

Our Lady of the Angels School, Rouse Hill

1 Wellgate Ave, North Kellyville 2155 Phone: 8808 7300 Fax: 8814 5716 Email: ola@parra.catholic.edu.au Website http://www.olarousehill.catholic.edu.au Newsletter Vol. 1 No. 25

28th August, 2020 Term 3, Week 6

Dear Parents,

Thank you to the many, many parents who completed the recent Tell Them From Me Survey. Your voice is very much appreciated as we work together in partnership to ensure our children receive the best catholic education possible.

Thank you also to our entire school community for reaching out for those less fortunate and making a real difference in the lives of others. Together as a faith filled community, we raised \$1,850.00 to support those in Beirut who have suffered from the recent disaster. These funds will be passed on through Caritas.

I am extremely proud of the children and the way they have continued with their learning in such challenging times. Children thrive on confidence and self-esteem and with so much happening in the world it is essential to continue to encourage them in all they do. The following extract from Michael Grose gives us food for thought particularly when comparing Encouragement vs Praise.

PRAISE LESS, ENCOURAGE MORE

Teaching Kids to Keep Trying is more Beneficial to Them than Easy Praise

Encouragement is the key to promoting a sense of self-esteem and a strong sense of self. A confident child is one who takes on different challenges and opens themselves up to many different experiences in life, and that sort of confidence requires a great deal of courage. That's what makes encouragement important.

Encouragement is different from praise. Praise is like fast food: there's not a lot of nourishment in it. Encouragement is like a good healthy diet: it's very nourishing. We, as parents, need to be aware of the difference between praise and encouragement, and be heavy on encouragement and light on the use of praise, which focuses more on results.

Value Kids as They Are

The notion of encouragement is about giving kids heart, but if we look at the difference between the two, praise is more results-focused.

"You did really well in that test"; "You placed a fantastic game"; "You are the best" are examples of praise. They focus on winning the game and a job well done. There's nothing wrong with telling kids they've done well, but it needs to be balanced with encouragement.

Encouragement focuses more on a child's effort, the improvement, their contribution or the enjoyment gained from an activity rather than the results. Competitive kids and perfectionists benefit from a diet high on encouragement and light on praise as they don't have to strive to please their parents.

Encouragement and positive expectations go hand in hand. Encouraging parents expect kids to succeed, not necessarily straightaway, and not necessarily with ease. They also value kids as they are, not for who they are going to be.

Keep an eye on next week's newsletter for the six phases Grose suggests we use more to balance encouragement and praise.

Thank you for your continued support. It is in partnership that we can achieve great things for our children.

Tony Calabria Principal

> **Father's Day** Next Sunday 4th September See our special Father's Day newsletter next Friday



Sunday 30 th of August 22nd Sunday in Ordinary Time Gospel Reflection Year A

Mt 16:21-27

Gospel Reflection

This week's gospel is the first of three predictions of Jesus' death and resurrection in Matthew's gospel (see also Mark and Luke). Despite Peter's confession of faith that immediately precedes this passage (see last week's gospel), the disciples still do not have a very solid understanding of Jesus' purpose. They may regard him as the Messiah, but still do not fully understand what that means. In this passage, Jesus is beginning to prepare them for the events of the passion - his death and resurrection. He is trying to lead them to a greater understanding of his mission and message. But Peter abruptly 'rebukes' Jesus and tells him not to speak like that. One can almost hear Peter saying, 'Look, Jesus, you've got a good thing going here, don't spoil it by talking about dying! However, Jesus responds to Peter very sharply, suggesting that his lack of understanding is inspired by evil and reflects human thought, not divine wisdom.

The passage then leads in to a description of the challenge of discipleship. To be a follower of Jesus means to 'deny' oneself, take up one's cross and follow Jesus. In the context of this passage, to 'deny' oneself means to not be concerned about 'I' but to be concerned about 'You' – to put others before self. To be a follower of Jesus means to be selfless, not self-centred. In the ultimate example of this, Jesus tells his disciples that whoever wishes to save their life will lose it, but whoever loses their life for Jesus' sake will find it. To 'save' your life is to hold back from giving yourself fully to the message of Jesus – to be 'half-hearted' in your faith. But to 'lose' yourself in the message of Jesus is to fully give yourself over to living the reign of God and through 'losing' yourself in this way, Jesus tells us, is how to truly find life.

