



Our Lady of the Angels School, Rouse Hill

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Newsletter
Vol. 2 No. 34

29th October, 2021
Term 4, Week 4

NEWSLETTER

Dear Parents

It is wonderful to have all the students back at school, back into routine and back into their learning. We love it!!

This Tuesday will be the last day that Santa Sophia will be on our OLA site after three years. We wish them all the best at their new site in Box Hill. We will miss them as they have been very much part of our OLA family.

Around this time of year to put things into perspective amongst the busyness of life, I like to publish the following extract which always receives very positive feedback. I hope you enjoy reading it.

Some Good Advice From a 90 Year Old (by Regina Brett, 90 years of age)

To celebrate growing older, I once wrote the 40 lessons life taught me. It is the most requested column I've ever written. My odometer rolled over to 90 in August, so here is the column once more;

- Life isn't fair, but it's still good.
- When in doubt, just take the next small step.
- Life is too short to waste time hating anyone.
- Your job won't take care of you when you are sick. Your friends and parents will. Stay in touch.
- Pay off your credit cards every month.
- You don't have to win every argument. Agree to disagree.
- Cry with someone. It's more healing than crying alone.
- Save for retirement starting with your first pay cheque.
- When it comes to chocolate, resistance is futile.
- Make peace with your past so it won't spoil the present.
- It's OK to let your children see you cry.
- Don't compare your life to others. You have no idea what their journey is all about.
- Take a deep breath. It calms the mind.
- Get rid of anything that isn't useful, beautiful or joyful.
- Whatever doesn't kill you really does make you stronger.
- It's never too late to have a happy childhood. But the second one I up to you and no one else.
- When it comes to going after what you love in life, don't take no for an answer.
- Over prepare, and then go with the flow.
- Be eccentric now. Don't wait for old age to wear purple.
- No one is in charge of your happiness but you.
- Frame every so-called disaster with these words "In five years, will this matter?"
- Always choose life.
- Forgive everyone everything.
- What other people think of you is none of your business.
- Time heals almost everything. Give time.
- However good or bad a situation is, it will change.
- Don't take yourself so seriously. No one else does.
- Believe in miracles.
- God loves you because of who God is, not because of anything you did or didn't do.
- Don't audit life. Show up and make the most of it now.
- Growing old beats the alternative – dying young.
- All that truly matters in the end is that you loved.
- Get outside every day. Miracles are waiting everywhere.
- If we all threw our problems in a pile and saw everyone else's, we would grab ours back.
- Envy is a waste of time. You already have all you need.
- The best is yet to come.
- No matter how you feel, get up, dress and show up.

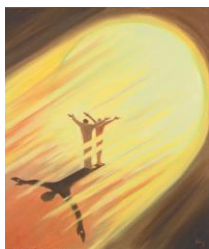
Life isn't tied with a bow, but it is still a gift.

Thank you for your continued support. It is in partnership that we can achieve great things for our children.

Tony Calabria
Principal



Gospel Reflection (Mark 12:28-34)



Jesus reminds us 'You must love your neighbour as yourself.' There's an unspoken, underlying idea here that is absolutely crucial. Before you can love your neighbour, you must first love yourself. To say that you love yourself today can imply a level of boastfulness or ego. However, what is required is a genuine love of self – an acceptance; a respect; a true valuing of self. Only then can we know how to treat others. When we ask ourselves how we would want to be treated it points us towards how we should treat others. What is summed up so simply by Jesus is a very tough ask!

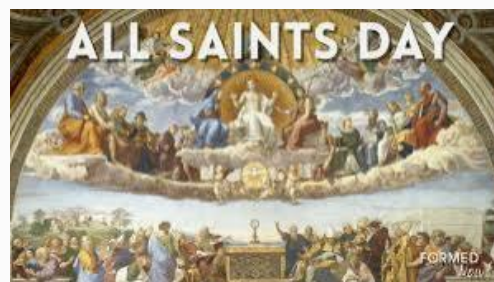
ALL SAINTS-1st November 2021

On 1st November, the Church recalls the example, witness, and prayer of the holy women and men who have been identified by the Church as Saints. These saints are more than just role models; they are family members with whom we continue to share relation, in a bond of prayer, called the Communion of Saints. Every year when we celebrate this day, the Gospel we proclaim recalls for us Jesus' teaching about happiness, the Beatitudes. We quickly note in this reading that none of those Jesus names as "blessed" or "happy" are expected . . . the poor in spirit, the meek, the persecuted. Jesus' blueprint for happiness reflects little of what the world might call happiness.

What does Jesus mean when he uses the word "blessed?" This word is sometimes translated as "happy" or "fortunate" or "favoured." In other words, Jesus is saying that divine favour is upon those who are poor, who mourn, who are persecuted. This might have been welcome and surprising news to the crowds who heard Jesus that day.

