



Our Lady of the Angels School, Rouse Hill

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Newsletter
Vol. 3 No. 5

25th February, 2022
Term 1, Week 5

Dear Parents,

Please see the important email sent home yesterday regarding the easing of Covid regulations by the NSW Government.

Ash Wednesday Mass

This coming Wednesday is Ash Wednesday which marks the beginning of Lent. During this Liturgical season of the Church, children and adults may sometimes ask the question: "What is Ash Wednesday?" The ashes used are made by burning the remains of the palms blessed on the Palm Sunday of the previous year. Ashes are an ancient symbol of repentance (sackcloth and ashes). They also remind us of our conversion of our lives during this season of renewal. During Lent, the Church asks us to contemplate ongoing conversion. To achieve conversion, the Church proposes the practice of prayer, fasting and almsgiving.



It is the focal point of the church's liturgical year. It occurs forty days before Good Friday. We are reminded to be faithful to the Gospels. Believing in the Gospels helps us to walk with Jesus. We can be guided along this journey by such Gospel values as Love, Hope, Trust, Service, Forgiveness, Peace, Respect, Acceptance, Compassion and Justice.

Student Attendance

Australia has one of the very best education systems anywhere in the world. Each day, our young people are provided with opportunities to learn more about the world they live in through their experiences in and out of the classroom. Schools teach children about themselves, their relationships with others and about life beyond school. This includes preparing them for the workforce.

Regular attendance at school is critical to ensuring that every student has the kind of opportunities in life that he or she deserves. When students are not at school, they are missing out on so much. Without the knowledge, the skills or the support that schools are so good at providing, young people can get left behind and find themselves underprepared for the fast-paced and often very challenging world.

Baby Time

Our best wishes to Mrs Grunsell (now on official maternity leave), her husband Kevin & son Walt as they await the birth of their latest member of the family. Our thanks and appreciation to Mrs Grunsell for her outstanding commitment and effort to all she does at OLA.

NEWS FLASH: Mrs Grunsell had a beautiful baby boy this morning, Lachlan William Grunsell. Congratulations to Mrs Grunsell and her husband.

Thank you for your continued support. It is in partnership that we can achieve great things for our children.

Tony Calabria
Principal

KINDERGARTEN 2023 ENROLMENT INFORMATION SESSION AND SCHOOL TOUR

Thursday 10th March

Commencing at 9.30am with a presentation and tour (for approximately 1 hour)

Please pass this information onto family, friends, neighbours etc who may wish to enrol their child into our school.

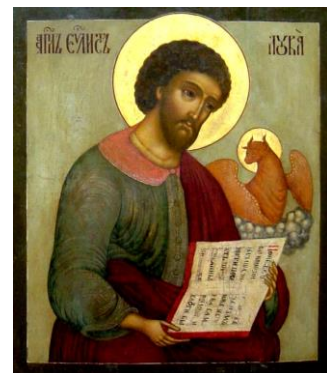
NEWSLETTER

Eighth Sunday of Ordinary Time (27th February 2022)

Luke 6:27-38

GOSPEL REFLECTION

Today's gospel is made up of three separate teachings of Jesus that have been put together by the gospel writer to convey a particular message. When taken together, the three teachings all shed light on the way believers influence one another in community. It is a call to witness to one another through actions as well as words. Before we seek to teach another we must ensure we have adequately learned the lesson ourselves. We must be self-appraising before we critique another. Finally, our actions towards one another are a reflection of our intentions; good actions come from goodness of the heart.



PANCAKE DAY ALSO CALLED SHROVE TUESDAY

It is the last day before Lent begins.

Lent is the time leading up to Easter when people often give up something. In the past, people were not allowed to eat foods such as eggs, so to use them before Lent began, they would make pancakes.