Living the Gospel

For some people, to be a Christian is a 'soft option' – they see being Christian as being a bit 'fluffy'. This week's gospel is a reminder of the real challenge of being a Christian. Jesus reminds us that to be one of his followers we must be prepared to pick up our cross – whatever our particular cross might be – and still follow his example. To be a Christian means that we don't fall in a heap when difficulty comes our way; we take up the burden – our cross – and continue to look forward with hope. To live like Jesus is no easy option_(LiturgyHelp.com.au, 28-8-2020)

Faithful Friday on FaceBook

Each Friday OLA will have a special focus for prayer intentions. This week we pray for the Beirut community, that God watches over them, providing strength and hope.

Next week, our prayer focus will shift to thanksgiving. If you have special prayer intentions of thanks, please email through to the office and we will add them to the prayer focus.

THANK YOU

The OLA community would like to thank you for your generosity and support for Caritas, in donating much needed funds for Beirut. Truly OLA shows the face of God and provides hope to those in need.



Happy birthday to members of our OLA Community who are celebrating their birthday this week......

Tues 1st Sept Maraya Macario Damien Macquet-Maurel Trinity Oxspring

Wed 2nd Sept Lucy Roberts Ethan Dyke

Fri 4th Sept Aiden Ajay Allesandro Albertini Luke Smyth **Fri 5th Sept** Mirelle Ferdinands Acacia Sales Luke Scanes Nicholas Smith Kai Yoo Madison Zahra

Sat 6th Sept Micah Kenyon Jai McLuskey Harrison Spiteri

Sun 7th Sept Leo Dabit James Boje Juliana Wassef

Father's Day Gift Stall Wednesday 2nd September

The children will be able to enjoy a Father's Day shopping experience at school next Wednesday when they visit the Father's Day Stall. A huge thank you to our P&F President, Kara Gergely-Hollai and her helpers (listed next week) who organised the selection and purchase of gifts and then prepared them for sale at school. All orders were due back at school today, however we will still accept them on Monday morning if you have forgotten. The children have been looking at posters with their siblings to decide on what gift they would like to purchase for their father/stepfather or significant male role model. We also ask that children bring in their own gift/plastic bag to take their gift home.

Photo Catch-up Day – **Monday** 7th **September** For any students and families who missed having their photo taken on Monday, please note that the catch-up date is Monday 7th September.

Confirmation

This week Year 6 students have started preparing for the Sacrament of Confirmation. Please keep these students in your prayers.



Building Child Safe Communities – Volunteer Undertaking

A reminder to all parents that wish to volunteer at OLA that CEDP has launches a **NEW** Building Child Safe Communities form and online training module that all volunteers are required to complete.

The purpose of this training is to inform you of the standards of behaviour and other requirements that must be adhered to when volunteering for CEDP.

The undertaking should take no more than 5 minutes to complete and the training module approximately 10 minutes. Follow this link to complete:

https://www.parra.catholic.edu.au/About-Us/Building-Child-Safe-Communities

All volunteers need a BCSC status that is **Approved** to provide services to our school. You must provide your BCSC number to school prior to the **EVENT DATE.**

Thank you for all that you do in partnership with the teachers and staff to enhance your child's learning journey at OLA.

Family Week

As a regular feature now in Week 7 of each term, Family Week will see the children have a break from formal home learning (although we ask that every child still reads each night) to spend time with you as a family, or helping you for the family. We encourage you to choose an activity that you can do as a family each day with your child. Examples may include playing a board game, sitting and sharing stories, cooking a meal together, feeding the pet, playing cards, helping put away laundry, setting the table, reading mum or dad a book, washing the car, gardening, writing mum and dad a thank you note, spending time in prayer/saying the Rosary, going for a family walk etc. Family Week is aimed at freeing children up to assist and/or spend time with those who love them most, their greatest heroes, you their parents and family.



EVACUATION DRILL PRACTICE Keeping our Children Safe

As part of our safety requirements today we had an onsite PRACTISE evacuation drill. Congratulations to the children who were outstanding.

