



# Our Lady of the Angels School, Rouse Hill

1 Wellgate Ave Kellyville 2155  
Phone: 8808 7300

Email: [ola@parra.catholic.edu.au](mailto:ola@parra.catholic.edu.au)  
Website <http://www.olarousehill.catholic.edu.au>

Newsletter  
Vol. 3 No. 4

18<sup>th</sup> February, 2022  
Term 1, Week 4

## NEWSLETTER

Dear Parents,

### Working in Partnership

Appreciation and thanks to you, our wonderful parents, for your attendance, whether by Zoom or phone call, at the parent/teacher meet and greet. It was wonderful to see the teachers and parents working in true partnership with the children as the priority. Thank you to our dedicated staff for giving so generously of their time to meet with you. Kindergarten meet and greet will take place this coming week.

### Rapid Antigen Tests

Many thanks for continuing to administer Rapid Antigen Tests to your children and for supporting the many regulations, procedures and routines in place. We kindly ask that you continue testing your child as recommended.

If there is a positive case in a grade, an email will be sent home. We ask parents to continue to monitor for symptoms and regularly test their child. Children only need to stay home if they test positive, or a member of the family they live with is positive. As per normal, children that are not well in any other capacity should also remain home until they are well enough to return to school. Please do not hesitate to contact the office if you have any questions.

\*\*\*\*\*

Our **official** OLA Facebook page <https://www.facebook.com/OLARouseHill> is well worth a visit as it celebrates the learning at OLA through photos and posts and also acts as a means of communication to our OLA community.

Please Note there are NO official year/grade Facebook pages.

If these pages exist, they are not to have a school crest/logo etc., as they are not endorsed, contributed to, or seen by the school. They are organised by parents independently of the school, as a means of communicating and connecting between parents whose children are in the same grade. Parents are always encouraged and welcome to direct questions to the school office, teachers, Mr Cauchi, or Mr Calabria for more accurate information, as opposed to a grade Facebook page, which may have inaccurate information.

\*\*\*\*\*

**Congratulations to our Kindergarten students, who are all walking into school independently each morning. We are extremely proud of how responsible and grown up they are.**



### 22.2.22 at 2.22pm

This coming Tuesday is a significant calendar day for the number 2. At OLA on Tuesday the 22<sup>nd</sup> of the 2<sup>nd</sup> 2022 at 2:22pm, we will stop and acknowledge this once in a lifetime event with each class having a simultaneous dance off.

***Thank you for your continued support. It is in partnership that we can achieve great things for our children.***

Tony Calabria  
Principal

### **KINDERGARTEN 2023 ENROLMENT INFORMATION SESSION AND SCHOOL TOUR**

**Thursday 10<sup>th</sup> March**

Commencing at 9.30am with a presentation and tour (for approximately 1 hour)

Please pass this information onto family, friends, neighbours etc who may wish to enrol their child into our school.

# Seventh Sunday of Ordinary Time (20th February 2022)

[Luke 6:27-38](#)



## GOSPEL REFLECTION

The compassion of God is a very strong theme that runs through the Gospel of Luke. Throughout the Gospel, the compassion and mercy of God is emphasised and a defining feature of the Gospel is the number of healings and parables that relate to people who were regarded as the outcasts of society. In this Gospel, Jesus is the embodiment of God's compassion. Jesus wants all people to experience first hand the abundant love God holds for them. Today's gospel passage is a reminder that when we experience God's compassion, we are also called to show it to others. (LiturgyHelp.com @ Greg Sunter)

## What's happening in RE in the classrooms...

This term, Year 3 are learning about how we can be merciful in our daily lives. We have been learning about the difference between justice and mercy, and thinking about times in our own lives when we can show mercy and justice to others. We are connecting this to the Sacrament of Reconciliation that we will make later this year.

What is Mercy?

Mercy is the loving kindness and compassion shown to one who has done wrong. Mercy is not punishing someone who deserves it. Mercy is forgiving for giving, someone instead of making them feel bad. Mercy is making a habit of being nice.

- Including others. I can show Mercy by...
- cheering people up
- Help find a lost thing.

People have shown mercy to me by...

- Helping me reach something.
- Helping me solve a question.
- Including me

**Blessed are the Merciful**  
Matthew 5: 7  
Blessed are the merciful, for they will be shown mercy.

**How am I Merciful in my Daily Life**

not judging      treating everyone the same

kind      **Justice**      equal, even though we are all different

fair      sharing

standing up for people, showing justice

the habit of being nice      compassion

merciful      **Mercy**      kindness

choosing not to punish      forgiveness

showing kindness to someone who offends      faithful

What is Justice?

