; Yr 3/4 by 8pm and Y5/6 at 8.30pm at the latest. Most important to this routine is NO SCREEN TIME at least an hour before, ideally go to bed 30minutes before and read in bed. This is calming and preparing them for a good sleep.

***REMINDER: all students need to be collected by 3.40pm at the end of the supervision period. Most schools do not offer this and your attention to this is appreciated.**

***PUPIL FREE DAY - PLEASE NOTE DAY 1 NEXT TERM IS A STAFF DEVELOPMENT DAY**

Dates to Remember

<u>Week 9</u>	Tues 26 th June – Stg 2 Boys & Girls Soccer Gala Day <u>Fri 29th June – P&F BBQ Special Lunch</u> Whole School Assembly 8.50am
<u>Week 10</u>	Fri 6 th July – LAST DAY OF TERM 2 Mon 23rd July – First Day of Term 3- Pupil Free Day

One of the most powerful things a family can do is pray together. There is no greater prayer than the Mass. Attending Sunday Mass together is important.

NEWSLETTER

OLA FORMATION GOAL: For students to further develop their knowledge of God's presence in their lives through a deeper understanding of the Scriptures.

Students at OLA are learning to reflect on the Scriptures using the **THREE SENSES**-Literal (About the story), Spiritual (Church teachings and sacraments) and Application (Being the Face of God through your Words, Actions and Thoughts)

After reading the Scripture story as a family think of the following questions:

WHERE IS GOD REVEALED IN THE SCRIPTURE? (SPIRITUAL SENSE)

HOW CAN YOU USE YOUR AWARENESS OF GOD'S PRESENCE IN YOUR LIFE? (APPLICATION SENSE)

Sunday 24th June, 2018: The Nativity of Saint John the Baptist
Gospel (Lk 1:57-66, 80)

A reading from the holy Gospel according to Luke

John is his name.

The time came for Elizabeth to have her child, and she gave birth to a son; and when her neighbours and relations heard that the Lord had shown her so great a kindness, they shared her joy.

Now on the eighth day they came to circumcise the child; they were going to call him Zechariah after his father, but his mother spoke up. 'No,' she said 'he is to be called John.' They said to her, 'But no one in your family has that name', and made signs to his father to find out what he wanted him called. The father asked for a writing tablet and wrote, 'His name is John.' And they were all astonished. At that instant his power of speech returned and he spoke and praised God. All their neighbours were filled with awe and the whole affair was talked about throughout the hill country of Judaea. All those who heard of it treasured it in their hearts. 'What will this child turn out to be?' they wondered. And indeed the hand of the Lord was with him.

The child grew up and his spirit matured. And he lived out in the wilderness until the day he appeared openly to Israel.



Reflection

Like the feast of the nativity of Jesus, this feast falls on one of the solstices, a hinge point in the cosmos. Some of the patristic writings tell us that the birth of Jesus was placed in the calendar when, in the northern hemisphere, the days began to lengthen. So this day was chosen to celebrate the birth of John precisely because the days were getting shorter. 'He must increase while I must decrease' (John 3:30). This is the time of seasonal change, of cosmic reversal. The entire universe has been alerted. Something new is about to happen.

John the Baptist is the hinge between the old age and the new eschatological age of fulfilment. John himself was never a disciple of Jesus; he did not enter the age that he heralded. He was the trumpet that sounded the coming of the king; he was the rooster that announced the dawning of the new day. He brought the people to the threshold of the new age, but he himself never stepped over into it. The idiosyncratic character of his life caught the attention of the crowds, but he did not keep this attention upon himself. Instead, he used it to point to Jesus, who appears to have been so commonplace that he might have been overlooked had not John cried out. It was John's prophetic destiny to be the sharp-edged sword, the polished arrow. He was the voice that cried in the wilderness: Hear me! Listen! Behold, he is coming! (LiturgyHelp.com Dianne Bergant CSS)



Please keep in your prayers the following children who will receive their First Holy Communion this Sunday 24th June.

Alysha B, Grace B, Jake B, Zoey C, Alexia C, Kobe C, Maddison D, Dylan H, Lachlan H, Maddix L, Giancarlo M, Aiden M, Charlie M, Mackenzie M, Gabriela R, Olivia R, Camryn S, Claire S, Solomon S, Isabella S, Ethan S, Alexandra T, Jelena T, Francesca T and Maia V.

Literacy News

Helping Your Child with Spelling:

Children can find writing a real challenge. They need encouragement, support and praise for their efforts.

You can best support your child by:

- encouraging them to write on every possible occasion, praising their efforts and, importantly, letting them see you writing whenever possible;
- playing word games with them, for example, I spy, Scrabble, Boggle and Find the Word puzzles;
- pointing to interesting or new words as you read to your child (without interrupting the flow of the story);
- composing emails together.