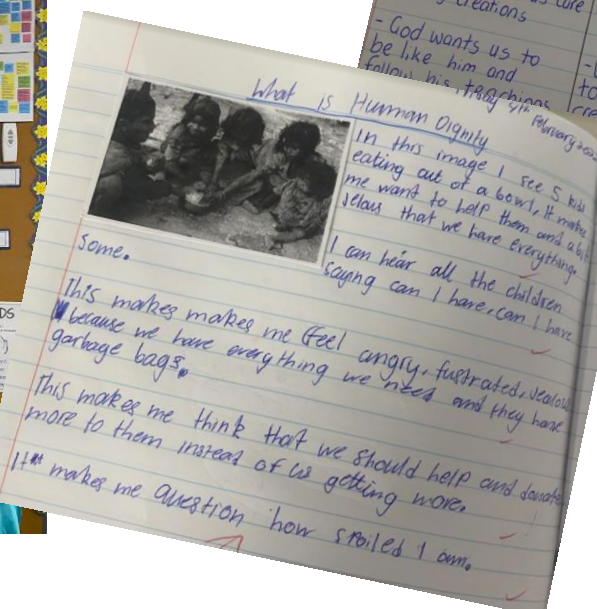
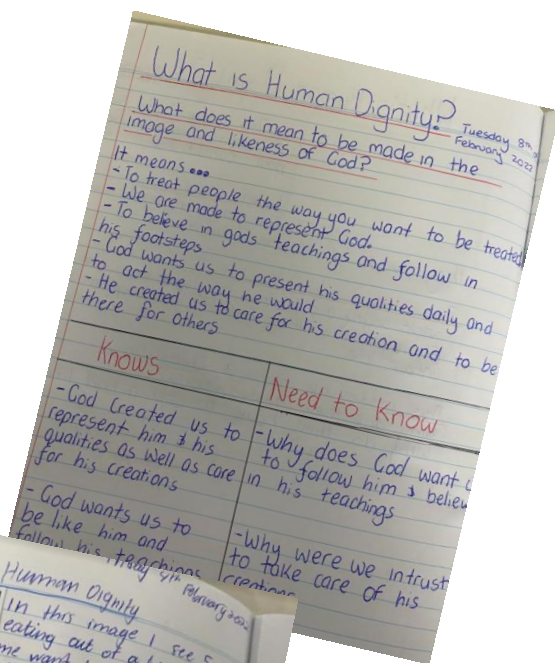
ASH WEDNESDAY SERVICES

The children at OLA will be attending mass in the school grounds on Ash Wednesday, where they will receive the ashes sprinkled on their foreheads. We will continue with the original organisation and keep this event for students only.

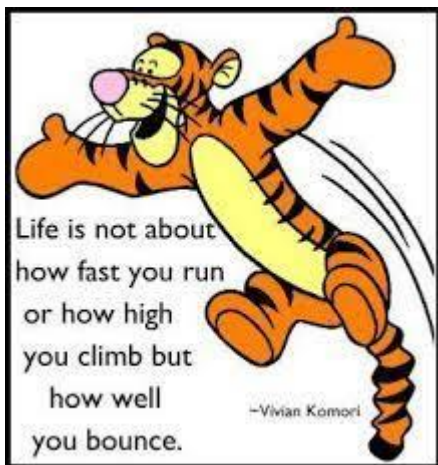
PARISH SERVICE @ OLA CHURCH

Mass will be held at 9am and 7pm for the OLA community.

WHAT IS HAPPENING IN RELIGIOUS EDUCATION IN OUR CLASSROOMS



We 'BOUNCE BACK' at Our Lady of the Angels



We are all capable of developing skills and strategies to 'Bounce Back' and build resilience. Over the next two weeks students will identify important steps that can be taken to resolve conflict.

When faced with conflict, students at OLA are encouraged to...

1. Calm down by taking a deep breath, taking a break or thinking of something calming
2. Take turns speaking using 'I' statements
3. Agree on a solution

What are 'I' statements?