The Beatitudes can be understood as a framework for Christian living. Because of this, it is natural that we proclaim this Gospel on the Feast of All Saints. Saints are people who lived the spirit of the Beatitudes as Jesus lived. On this day, we too are challenged to model our lives on the spirit and promises of the Beatitudes.

'How happy are the poor in spirit:
theirs is the kingdom of heaven.
Happy the gentle:
they shall have the earth for their heritage.
Happy those who mourn:
they shall be comforted.
Happy those who hunger and thirst for what is right:
they shall be satisfied.
Happy the merciful:
they shall have mercy shown them.
Happy the pure in heart:
they shall see God.
Happy the peacemakers:
they shall be called sons of God.
Happy those who are persecuted in the cause of right:
theirs is the kingdom of heaven.'



'Happy are you when people abuse you and persecute you and speak all kinds of calumny against you on my account. Rejoice and be glad, for your reward will be great in heaven.'

ALL SOULS- 2nd November 2021

On 'All Souls' Day is a day we remember all the faithful who have passed. Especially our loved ones.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen. O Lord, your sorrowing Mother stood by your cross; help us in our sorrows to share your sufferings.



We kindly ask:-

- **Parents to follow social distancing measures while waiting for the afternoon dismissal of the children, ie. Not congregating at the school gates. The preferred option is drive through or, much easier, park at the oval, walk up and arrive at the exact pick up time and leave promptly. Kindergarten will be dismissed at 3:00pm as per usual. The siblings of children in Kindergarten will also be dismissed at 3:00pm**
- **If using the drive through, please display your family's name on the driver's side visor using the laminated name provided to you (If you require another printed name, please email the office.) This assists us greatly when calling the children forward so that our drive through service runs smoothly.**

Literacy News

READ.....READ.....READ

READ TO SUCCEED!



Every child gets stuck on a word once in a while as they learn to read. As a teacher or parent, it can be a little upsetting or frustrating to watch a student struggle – because we want them to be successful! It's in these *stuck* moments where growth happens!

How can you help when a child gets 'stuck' on a 'tricky' word?

Things to do and say....

1. Wait at least 5 seconds
2. Give it a try
3. Do you see a part you know?
4. Look at the pictures for a clue
5. Get your mouth ready for the first sound
6. Think about what word would make sense
7. Cover up part of the word and try again
8. Skip the word. Keep reading and come back
9. Go back to the beginning and try again
10. Does it sound right? Does it look right?



'Literacy In Our Learning Spaces'



Term 4 Library Timetable

Monday – 2W

Tuesday – 2B, Year 4, Year 1

Wednesday – 2G, Year 6, Year 5

Thursday – Kindy, Year 3

IMPORTANT NOTICE

DO YOU HAVE ANY BOOKS BORROWED FROM SCHOOL?

During Covid, the school loaned out over 1,000 library books and readers to students.

We would appreciate it if parents and students look for any books at home and have them ready to return to school when they come back over the next two weeks.

We appreciate your assistance to this matter.

Thank you, Mrs Wagner



Please note:-

Although children will be sanitised as they enter the classroom and use equipment etc, you are most welcome to send in a pencil case with items for your child only to use, if you wish ie, lead pencil, coloured pencils, small scissors, glue stick.

Band

Please see the flyer and email that was sent home yesterday. Our demonstration session referred to in the flyer will be held via Zoom on Thursday 11th November.

School Hats

Our Lady of the Angels has a "No hat, No play" policy.

Please ensure your child has their school hat with them each day to protect their skin and to assist in promoting sun safety and awareness in your child/ren. School hats are available for purchase from the school uniform shop for a cost of \$15. Any child not wearing a school hat at play times will need to sit under the sheltered area. Thank you for your support, assistance and cooperation in helping keep our students sun smart.

Thank you to the P&F for the lovely morning tea for 'World Teachers Day' yesterday and to Rosalba Valensise for co-ordinating this treat for our staff. On behalf of all the staff, our appreciation and thanks for your thoughtfulness.



Student Representative Council Members – Semester 2 2021 (Years 1 – 5)



Happy birthday to members of our OLA Community who will be celebrating their birthday this coming week...

Sun 31st Oct

Georgia Tomic
Alessia Costa
Addison de Rosario

Wed 3rd Nov

Fraser Filipo
Vincent Cappello

Mon 1st Nov

Arella Bautista
Valentina Buda
Hayden Muscat
Grace Tierney
Amelie Pelaez

Fri 5th Nov

Braxton Draper
Mrs Samantha Grunsell
Mrs Kyra Giglio

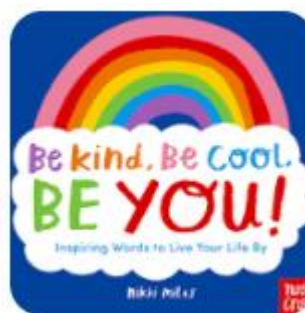
Sat 6th Nov

James Conn
Flynn Coughlan

Student Reports

Student reports for Semester 2 will be very different from previous years. This is due to the extended period of remote learning and minimal time back at school.