Justice is when people behave in a way that is fair, equal and balanced everyone.

I can show Justice by?

Share others things to people that are not in my friend or not the school.

Wednesday 16<sup>th</sup> February

**The Parable of the Unmerciful Servant (Matthew 18:21-35)**

Peter had a question for Jesus about forgiveness. "Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?"

Jesus answered, "I tell you, not seven times, but seventy-seven times."

"Therefore, the kingdom of heaven is like a king who wanted to settle accounts with his servants." As he began the settlement, a man who owed him ten thousand bags of gold was brought to him. "Since he was not able to pay, the master ordered that he and his wife and his children and all that he had be sold to repay the debt."

"As the servant fell on his knees before him," he begged, "and I will pay back everything." The servant's master took pity on him, cancelled the debt and let him go.

"But when that servant went out, he found one of his fellow servants who owed him a hundred silver coins. He grabbed him and began to choke him. "Pay back what you owe me!" he demanded.

"My fellow servant fell to his knees and begged him, "Be patient with me, and I will pay it back."

"But he refused. Instead, he went off and had the man thrown into prison until he could pay the debt." When the other servants saw what had happened, they were outraged and went and told their master everything that had happened.

"Then the master called the servant in. "You wicked servant," he said, "I cancelled all that debt of yours because you begged me to. Shouldn't you have had mercy on your fellow servant just as I had on you?" In anger his master handed him over to the jailers to be tortured, until he should pay back all he owed.

"This is how my heavenly Father will treat each of you unless you forgive your brother or sister from your heart."

The parable is about having mercy and showing forgiveness. If get shown mercy you should show it back.

I was show mercy by when I broke one of my mums containers and she forgive me. I paid forward by showing mercy to my brother.

**Justice**

There was one piece of pizza left so my brother and I cut it in half and we both had some.

My friend borrowed my pencil and lost it. I complained to the teacher and she told him he had to bring me a new one tomorrow.

I went on my iPad when I was meant to be doing homework. My parents made me do extra homework as punishment.

**Mercy**





My friend borrowed my pencil and lost it. I brought a new one from home the next day.

My sister and I were both doing our homework. I finished mine first so I went and did her chores for her.

There was only one piece of pizza left so I let my brother eat it.

## We 'BOUNCE BACK' at Our Lady of the Angels

### ZONES OF REGULATION!

| Blue  | Green   | Yellow  | Red   |
|---|---|---|---|
|  |  |  |  |
| Sick<br>Sad<br>Tired<br>Bored<br>Moving Slowly                                    | Happy<br>Calm<br>Good to Go<br>Focused<br>Ready to Learn                          | Frustrated<br>Worried<br>Silly/Wiggly<br>Anxious<br>Excited                       | Mad/Angry<br>Mean<br>Yelling/Hitting<br>Out of Control<br>I Need Time and Space   |

COPYRIGHT - JULIA WISNET, OCCUPATIONAL THERAPIST



Students at OLA have been learning about different feelings and emotions. Acknowledging that we all experience different emotions and naming them is an important element of being able to 'Bounce Back' from situations that did not go the way that we wanted or expected. We have discussed different strategies that we can use in these situations at home and at school.

We ask that you continue this conversation at home to identify the strategies that work best for your child/ren. You may like to discuss times when your child/ren have used these strategies successfully at home and at school.

Take a breath.

Breathing in through the nose for three seconds and then breathing out through the mouth slowly for 10 seconds is a beneficial strategy to help someone calm down. Perhaps you could ask your child/ren to show you the 'Calm Breathing' technique.

You may like to watch this catchy music clip together. [The Playground Craze - BounceBack Video on Youtube.](#)

### Kindergarten 2023 Sibling Enrolment Intention

If you are intending to enrol any sibling/s of students already at OLA for Kindergarten in 2023, please complete the Google form via the link below. This information will assist us in preparing for next year's intake of students. Enrolment packages will be sent home shortly with your eldest child.

<https://forms.gle/qUQw7WTsP1LiG23j7>

### School Hats

OLA has a "NO HAT, NO PLAY" policy. Please ensure your child has their school hat with them each day to assist in promoting sun safety and awareness in your child/ren. Any child not wearing a school hat at play times will need to play under the sheltered areas. Please ensure that your child's hat is clearly labelled.