Year 6 Canberra

On Tuesday 1st September, Canberra is coming to Year 6! Students will be involved in a day of learning through activities which they would have experienced on the excursion.





Friday 4th September

As you would no doubt be aware, this coming Friday 4th September is once again Jersey Day. Jersey Day is an awareness raising campaign for organ donation that has been initiated by the Gremmo family, who tragically lost their son in a road accident on Glenhaven Road in May 2015. The Gremmo family is well known in the Hills district. If you wish to support this awareness program, your child may also wear a jersey over their uniform on this day. We ask that if you wish your child to wear their jersey, you take the time to discuss with them the concept behind the awareness campaign. Consideration should be given to their age appropriateness and level of understanding.

Your participation in this awareness campaign is purely optional.

Literacy News





nt entries J Records by students Reading records by coordinators

Parents can access the 2020 booklist at the following address, <u>https://online.det.nsw.edu.au/prc/booklist/home.html</u>

Congratulations to

Isaiah Chen KB, Noah DeLeon 1B, Alana Apap 2W, Ethan Mihalic 4B & James Apap 6G

for completing the

Premier's Reading Challenge this week. Today is the final day to enter reading records.

Book Fair:

Thank you parents for supporting our Book Fair this week. It was lovely to see the students so excited to visit our library and purchase their favourite titles. Some books are on back order and will arrive shortly. A special thanks goes to Mrs Wagner who worked tirelessly to set up our Book Fair.



Lisa Hurst

Literacy Coordinator

Year 4 Drama Incursion

On Wednesday Year 4 took part in a drama incursion based on the early days of Australia. The students enjoyed improvisation and role play activities depicting the Eureka Stockade, the work on the gold fields, early explorers in Australia and the life and times of Ned Kelly. Year 4 were able to dress up in costume and take on the roles of early Australians





Kindergarten Billy Carts Incursion Recounts

Yesterday Kindy went on an incursion. Billy Carts came to OLA. It was an excellent day. First, the man talked to us about pushing and pulling. Some groups were making Billy Carts. Other groups were at the workshop and the rest were Billy Cart racing. It was so much fun!!! By Dylan.C

Yesterday Kindergarten had a dazzling incursion. The guy told us how the things work. First, he picked out the captains. Next, he told the children to go into groups. Finally, we got to play. I had a splendid day!







By Harrison V

Are you missing out?? Join our Facebook page.

Keep up to date with news from OLA See what is happening at OLA Visit our Facebook page

https://www.facebook.com/OLARouseHIII Or Click on the facebook f in the top corner of our school website Be sure to 'like us'

A Small Request – Family Car Signs

Thank you to our parents for assisting us in ensuring that our drive though in the afternoon runs smooth.

We would kindly like to request that the surname cards are attached to the visor on the **driver's side** in future. This will allow Mr Calabria or Mr Cauchi to easily see the names of the families from where they stand.

If you require a new sign, please email the office as we are happy to do a 'run' of signs later next week.

Volunteers Needed

We are in search of some volunteer parents that could serve our OLA sch crossing wardens in the n



involve half an hour of your time (from 8.20am – 8.50am) on a timetable roster to assist children in crossing Wellgate Ave and our carpark.

Please email the office your available day/s of the week if you are interested so that we can draw up a roster. (We will provide the vest and stop sign.) Thank you in anticipation of your assistance.

Archangel Awards

Congratulations to these students who received an Archangel Award last week:-

Sybella Arora, Elizabeth McKee, Tanuja Ramasamy, Lily Quinlan, Roxie Pace, Hugo Vozzo, Matthew Kamber, Aiden McGrady, Harrison Ko, Luke Scanes & Paige Mitrovich



Values Matter at OLA

How are values taught? Our Catholic schools have, at the centre of all learning and teaching, core Catholic values which are based on Christ's Gospel values. It is about making the core values explicit in all school activities through modelling, discussion and

critical reflection.

This week we are focussing on the value of: -Honest and Trustworthiness – Be honest, sincere and seek the

truth. This value includes the following characteristics:-

- Being honest
- Being truthful to self and others
- Not deceiving, cheating or stealing exercising ethical judgments
- Being reliable doing what you say you'll do
- Having the courage to do the right thing
- Building a good reputation. Being loyal standing by your family, friends and country.