'I' statements allow children to name what happened, state how it made them feel and identify what they would like to happen next.

Example: 'When you took my pencil, I felt upset because it is my favourite pencil, so I would like it if you asked me before you used my pencil.'

We ask that you continue this conversation at home to identify the strategies that work best for your child/ren. You may like to discuss the strategies that can be used at home and the different strategies that can be used at school.

You may like to watch this catchy music clip together. [The Playground Craze - BounceBack Video on Youtube.](#)

Changing Going Home Arrangements

A reminder to parents that our official school day is from 8.50am – 3.10pm and that your child is required to be present between these times. Children should not be taken out of school early unless it is for an important reason (ie appointment for specialists etc). Likewise, any changes of going home arrangements should only be made in cases of emergencies. As you can appreciate, contacting classes for children to come to the office for early departures or to advise going home changes is disruptive to the learning, in particular to the whole school if the class is not in their room and an announcement needs to be made.

We ask that all early departures and changes to going home arrangements are advised by email (if before 1.30pm) to ola@parra.catholic.edu.au or by telephone if after 1.30pm.

Please note children will only be called to the office when you arrive to collect them. We ask that you do not contact the office requesting your children be ready and waiting for your arrival as delays in traffic etc may result in children waiting for long periods.

We thank you for your support in this area.

Help them decode words by reading aloud

An awareness of the letters and sounds words make and understanding how they blend together to make words and sentences is called decoding. When you read you determine what the words are and whether they make sense in a sentence. The only way to check how your children decode, is to ask them to read aloud. This forces them to go slower, which gives them more time to process what they read, hearing the words as well as seeing the words on the page.

Find the right books

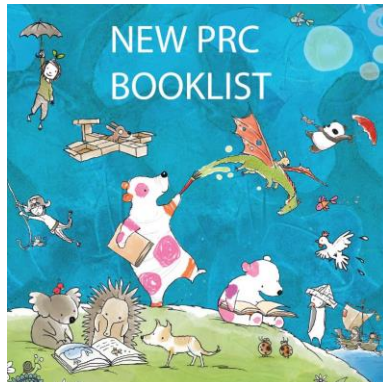
It's important not to set the bar too high. Generally, your child should recognize 90% of the words in the books they read in order to feel comfortable with the reading process. Stopping more often will interrupt the flow and will just confuse him or her as they try to focus on the overall meaning of the story. Obviously, also pick stories that interest them. It could be fairies, adventures, cars or Star Wars. We all prefer to read books about things we are interested in, so let your children do the same.

[Source:](#)



Premier's Reading Challenge (PRC) aims to encourage a love of **reading** for leisure and pleasure in students, and enables students to experience quality literature. The **challenge** encourages students to **read**, to **read** more and **read** more widely. The **2022 NSW Premier's Reading Challenge** will be launched on **28th February** this year and further information can be found on the [PRC website](#).

At OLA we would love **all** students to participate in this year's challenge. There will be a pizza lunch for the grade with the greatest percentage of participants.



[Click on here](#) for the 2022 New Booklist

Challenge Level	Number of books needed to complete the Challenge	Minimum number of PRC books for your Challenge	Maximum number of personal choice books	PRC booklist selection
K-2	30	25	5	K-2, 3-4, 5-6
3-4	20	15	5	3-4, 5-6, 7-9
5-6	20	15	5	5-6, 7-9

Lisa Hurst, Literacy Coordinator

Kindergarten 2023 Sibling Enrolment Intention

If you are intending to enrol any sibling/s of students already at OLA for Kindergarten in 2023, please complete the Google form via the link below. This information will assist us in preparing for next year's intake of students. Enrolment packages will be sent home shortly with your eldest child.

<https://forms.gle/qUQw7WTsP1LiG23j7>

MacKILLOP HOODIES

We are proud of our school uniform and how smart the children look. As the representative season begins, children that represent MacKillop often purchase a hoodie to mark the event. A few students have been wearing these to school as a substitute to the normal school jumper/jacket. This MacKillop sports hoodie is not part of our school uniform.