They will outline the learning opportunities that were focused on during Terms 3 and 4, the level of engagement of the children, along with written comments from the teachers.







Second-Hand Uniform

The P&F are anticipating having a second-hand uniform sale towards the end of November. If you have any uniform at home that you would like to donate, please send clean and saleable items through to the office.

We Can Bounce Back

ZONES OF REGULATION!

Blue	Green	Yellow	Red
			
Sick Sad Tired Bored Moving Slowly	Happy Calm Good to Go Focused Ready to Learn	Frustrated Worried Silly/Wiggly Anxious Excited	Mad/Angry Mean Yelling/Hitting Out of Control I Need Time and Space



Students at Our Lady of the Angels have returned to school from online learning with great enthusiasm. As we settle into our school routines in the classroom and on the playground it is important to reflect upon ways that we can 'Bounce Back' when things don't go the way we would like or expect. Our focus over the next fortnight is to acknowledge that at times even when faced with the same situation, different people experience different emotions.

An important part of this is to name our own emotions and develop strategies for being able to 'Bounce Back' so that we can be prepared for times when we are faced with a variety of circumstances. These skills are important in managing our emotions so that we can reach our goals and they don't stop us from doing what we need. Students will be given opportunities to identify strategies that help them feel happy and overcome different situations in the classroom and on the playground.

You may like to watch this catchy music clip together. [The Playground Craze - BounceBack Video on Youtube.](#)

Changing Schools in 2022

If you are changing schools/moving and won't be returning to OLA in 2022, please email the school and we will forward the Notice of Withdrawal form for you to complete. This form can also be found on the school website.

Thank you

Are you missing out?? Join our Facebook page.

Take a look and see the amazing learning and happenings at OLA

<https://www.facebook.com/OLARouseHill> Or Click on the facebook f in the top corner of our school website

Be sure to 'like us'

Just a gentle reminder to the girls as they return to school, to please ensure they have removed nail polish, jewellery etc. Earrings should only be studs or sleepers and the only jewellery should be a watch or simple cross. (If these items are valuable, they should be kept at home)

Birthday Treats – Reminder

We kindly ask that you refrain from sending any birthday treats of any kind, edible or not, in during this COVID 19 period. This is to ensure that children are only eating food that is supplied and/or prepared by you at home.

At this current time, we also kindly ask that you do not send in non-edible items as birthday treats, eg. pencils etc. due to COVID 19 as it is always unknown as to who has handled the items from manufacturer to classroom. This restriction is aimed solely at doing everything we can to ensure the safety of your child.



EXECUTIVE DIRECTOR'S

Summer
READING
challenge

WIN A \$500 GIFT VOUCHER!

Read as many books as you can, tell us why you love them, and you could win one of two **\$500 JB Hi-Fi vouchers** or one of thirty **gift vouchers valued at \$30 each.**

THE MORE BOOKS YOU READ, THE MORE CHANCES YOU HAVE TO WIN.

Enter online
www.parra.catholic.edu.au


CATHOLIC EDUCATION
DIOCESE OF PARRAMATTA

Competition opens on 1 November 2021 and closes at 5pm on 25 February 2022. Terms and Conditions apply.

Congratulations to the following students who received Awards this week...

Term 4 Week 4		
Student	Academic Merit Award	St Francis Award
KB	Carlos Ji	Addison Lawler
KG	Sierra Macquet-Maurel	Noah Mc Crory
KW	River-Rose Vilja	Angeline Garcia
Year 1 B	Aiden Ajay	Oscar Meli
Year 1 G	Kianah Lesar	Noah Phillips
Year 1 W	Lucy Roberts	Aurora Crosata
Year 2 B	Mason Hession	Amelia Fava
Year 2G	Oliver Coughlan	Eva-Grace Naim
Year 2W	Ryan Shahbazi	Korbin Bruckard
Year 3 B	Madison Ross	Samuel Ewer
Year 3 G	Niamh Sweeney	Esther McDonald
Year 3 W	Emily Gomes	Hannah Burgess
Year 4 B	Joshua Stewart	Olivia Iori
Year 4 G	Brandon Ciantar	Gael Casino
Year 4 W	Olivia Medjumurac	Ella Ciantar
Year 5 B	Jasmine Vella	Sophia Ocampo
Year 5G	Troy Noel-Osimen	Ethan Tierney
Year 5W	Alonso Buda	Heidi Nicholls
Year 6 B	Ekamveer Hundal	Ebony Lynch
Year 6 G	Julie Bolina	Natalia Zahorsky
Year 6 W	Maia Villanueva	James Conn



Student of the Term – Term 2 2021

