



# Our Lady of the Angels School, Rouse Hill

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Newsletter  
Vol. 2 No. 25

13<sup>th</sup> August, 2021  
Term 3, Week 5

## NEWSLETTER

Dear Parents,

Our sincere thanks and appreciation for navigating the journey of home learning. You are doing a wonderful job! Please feel free to continue to reach out to your child's teacher or the school to support you in any way.

We would like to let you know how proud we are of the commitment and endurance that our children have demonstrated during home learning. To celebrate this and provide an opportunity for some wellbeing and no screens for everyone, we will be having a special Wednesday 'WIN-WIN' afternoon. More details to follow on Monday. **WIN standing for Wellbeing Is Needed**

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This Sunday we celebrate the Feast of the Assumption. We continue to ask Mary to bless us with her grace. The students will participate in a reflection on Monday to acknowledge Mary in our lives.

Father in Heaven  
All creation rightly gives you praise,  
For all life and all holiness come from you.  
In the plan of your wisdom  
She who bore the Christ in her womb  
Was raised body and soul in glory to be with  
Him in Heaven.  
May we follow her example in reflecting your holiness  
And join in her hymn of endless love and praise.  
We ask this through Christ our Lord.  
Amen



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### Perspective – Particularly with being at home for remote learning.

The following is from an interesting article around the challenge of being parents regarding "perspective" that I thought I would share with you.

*There will be occasions when children go through difficult times in their development and it is in these times that they rely on their parents not to give up on them but to be there for them.*

*"We, as parents need always to keep things in perspective, love our children at each stage of their lives and to be openminded to what might lie ahead. It could be said that, 'A difficulty can be likened to a pebble. Hold it too close to your eye and it fills the whole world and puts everything out of focus. Hold it at a proper distance and it can be properly examined. Throw it at your feet and it can be seen in its true setting, just one more bump in the pathway of life.'*

*When we examine a difficulty in its proper perspective, we might firstly ask if it is really a problem at all? Most of our children's difficulties, once they have a calm mind applied to them, tend to offer their own solutions, and turn out to be less severe than they first seemed to be.*

*Being empathetic to our children will show them that our concern for their situation is genuine. Empathy involves seeing things from our children's perspective so we can understand their emotions. When we show empathy for our children's feelings, we teach them that we value their thoughts.*

*Our perspective on how our own life's events can be will surely influence the perspectives our children have about their lives. If our children are mostly happy and sometimes talkative, then, we're doing all right as parents."*

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My appreciation and thanks for your kind words both emailed and on our Facebook page acknowledging National Principal's Day last Friday. I was truly humbled. It is certainly my privilege to lead our Christ centred OLA community and have the honour of working in partnership with you, the dedicated staff at OLA, and most importantly your beautiful children.

*Thank you for your continued support. It is in partnership that we can achieve great things for our children.*

Tony Calabria  
Principal

If your circumstances change and you have no other alternative but to send your child to school you must fall into one of the approved categories, ie. essential workers, vulnerable students or those who have no other supervision options. Most importantly, prior to your child attending you are required to contact the school via email (if your child has already been regularly attending, this is not required). This is simply because, as you can appreciate, we only aim to have a very limited number of staff onsite for supervision purposes. Therefore, it is important that we are aware of how many students to expect.

## The Assumption of the Blessed Virgin Mary (Year B)

Sunday 15th August 2021

[Lk 1:39-56](#)



### Gospel Reflection

What do we Catholics mean when we express our conviction at the end of her earthly life, Mary was taken up body and soul into heavenly glory? Are we simply heaping praises upon Mary for her specialness or is there something deeper at stake? In fact like all Marian teachings, the Assumption speaks of the saving love of Christ that envelopes our human lives. Mary the 'first disciple' of Jesus Christ walks with and before us in our own path of Christian discipleship. Her singular participation in her Son's Resurrection is an anticipation of our resurrection. Who Mary is, we are becoming. One day we, too, will live forever with God in heavenly glory. The Assumption is a compelling celebration of Christian hope, and affirmation of the human body, and deep-down encouragement in our earthly struggles.