### School Website

Another form of communication at our school is the school website.

<http://www.olarousehill.catholic.edu.au/home>

The website is regularly updated with stories of different things that have occurred, upcoming events, the term calendar and access to permission notes. This section can be found in 'News and Events' then 'Parent Notes' or <http://www.olarousehill.catholic.edu.au/parent-notes>

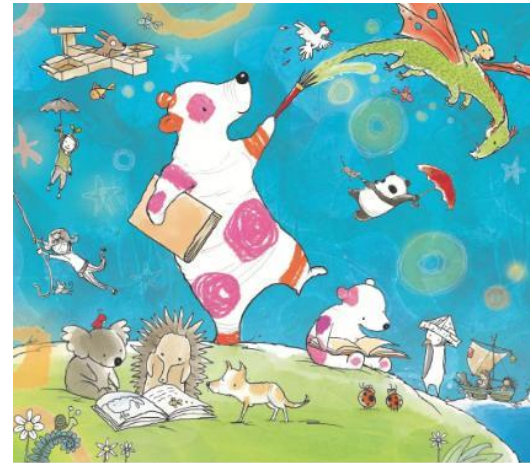
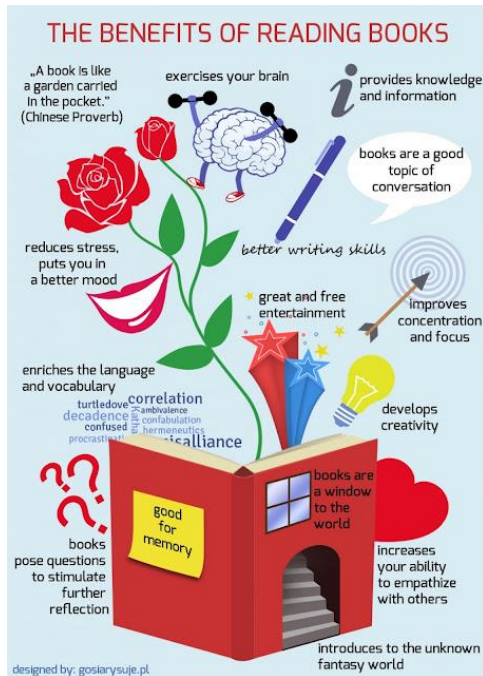
In Parent Notes you will find an up to date school uniform list, medication notes and leave of exemption forms. Throughout the year, it will be updated as needed with excursion notes, sporting notes and special event notes.

Due to Covid regulations, our Parents and Friends AGM will be held in Term 2

## Literacy News

Research has found that reading storybooks to children is one of the most important activities for **developing the knowledge required for eventual success in reading**. Reading to children stimulates them to read books themselves and further develop their cognitive skills.

**Source:**



NSW Department of Education

### 2022 NSW Premier's Reading Challenge

Start reading now!

Key dates for students in K-10:  
 Challenge opens Monday 28 February  
 Challenge closes for student entries Friday 19 August

www.premiersreadingchallenge.nsw.edu.au

**Premier's Reading Challenge (PRC)** aims to encourage a love of **reading** for leisure and pleasure in students, and enables students to experience quality literature. The **challenge** encourages students to **read**, to **read** more and **read** more widely. The **2022 NSW Premier's Reading Challenge** will be launched on **28th February** this year and further information can be found on the [PRC website](#).

At OLA we would love **all** students to participate in this year's challenge. There will be a pizza lunch for the grade with the greatest percentage of participants.

| Challenge Level | Number of books needed to complete the Challenge | Minimum number of PRC books for your Challenge | Maximum number of personal choice books | PRC booklist selection |
|-----------------|--|--|---|------------------------|
| K-2             | 30   | 25   | 5                                       | K-2, 3-4, 5-6          |
| 3-4             | 20   | 15   | 5                                       | 3-4, 5-6, 7-9          |
| 5-6             | 20   | 15   | 5                                       | 5-6, 7-9               |

## Technology Tip Week 4

Tech Tips from [eSafety Website](#)

Have you used parental controls to maximise online safety?

### USE PARENTAL CONTROLS

Parental controls allow you to monitor and limit what your child sees and does online.

Things to set up:

- Block your child from accessing specific websites, apps or functions (like using a device's camera, or the ability to buy things).
- Filter different kinds of content which you consider inappropriate.
- Allow you to monitor your child's use of connected devices, with reports on the sites they visit and the apps they use, how often and for how long.
- Set time limits, blocking access after a set time.