Source: www.dewarenne.org.uk/documents/download/5430

Writeon 2018

WriteOn is an annual writing competition open to all NSW primary students in Years 1 to 6. It is designed to encourage students to develop their imaginative writing skills, and supports the teaching of writing. The competition aligns with the learning objectives in the NSW [English K-10 Syllabus](#). The WriteOn 2018 writing competition opens in Term 2 (30th April) and close in Week 10, Term 2 (4th July). **Students are asked to submit entries to their teacher by Friday 29th June.**

- Imaginative pieces may include:
- narratives
- letters
- poems
- scripts for radio, screen and stage
- interviews
- journal entries.



Sydney 1989 Photograph by Ted Hood

Schools submit their best entry from each stage.

The entries are judged by a panel of experienced primary teachers from each sector.

For more information, please visit the NESA site.

<http://educationstandards.nsw.edu.au/wps/portal/nesa/about/events/writeon-competition>

2018 NSW Premier's Reading Challenge Competitions

Students from K-Year 9, who are registered for the 2018 NSW Premier's Reading Challenge, are invited to enter the 2018 Words and Art Competition.

Entries must be based on a book from the official 2018 NSW Premier's Reading Challenge Book List, and will be judge in three categories; K-2, 3-6 and 7-9. Entries may be individual students or from groups of students from a school.

Winners in each category will win a special visit by one of the three Australian authors for their school.

Students may respond to the question in one of two ways:

- 1.Create an artwork (illustration, drawing, painting, graphic interpretation) or a video, PLUS write up to 25 words explaining why they chose this particular book
- 2.Write a written piece of up to 250 words answering the question. This could be in the form of a book review



The competition closes on Friday,

September 7, 2018.

<https://www.dailytelegraph.com.au/newslocal/enter-the-2018-premiers-reading-challenge-words-and-art-competition/news-story/568040072c47f3bdbc47710114dd5e7>

Root Word of the Week: *re again, back*

Words of the Week:

Infants: retell

Primary: recede

Dates for Diaries:

Rug Reading- Thursday 2nd August, during Grandparents' Day

Term 3 Book Week- Monday 20th-Friday 24th August

Rug Reading & Book Fair Thursday 23rd August from 1:30pm

Mrs Lisa Hurst, Literacy Co-Ordinator



Mindfulness in action at OLA: Cultivating Kindness, Appreciation and Positivity.

Earlier this term a challenge to promote kindness, appreciation and positivity was offered to the students called 'Operation Compliment', see link below. The following reflections from the students of 1B offer an insight into some of the benefits of this challenge.

"I feel happy about Operation Compliment because it gives love and can help others to respect other people and also puts smiles on people's faces." Ava-Belle

"I like learning about Operation Compliment because I like helping others and making them smile." Gael

"Operation Compliment is fun when it is your day, people give you compliments on the playground. Some examples are: you're funny, have nice hair, you have lots of talent and lots more. You don't have to focus just on the person, you can give anyone compliments but the real focus is the compliment person. We have compliment buckets and when we get to be the compliment person we get the best compliments." Lily

"Operation Compliment is when you are happy and you get compliments because people say nice words to you like good job and you get a bucket you colour in." Alex

"I love Operation Compliment because it is kind and good. Give them a compliment!" Natalie

"I like giving compliments, it is fun and nice. Compliments is like Jesus." Charlise

<https://mindfulnessmatterstoday.weebly.com/operation-compliment.html>

Terina Macare



Congratulations to our new Green Colour Captains,
Zac Lesar – Captain
Zac Sprowles – Vice-Captain
These boys will hold the roles until the end of the year, as the previous captain, Cooper Oblea has moved overseas.
Well done boys.



From the Office....

Sibling Kindy Enrolments – Please ensure that the Acceptance Letters for kindergarten 2019 siblings are returned by next Friday 29th June. We have had many applications for enrolment and we would like the acceptances back as soon as possible.

School Fees – Term 2 school fees are now due and payable. If you are not on a payment plan, please ensure that the fees are paid as soon as possible. If you have any queries regarding the fees, or you did not receive your term 2 account, please contact Mrs Goldsworthy.

Medication – This is just a reminder that students are NOT to keep any medication (even Panadol) in their bags. Please send all medication to the office with a completed medication form (attached to the newsletter).

Yr 6 Yearbook – If you haven't already sent your note back, can you please do so on Monday, even if you do not wish to purchase one. These need to be collated so that the price can be checked and amended if need be.

Winter Hair Scrunchies/Bands – If you have any winter scrunchies/headbands lying around at home and your daughter does not wear them, we would love them at school. We unpick them and turn them into the tab ties for the tunics. Please forward any you may have to the school office.

Mini Vinnies.....

The Our Lady of the Angel's Mini Vinnies team would like to thank the OLA community for their generous support in the St. Vincent De Paul Winter Appeal. We have been blown away by the tremendous generosity in reaching out to the less fortunate and donating blankets to our appeal. All donations will be collected on Friday

6th July. If you still have blankets that you would like to donate to the appeal, please bring them into our school before the end of term.