What you can do to promote trustworthiness:-

- Teach children the importance of trustworthiness by word and example. Ask yourself 'what message am I sending?" Avoid dishonesty, especially in front of your child ("A child's ticket, please, he is only 11.") Never ask your child to lie for you ("Tell Grandma I'm in the shower")
- Encourage honesty even when it may cause your child to get into trouble. Praise efforts to be honest and point out good examples whenever you see them. Express disappointment for dishonesty.
- Keep your commitments, be on time and do what you say you will do, especially when your child is involved.
- Teach that people need the courage to say 'no' when friends ask them to do something that seems wrong. Explain that it is disloyal to ask a friend to be untrustworthy.

Are you a good role model to your children? Do you model honesty and integrity at all times?

The overall message:-

Honesty and trustworthiness is about being honest, telling the truth, keeping promises, and being loyal so people can trust you. Trustworthy people don't lie, cheat or steal. They have integrity and the moral courage to do the right thing and to stand up for their beliefs even when it is difficult to do so.

Theme for the Week

"Honesty & Trustworthiness"

Our theme this week encourages us to be honest and trustworthy at all times. To be honest with each other means expressing out feelings, respecting others and accepting responsibility for our actions. Being honest, sincere and seeking the truth are essential characteristics for being in harmony with ourselves and those with whom we interact.

Awards Week 5 recipients – printed this week due to the Staff Development Day last Friday.

Term 3		
Week 5		
Student	Academic Merit Award	St Francis Award
KB	Chayse Attard	Frankie Hollands
KG	Marcelo Ira	William Lewis
KW	Julian Fonsdituri	Emily Dalton
Year 1 B	Melina Lesar	Arlo Nobleza
Year 1 G	Avery Grace	Kate McKeever
Year 1 W	Preston Georges	Audrey Summerhays
Year 2 B	Jeremiah Mataia	Elijah Dabit
Year 2G	Lucas Krotofil	Aurelia Gresser
Year 2W	Nadia Mileto	Ben Robertson
Year 3 B	Jonathan Dias	Sophia Mangano
Year 3 G	Jake Trimboli	Zara Buchanan
Year 3 W	Noah Falzon	Ella Ciantar
Year 4 B	Paityn Ng	Jack Maher
Year 4 G	Dylan Bell	Tomas Mallari
Year 4 W	Sienna Flores	Jordan Holden
Year 5 B	Tahnia Arora	Malachi Rangan
Year 5G	Alysha Balangon	Charlie Mileto
Year 5W	Gabi Ribeiro	Keira Mooney
Year 6 B	Ayden Stewart	Harrison McQuaid
Year 6 G	Joseph Abdallah	Ethan Phelps
Year 6 W	Michelangelot La	Jayden Thornton

Week 6

Term 3		
Week 6		
Student	Academic Merit Award	St Francis Award
KB	Luca Galea	Adrian Farrugia
KG	Jacob Cabunag	Millyana Pelaez
KW	Max Krotofil	Evelyn McKee
Year 1 B	Tristan Cappello	Nevaeh Macquet-Maurel
Year 1 G	Jeanette Abboud	Jacinta Raad
Year 1 W	Eva-Grace Naim	Arlo Barry
Year 2 B	Hannah Burgess	Amelia Dalla
Year 2G	Harrison Spiteri	Bianca Krkac
Year 2W	Brayden Zhu	Antonio Dinos
Year 3 B	Luke Scanes	Maddison Kuea Vilila
Year 3 G	Aaliyah Naidoo	Eli Nobleza
Year 3 W	Vincent Cappello	Ethan Dyke
Year 4 B	Ethan Tierney	Addison del Rosario
Year 4 G	Isaak Byle	Ethan Billyard
Year 4 W	Elijah Atkins	Hridaya Ghangurde
Year 5 B	Hugo Vozzo	Lachlan Heaney
Year 5G	James Conn	Maia Villanueva
Year 5W	Mihir Rajbhandari	Luke Smyth
Year 6 B	Emma Quijano	Amelia Bond
Year 6 G	Grace Vella	Lauren Caraos
Year 6 W	Acacia Sales	Celina Wassef