### HOW TO SET RESTRICTIONS

1. Go to Settings and tap Screen Time.
2. Tap Continue, then choose "This is My [Device]" or "This is My Child's [Device]".
3. Tap Content & Privacy Restrictions. If asked, enter your passcode, then turn on Content & Privacy.

Make sure that you choose a passcode that's different from the passcode you use to unlock your device. To change or turn off the passcode on your child's device, tap Settings > Screen Time > [your child's name]. Then tap Change Screen Time Passcode or Turn Off Screen Time Passcode, and authenticate the change with Face ID, Touch ID or your device passcode.

Are you missing out?? Join our  
Facebook page.

Keep up to date with news from OLA  
See what is happening at OLA  
Visit our Facebook page

<https://www.facebook.com/OLARouseHill> Or Click on  
the facebook f in the top corner of our school website

Be sure to 'like us'

### Term Calendar

A school calendar has not been published at this point due to the ever-changing Covid regulations around parent attendance etc.

We ask that you keep an eye on the upcoming events in the weekly newsletter along with information emails sent home.

**Late/Early Leavers** - If your child is late for school or needs to be collected early, you must attend the office and fill out the Late/Early Leavers Slip. If your child arrives **at 8.50am or later**, you need to come into the office to sign them in. If there is a need to pick up your child early, please **DO NOT CALL THE OFFICE** to ask that your child is ready for when you get here. They will be called only when a parent has arrived to collect them. This is in the interest of minimising work in what is already a very busy office and in reducing the amount of lost learning time for your child. It is also recommended that appointments are made out of school time, wherever possible.



Happy birthday to members of our OLA Community who will be celebrating their birthday this coming week....

**Sun 20<sup>th</sup> Feb**  
Adrian Farrugia

**Wed 23<sup>rd</sup> Feb**  
Roy Shim  
Blake Icaro

**Mon 21<sup>st</sup> Feb**  
Ally Fong  
Lucas Dobaj

**Thurs 24<sup>th</sup> Feb**  
Derek Sun

**Tues 22<sup>nd</sup> Feb**  
Johann Gonzales

**Fri 25<sup>th</sup> Feb**  
Ariah Clark

**Sat 26<sup>th</sup> Feb**  
Dannilee Vilila  
Lexie Terzo

### Student's Birthdays

Celebrating a birthday is something all children look forward to! In regard to birthday treats that are sometimes sent in, we kindly ask that you refrain from sending anything in during this COVID 19 period. This is to ensure that children are only eating food that is supplied and/or prepared by you at home.

At this current time, we also kindly ask that you **do not** send in non-edible items as birthday treats eg, pencils etc due to COVID 19 as it is always unknown as to who has handled the items from manufacturer to classroom. This restriction is aimed solely at doing everything we can to ensure the safety of your child.

### **Submitting an Item for our Newsletter**

If you would like to submit an item for approval to be printed in the OLA Newsletter, eg. a child's achievement, birth of a baby, prayers requested, etc. we ask that you email your item to the school by 12 noon on Thursday of the week you would like your item printed. As you can appreciate, children often inform us of achievements, events etc., however, we ask that these be advised in writing by a parent as children often miss important details. We thank you for your assistance.

### SPORT NEWS

#### ***OLA Cross Country***

*If your child is competing in the Cross Country this coming Tuesday, please provide them with plenty of water, and ensure they wear their sports uniform and hat. Students may wear a t-shirt to represent their house colour for the race. Thank you to the parent helpers that have volunteered their time for the day. Please come and see me before the first race for your jobs.*

#### **School Sport Trials**

##### ***Touch Football***

*Congratulations to Lucas Clarke and Ruby Millers for making the Parramatta Touch Football Team*

##### ***Tennis***

*Congratulations to Ethan Zachariah for competing against 16 other players and making it to the top 7*

*We are so proud to have such talented sports people at OLA*

*Lyndelle Batten*

*Physical Education Teacher & Sports Co-ordinator*

### **Theme of the Week**

#### **“Support Each Other”**

Our theme this week highlights the importance of supporting others in life. This support can come in many forms, from a kind word, to being there to help and encourage others. The children's support of each other's attempts and achievements is always a pleasure to behold. In our community, we encourage supporting each other at all times.