Stage 3 Boys Soccer Gala Day

The Soccer Gala Day started with a bang of cold, chilly wind to welcome us to Jamison Park. It all starts early in the morning doing warm up drills. When we started warming up, we were nervous but still excited for the day ahead. Both teams, OLA Blue and White, played well and faced tough competition. Our goalkeepers did well to save goals. Even though both team lost games throughout the day, we all held our heads up high and never gave up. That turned out giving both of the teams a win. The Soccer Gala Day ended with an unlucky day with the last games called off due to wet weather that ended quickly. Great job to all of those who competed in the 2018 Stage 3 Soccer Gala Day! Thank you to Mr Cauchi, Miss Grima and all the parents who supported us on the day.

By Zac N and Christian A



From the Classroom of 6B....

This term, Year 6 have been learning about Australian History and Culture in all subject areas. In Religion, we are investigating the History of the Catholic Church in Australia; in History, we are researching Australian Government.

As we have been looking at how a Bill is passed in Australian Parliament, we are working on Persuasive Writing, in Literacy, to suggest 'Bills' that would improve the quality and safety of our School Community.

In Visual Arts, we are looking at art that depicts Australian Flora and Fauna. Have a look at our AMAZING Ned Kelly artworks, based on the work of Australian artist, Sidney Nolan:



Congratulations to the following students who have received archangel medals this week:-

Chanel J, Sienna M, Harry T, Molly N Eoin T, Peter G, Vienna B, Camryn S Julie B and Sienna Y.



From the P&F...



Sausage
Sizzle



Special Treat Lunch - Friday 29th June

\$3 for a sausage sizzle and drink

See note attached to newsletter.

We would love volunteers to make this special lunch for our children, please email us to let us know how you can help



Second Hand Uniform Sale - 2.30pm Friday 29th June

It's not too late if you have any items at home, just send in the **clean** items to the school office in a plastic bag.

Check our facebook page for prices of items.

Fiesta - Sunday 5th August

We are looking for volunteers for:

- Contacting businesses for donations
- Assisting in the days preparations (leading up to the big day)
- Setting up on the day
- Volunteering your time on a stall
- Packing up at the end of the evening



Special Treats - Thank you to the volunteers rostered on Friday 29th June
Lee-Ann Wallis, Maria Muscat, Prasangi Gunasekera, Kylie Ross, Leonie Blazey, Bronwen Robertson



<https://www.facebook.com/ourladyoftheangelspf/>
olapfc@gmail.com

Our Lady of the Angels P&F Association

From the Parish Office...

First Communions 2018

Congratulations to the children who will be receiving their First Communion this Sunday. We ask that you keep them in your prayers.

2018 OLA Family Fiesta

Save the Date!! Sunday 5 August

Rides, Stalls, fantastic Foods, Friends and Fireworks

All commencing with our Feast Day Mass at 11am and procession, the Fiesta celebrations will commence at 1pm concluding with Fireworks at 6pm.

We look forward to seeing you all there.

OLA Playgroup

Operating weekly from the OLA Community - all ages are welcome. Every Thursday morning 9am-11am in the Parish Hall. For further info contact Melissa 0425 423 680.

Do you have your copy of the Entertainment Book

The 2018 | 2019 Entertainment™ Book and Digital Memberships are here and features over \$20,000 worth of valuable up to 50% OFF and 2-for-1 offers for some of the best local restaurants, cafés, attractions, hotel accommodation, travel and much more for only \$65. So take advantage of the great offers available with your new Entertainment™ Membership now! Purchase your Entertainment™ Membership from Our Lady of the Angels Parish again to support our fundraising efforts. Contact the Parish office for further information if needed.

Winter Youth Group Timetable

Youth Group is at a new time, with our doors opening at **3:30-7pm**.

So far we had a **Table Tennis Championship**, an **Uno Tournament** as well as teams going head to head in **Jail**.

All Year 6 students are invited to come along on Friday to find out more.

School Holiday Excursion

EXPRESSION OF INTEREST

We are proposing to go to The Three Sisters in the Blue Mountains on Friday, 20th July in the school holidays, following the 9:00am Mass.

However, this would only be possible with the help of parents on the day.

If you would be able to help out, please let us know so that we can make this excursion possible!

Congratulations to Jericho Cirera from Year 5 who participated and won the 2018 Macarthur Junior Masters Jack Newton Junior Golf last week.

Jericho is the nett champion of the Boys 11 age group in a field of 40 junior players. He played so well even under pressure to score -14 nett over 36 holes!

Well done Jericho!!



Term 2 Week 8			
Student	Academic Merit Award	St Francis Award	Einstein Award
Kinder B	Flynn Richardson	Hailey Ocampo	Jeremiah Mataia
Kinder G	Esther McDonald	Emily Gomes	Xavier Younes
Kinder W	Jackson Navarro	Kian Santiago	Cooper Keating
Year 1B	Abigail Dickson	Grace Lincoln	Natalie Vella
Year 1 G	Olivia Iori	Hamish Connellan	Felicity Gresser
Year 1W	Sebastian Georges	Eli Nobleza	Erica Sommer
Year 2 B	Steve Wang	Maddison Younes	Abbey Buxton
Year 2 G	Prasaia Merrin	Sybellah Arora	Jordan Nobleza
Year 2 W	Nathan Murphy	Ronan Izci	Jordan Holden