From Term 2 onwards, MacKillop representative clothing will not be permitted to be worn at OLA.

Many thanks for your continuing support in this area.

Do you Have the Information you Need?

Thank you to the many parents who contact the teachers, the office, Mr Cauchi or Mr Calabria directly with questions, concerns, feedback, issues and more importantly to seek clarification. Society is such that information is often misconstrued or acts like 'chinese whispers'. Common sense should always prevail. Today's sensationalistic media does not help with the dissemination of accurate information. It is always paramount that if you are unsure that you speak to the people that know and have the correct information.

*To that end, please always send any emails to ola@parra.catholic.edu.au and these will be forwarded to your child's teacher, Mr Calabria or Mr Cauchi. Please **DO NOT** send any emails to your child's teacher directly.*



Happy birthday to members of our OLA community who are celebrating their birthday this coming week...

Sun 27th Feb

Adrian Kajavshekan
Skye Batra

Tues 1st Mar

Samuel Cauchi

Mon 28th Feb

Ally Flores
James Lowe
Ashlee Charlton
Miss Pina Grima

Thurs 3rd Mar

Alana Apap

2.22pm on 22.2.22

Last Tuesday the school enjoyed a dance off to the song 22 for 2m22s at 2.22pm on 22.2.22. The 2m22s video of the children enjoying this moment will be posted on our Facebook page earlier next week.

PLEASE NOTE:

There has been a case of chicken pox in the school. Please monitor for any symptoms in your child over the next week or so.

Are you missing out?? Join our Facebook page.

Keep up to date with news from OLA
See what is happening at OLA
Visit our Facebook page

<https://www.facebook.com/OLARouseHill> Or Click on the facebook f in the top corner of our school website

Be sure to 'like us'

Theme of the Week "Doing Your Best"

As a learner it is important that you are always doing your best in everything you do, in academics, behaviour, relationships etc. Expecting the 'best' from our children and encouraging them to always give their best allows their true potential to shine. Children who always do their best are usually content with the effort they have put into a given task or the behaviour they have displayed and are not continually saying 'I could have done better'. Doing your best at your own level is one key to success; it does not always mean coming first.

SPORT NEWS

OLA Cross Country

A new date for the OLA Cross Country is yet to be finalised as we are working with the council to determine availability of grounds.

Zone OLA Swimming Team

Best wishes to our zone OLA Swimming Team (as listed in the week 3 newsletter) who will this Tuesday, compete against other schools in our cluster. We are all proud of you!

Mrs Lyndelle Batten

Physical Education Teacher & Sports Co-ordinator

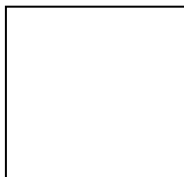
Wet Weather

Please note that umbrellas are not to be used by the students inside the school grounds. It is essential that the students, if need be, only use a raincoat

With the current wet weather, we have had a number of children having various types of umbrellas at school, ranging from small 'Frozen' umbrellas to golf umbrellas. The temptation to twirl these when open, along with the wind taking them, as you can appreciate in a group of children can be problematic.

As an exception if children are walking home we ask that they wear a raincoat and if they wish to use an umbrella, they may do so once they are outside the church gates and they are away from other students.

Please assist us by supporting us in this area



School Fees

All families should have received their school fees in the mail over the last week.

If you have not received them, can you please send an email to hgoldsworthy@parra.catholic.edu.au and a copy will be forwarded to you. If you are not opting to pay by the flexible payment plan, the fees are due and payable on 18th March 2022. Please remember that we are no longer accepting cash over the counter. Any cash payments can be made via AustPost using the relevant reference codes on the front page of your school fees.

If you have any queries at all, or wish to discuss a payment plan, please do not hesitate to contact Mrs Goldsworthy.