### Living Alongside our Neighbours

Please respect all properties neighbouring the school and ensure that our parking does not adversely affect our local neighbours, and the safety of everyone, particularly in surrounding streets. Our neighbours have a right to access their driveway and **parents must not park across driveways** or drive in an unsafe manner. A reminder that police and council officers regularly patrol (as has been the case recently) and fine drivers.

## Student Representative Council

Congratulations to our Semester 1 (Terms 1 & 2) Student Representatives that were recently elected by their class cohorts:-

|    |                                    |    |                               |
|----|------------------------------------|----|-------------------------------|
| 1B | Bianca Wallace<br>Leo Rosser       | 2B | Abhijna Sundaram<br>Leo Dabit |
| 1G | Chloe Cambourn<br>Liam Masters     | 2G | Alannah Said<br>Ashton Ko     |
| 1W | Addison Lawler<br>Lachlan Boje     | 2W | Millyana Pelaez<br>Aiden Ajay |
| 3B | Scarlett Buchanan<br>Arlo Nobleza  | 4B | Ally Flores<br>Brayden Zhu    |
| 3G | Clara Denisenko<br>Hayden Spiteri  | 4G | Zara Pisani<br>Luca Mazza     |
| 3W | Abbey Zahra<br>Arlo Barry          | 4W | Lauren Cauchi<br>Elijah Dabit |
| 5B | Chloe Bassili<br>Sebastian Georges |    |                               |
| 5G | Erica Sommer<br>Eli Nobleza        |    |                               |
| 5W | Zoe Bell<br>Luke Scanes            |    |                               |

Today we presented our Year 5 students with their badges.

Remaining badge presentations are as follows:

Monday 9:00am – Year 3 & 4

Wednesday 9:00am – Year 1 & 2

TO HAVE  
GOOD FRIENDS,  
YOU NEED TO  
BE ONE.



## EELS Blitz

On Tuesday, our Year 6 children participated in an EELS Blitz. Due to Covid protocols, this year the Eels visits were done via Zoom. Two Parramatta Eels players, Tom Opacic and Wiremu Greig spoke to our Year 6 students about qualities of a good leader emphasising that 'Good communication' and 'Leading by Example' are important traits of a quality leader.

The students then participated in a 'Kahoot' quiz where the students in teams answered questions relating to the Parramatta Eels. This was then followed by an opportunity for a Q&A. Here are some of the questions and responses:

Toughest Player at parramatta - Junior Paulo and Isaiah Papalii

Toughest player played against - Sam Burgess

Fastest Player at Parramatta - Waqa Blake

Toughest team to beat - Melbourne Storm

Will the Eels beat Panthers this year - YES!

Will the Eels win the Premiership in 2022 - YES!

We thank the Parramatta Eels for this initiative and wish them luck for the 2022 season ahead. *(Well Mr Cauchi does anyway!)*

*Congratulations to our students who have received awards this week:*

| Term 1<br>Week 4 |                      |                     |
|------------------|----------------------|---------------------|
| Student          | Academic Merit Award | St Francis Award    |
| KB               | Liam Mitchell        | Stella Marie Bunda  |
| KG               | Angela Shim          | Grace Leahy         |
| KW               | Charlotte Robertson  | Theodore Summerhays |
| Year 1 B         | Noah Hartz           | Chloe Tischler      |
| Year 1 G         | Owen Millers         | Thys Aldaba         |
| Year 1 W         | Braxton Reece        | Chloe Psaltis       |
| Year 2 B         | Emily Godden         | Evelyn McKee        |
| Year 2G          | Nevenka Topic        | Daniel Salac        |
| Year 2W          | Ari Vilathgamuwa     | Lucy Roberts        |
| Year 3 B         | Sebastian Nasso      | Arlo Nobleza        |
| Year 3 G         | Ariah Clark          | Tristan Cappello    |
| Year 3 W         | Harvey Fenech        | Amelia Fava         |
| Year 4 B         | Nadia Mileto         | Annie Blazey        |
| Year 4 G         | Jack Leahy           | Ilaria Buda         |
| Year 4 W         | John Vickers         | Madeleine Teo       |
| Year 5 B         | Isaiah Balangon      | Olivia Iori         |
| Year 5G          | Ella Ciantar         | Khai Aldaba         |
| Year 5W          | Olivia Medjumurac    | Fionn Galway        |
| Year 6 B         | Patrick Pacella      | Alonso Buda         |
| Year 6 W         | Olivia Vella         | Calla Zhu           |