Living the Gospel: *We may take some time to reflect on our Mother Mary this week and her courage, trust and love of God. As a family you may like to say a decade of the rosary with special family prayer intentions. Praying with gestures is another form of prayer, as is singing or praying. Or you may choose to say the Hail Mary as a daily prayer, with the actions below:*

See what Year Five have done this week, to follow in  
Saint Mary of the Cross MacKillop's footsteps.  
'Never see a need without doing something about it'



I did the dishes – Ruby



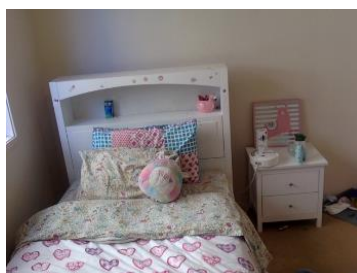
I cooked my family's dinner last night and I made them muffins for afternoon tea and I helped my dad clean up the spa and the pool.- Olivia



I folded the washing - Declan



I helped my dad build the cat run in the backyard – Ethan B



I made my bed without being asked - Venus



I made lunch for my parents, so they did not have to - Lexie

## PLEASE NOTE – IMPORTANT INFORMATION

### Student Data Validation - Please update your contact details

On Monday 16 August you will receive an email or SMS (for those parents without email) from Catholic Education Diocese of Parramatta (CEDP) asking you to review and, where necessary, update the key information they hold about your children currently enrolled in CEDP schools.

The purpose of this review is to ensure that CEDP has the right details to correctly identify and support students, including contacting families in an emergency or to share important updates.

Steps have been taken to ensure this process is as secure as possible to protect your information and your family's privacy. Your information is only accessed by authorised staff when it is necessary and in accordance with our [Privacy Policy](#).

The link is **open until Friday 3 September** and I encourage you to complete the review/update as soon as possible to ensure that your family's correct details are on file. This is particularly important as Greater Sydney remains in lockdown due to the COVID-19 outbreak.

This [short "how to" video](#) may assist you with completing the process (use the closed caption icon to turn on subtitles). Please don't hesitate to contact the school office if you have any questions or concerns.

Only one person per family needs to complete the survey and it takes about 15 minutes to complete. If you have any questions or to seek help, please contact the CEDP Community Liaison Team on 9840 5796.

### Hail Mary

Hail Mary, (Lift your right hand pointing to the sky.)

Full of grace, (Lift your left hand pointing to the sky.)

The Lord is with you. (Bring your hands down folded near your heart.)

Blessed are you among women, (Take your right hand and sweep it across your body)

And blessed is the fruit of your womb Jesus. (Pretend you are rocking a baby in your arms.)

Holy Mary, (Lift your right hand pointing to the sky.)

Mother of God, (Lift your left hand pointing to the sky.)

Pray for us sinners now, (Bring your hands down folded near your heart.)

And at the hour of our death. (Point to a pretend watch on your wrist.)

Amen. (Bring hands together folded near your heart.)

### Theme for the Week

#### "Freedom"

This fourth value of the 9 Values for Australian Schooling focuses on enjoying the rights and privileges of Australian citizenship free from unnecessary interference or control and also relates to standing up for the rights of others. We are indeed blessed to live in a country such as Australia where we are free in so many ways as compared to the turmoil that exists in some overseas countries. We are free to make choices that reflect our values.

Congratulations to the Brown family (Ariella KG) on the birth of their little baby brother, Arvey. Welcome Arvey.



## Values Matter at OLA

What are values? We teach values every day in our ordinary daily encounters and interactions. The challenge for education is not simply to prepare young people for the future. It is also to equip them to create the kind of future they want.

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This week we are focussing on the value of:-

**Freedom** – Enjoy the rights and privileges of Australian citizenship free from unnecessary interference or control and stand up for the rights of others.

**"Blessed are the meek, for they shall inherit the earth."**

In this Beatitude Jesus invites us to relate to others and the earth without manipulation or oppressive use of power.

This value includes the following characteristics:-

- Valuing our democratic society where freedom of religion, and speech are a priority
- Being committed to the rights and responsibilities of living in a democracy
- Valuing our cultural heritage
- **Be proud to be an Australian....Do you know the words of the Australian Anthem?**
- Supporting reconciliation
- Ensuring that minority groups have a voice
- Listening to different views
- Valuing our environment: recycling, saving water, clean up days etc.

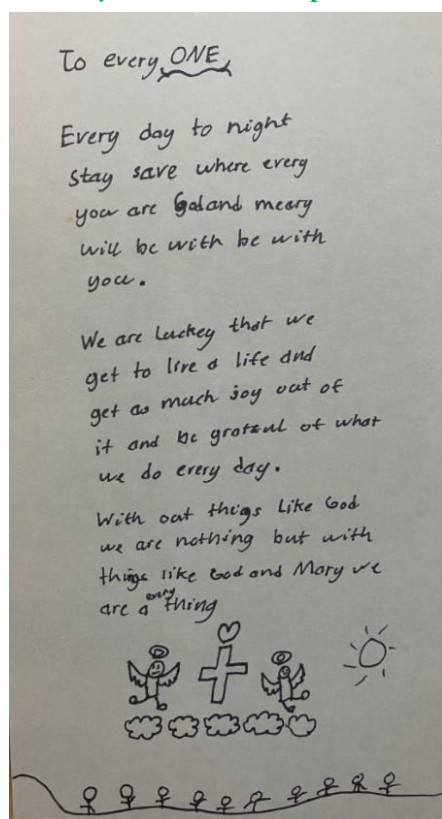
The overall message:-

*To be participating members of a just and democratic society exploring and promoting the common good and meeting individual needs without infringing the basic rights of others. To value diversity of cultural expression and respecting legitimate authority.*