Keeping our Children Safe

Reminder: For the safety of all in our community, please park 'Rear to Kerb' and use the designated crossings in the car park (ie, not trample across the gardens).

Disabled Parking Space

Please only use these spaces if you are the holder of a disability parking scheme permit. This must be displayed on your windscreen.

Thank you for your co-operation in supporting members of our community.

From the Parish Office...

Ash Wednesday – 2nd March

There will be two parish masses this week for Ash Wednesday. These will be held at 9.00am and 7.00pm in the Church with ashes being distributed.

Sacraments

Children in Year 3 or above who have been baptised are invited to join our Reconciliation program which will commence on Thursday, 3rd March. For further information please contact the parishoffice@ourladyoftheangels.org.au

Youth - Angels Hang-Out

Students in Year 5 & 6 are welcome to join the Youth Group every Friday afternoon from 3.30pm – 5.30pm. Term fee is \$10.00 or casual fee is \$2.00. BYO afternoon tea and a drink. See you in the Parish Hall.

Student Representative Council

Congratulations to our Semester 1 (Terms 1 & 2) Student Representatives (listed in last week's Newsletter) that were recently presented with their badges:-



High School Open Days

Santa Sophia College

See website for details

Marian College Tours

Tuesday, 15th March 2022. 4.30pm – 6.30pm

Please register:

www.mariankenthurst.catholic.edu.au

Oakhill College Open Day –

Sunday, 6th March, 2022. 10am – 2pm.

Please register: www.oakhill.nsw.edu.au

Mount St Benedict Open Day –

Sunday, 6th March, 2022. 10am – 2pm.

Please telephone the school office for more details. 9980 0444

OLMC Open Day –

Sunday, 6th March, 2022. 10am – 2pm.

Visit www.olmc.nsw.edu.au to make a booking

Technology Tip Week 5

Create tech-free zones. Keep [family mealtimes](#), other family and social gatherings, and children's bedrooms screen free.

Turn off televisions that you aren't watching, because background TV can get in the way of face-to-face time with kids.

Recharge devices overnight—outside your child's bedroom to help him or her avoid the temptation to use them when they should be sleeping.

These changes encourage more family time, healthier eating habits, and better sleep.

Congratulations to our students who have received awards this week:

Term 1 Week 5		
Student	Academic Merit Award	St Francis Award
KB	Natalie Abd	Xavier Williams
KG	Rome DCruz	Oscar Niezabitowski
KW	Noah Lesar	Gisele Jakovlevic
Year 1 B	Angeline Garcia	Aria Navarro
Year 1 G	Eden Gresser	Daniel Orlando
Year 1 W	Joshua Shnoudi	Mia Camilleri
Year 2 B	Harrison Vella	Ava Zhu
Year 2G	Devik Manku	Aurora Crosato
Year 2W	Roy Shim	Natalie Balangon
Year 3 B	Asher Davidson	Eva-Grace Naim
Year 3 G	Mason Hession	Noah De Leon
Year 3 W	Brae Aldaba	Jai McLuskey
Year 4 B	Arella Sales	Jeremiah Chayban
Year 4 G	Ally Fong	Samuel Ewer
Year 4 W	Hannah Burgess	Elijah Dabit
Year 5 B	Sophia Mangano	Max Masters
Year 5G	Cooper Ross	Charlotte Naim
Year 5W	Noah Cleary	Joshua Stewart
Year 6 B	Alexandra Terzo	Elijah Atkins
Year 6 W	Troy Noel-Osimen	Chelsea Strong

Artist of the Week

Our very first Visual Arts display for the year is on view outside the library.

Congratulations to our Artists of the Week:-

Kindy - Zachary Fernando
 Year 1 - Arianna Manago
 Year 2 - Nevenka Topic
 Year 3 - Sofia Montgomery
 Year 4 - Madeleine Teo
 Year 5 - Blake Icaro
 Year 6 - Mia Lee