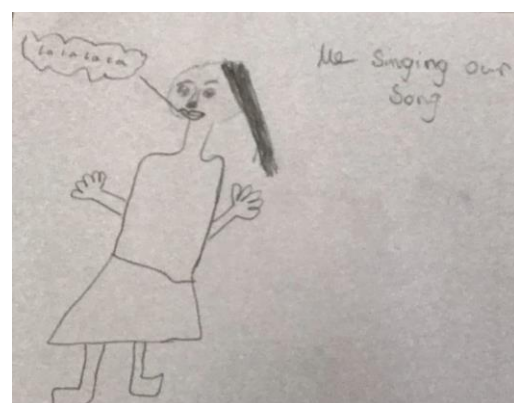
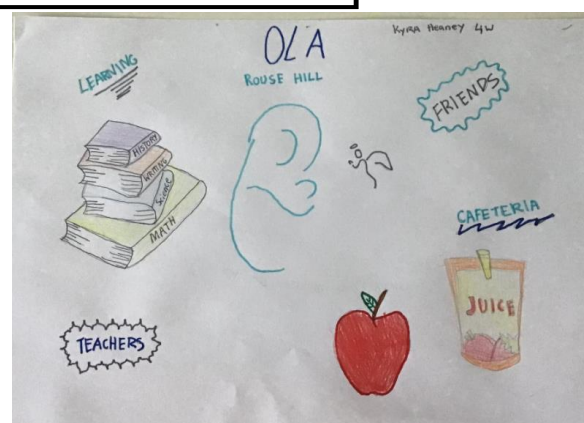
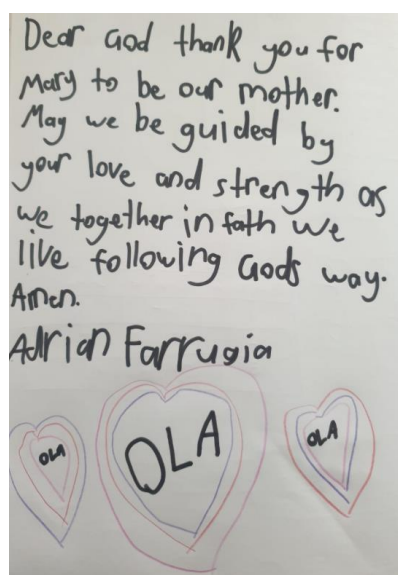
## THANK YOU TO OUR OLA COMMUNITY FOR CELEBRATING OUR LADY OF THE ANGELS FEAST DAY IN LOCKDOWN

As communicated last week, here are some more examples of the amazing work the students shared with us to celebrate our OLA Feast Day. There were beautiful prayers of thanks, posters, slideshows and lots of videos where students sang our school song! Here are just a few samples. Check out our Facebook page for more.



### Our lady of the angels

I like being a student at OLA because all of the teachers care and all of the students have always been nice to me. Our Lady Of The Angels is my second home, the teachers are my second parents and the students are my second siblings and that makes them my second family. I love OLA and I will always remember my fun times and my bad times at this school.



Happy birthday to members of our OLA Community who are celebrating their birthday this coming week....

#### Mon 16<sup>th</sup> Aug

Ethan Maddaford  
Ethan Streater

#### Thurs 19<sup>th</sup> Aug

Jia Jia Rong

#### Tues 17<sup>th</sup> Aug

Madeleine Giovas  
Clara Denisenko

#### Sat 21<sup>st</sup> Aug

Danielle Vella  
Alex Newman  
Luca Mazza

#### Wed 18<sup>th</sup> Aug

Arianna Mangano  
Chelsea Strong

### COVID-19 Financial Assistance during Lockdown 2021

All families received a letter this week from CEDP describing financial assistance during lockdown 2021. Please read this letter and do not hesitate to contact the school to discuss your options for fee support or deferment. To ensure that this process is fair and aimed at those most in need, you may be required to provide supporting documentation about your circumstances. If you still have questions or concerns following initial discussions with the school, please contact the Community Liaison team at [cl@parra.catholic.edu.au](mailto:cl@parra.catholic.edu.au)



## Art News

Congratulations to Olivia O'Connor, Niamh Sweeney, Emily Gomes and Lauren Myhre Fox, from Year 3 for producing this outstanding group artwork. Their piece has been submitted to the 2021 Threatened Species Art Competition for kids. The children eagerly gave up their lunchtimes to complete this large-scale painting, highlighting the threats posed to the green sea turtle. The students were also required to put together a written submission:

Did you know that most species of sea turtle are endangered? Green Sea turtles have been around for 100 million years which makes them extra special. The Green Sea Turtles make their nests on coastal Queensland beaches. These beaches are threatened because of the effects of human impact. This impact can include litter thrown on beaches causing pollution in the water. Sea creatures can often mistake plastic straws for food. Air pollution also has a damaging effect on our oceans. Let's all work together to protect our seas and especially our green sea turtles.

We wish the girls the best of luck!



  
**KEEP  
CALM  
AND  
BOUNCE  
BACK**

### We 'BOUNCE BACK' at Our Lady of the Angels.

The Olympic games in Tokyo certainly provided us all with many inspirational moments. We have witnessed that with perseverance, hard work and the ability to 'bounce back' we can accomplish anything. At Our Lady of the Angels we are committed to encouraging students to embrace a positive mindset by taking opportunities to 'Bounce Back' when things don't go the way they would like or the way they expected on the playground and in the classroom. To 'BOUNCE BACK' means that we can be happy or successful again after having a problem.

This week the students have been asked to reflect on their feelings and experiences of times they have and can 'Bounce back'. These student reflections may be social or learning experiences. OLA the Koala, our school mascot has also asked the students for advice. We hope you enjoy the positive conversations that may occur with your children as you discuss these ideas. You may even like to watch this catchy music clip together. [The Playground Craze - BounceBack Video on Youtube.](#)

### Reflection

*A kind word or acknowledgement goes a long way in lifting a person's spirit.*

*Drop a pebble in the water, just a splash and it is gone,  
but there's half a hundred ripples circling on and on and on,  
spreading, spreading from the centre,*

*flowing on out to the sea,  
and there is no way of telling where the end is going to be.*

*Drop a careless, unkind word,  
and in a minute, it is gone,*

*But there's half a hundred ripples circling on and on and on.  
They keep spreading, spreading, spreading from the centre as  
they go and there is no way to stop them,  
once you've started them to flow.*

*Drop a word of cheer and kindness,  
just a flash and it is gone,*

*But there's half a hundred ripples circling on and on and on.*

*Bearing hope and joy and comfort on each splashing,  
dashing wave,*

*'til you wouldn't believe the volume of one kind word you  
gave.*

### Year 1 Olympics Reporters

Look out for the news reports/interviewers of the future!! Last week our Year 1 students completed a task of writing, creating and recording an imaginative interview with an Olympic athlete past, present or future. They all did such an amazing job at creating these and we are so proud of them. Unfortunately, we can't share all of them, so we randomly picked a few for you to view on our Facebook page. We hope you think they are as amazing as we do!

<https://www.facebook.com/OLARouseHill>



### TERM 3 DATES

Thursday 16<sup>th</sup> September – Last day of Term 3 for students.

Friday 17<sup>th</sup> September – Staff Development





Over 120 OLA students have completed the challenge. Please note the PRC Challenge closes for students: **Friday 3rd September**

Students are now able to include **up to 10 Choice Books** on their reading records. All students are able to include books that they have read collaboratively as a class, in person or online with their teacher or at home with their parents/carers.

**Congratulations to the following students for completing the Premier's Reading Challenge.**

Owen Millers KW, Miguel Rivera 1G, Cameron Brackenbury 1W, Ryan Scanes 2W, Oliver Coughlan 2G, Noah DeLeon 2W, Athena Sales 2G, Eva Millers 3B, Luke Scanes 4B & Johann Gonzales 5W

**READ.....READ.....READ  
READ TO SUCCEED!**



### Nine Creative Ways to Read as a Family

Making family reading a priority is a vital way to help your child become an expert reader. Click on the [link](#) for ways to inspire your child to read at home.

Lisa Hurst  
Literacy Coordinator

### Zoom Meetings

It has been wonderful to see the beautiful smiling faces of all our students through Zoom.

**Please note the times for Zooms will continue the same as this week:**

- 9.00am - Years 5 & 6 (Monday – Friday)
- 9.30am - Year 1 and Kindergarten (Mon, Wed, Fri)
- 10.00am - Year 3 & 4 (Monday, Wednesday, Fri)
- 10.30am - Year 2 (Monday, Wednesday, Friday)

Please keep an eye on your child's google page, particularly infants, for reading session zooms.

Manly plays Parramatta this weekend. The clash between Mr Calabria's Sea Eagles and Mr Cauchi's Eels will be hotly contested especially given that Manly was victorious in the first round.  
May the best team win!!

<https://www.facebook.com/OLARouseHill>

*In case you missed it last week.....  
Click on the above link to watch (over 2,500 views!!!!)*

**THE SEQUEL 'BACK IN BLACK'**

