



# Our Lady of the Angels School Rouse Hill

Vol. 4 No. 29

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20<sup>th</sup> October, 2023 Term 4, Week 2

Newsletter

#### **Dear Parents**

#### **Grandparents – So much Wisdom & Experience all in One Place**

This morning, we gathered for Grandparents' Day to celebrate the gift of grandparents in our lives. The assembly area and surrounds were crammed to capacity with those older and wiser and those younger and willing to learn. The weather was perfect, as were the children.

Our assembly in honour of our much loved guests was outstanding. My sincere thanks to all the staff of OLA for their efforts in making the morning so memorable and opening their classrooms to our visitors. Thank you to all of our students as they were just beautiful.

Thank you to Ms Grima for co-ordinating the celebrations, to Miss O'Connor for leading the band, to Miss Hogan for leading our dance crew, to Mrs Cheadle and Miss Brown for leading the choir, to all our students and staff of Year 2 for their lovely poem and to Kindergarten for their beautiful song, to Mr Cauchi for being our MC and to Mr Borg for setting up and ensuring our grounds always look fantastic. Our appreciation and gratitude for the lovely morning tea, generously co-ordinated by the P&F and the many parent volunteers who prepared, set up, served and packed up all with a beaming smile. The grandparents loved being treated to a beautiful morning tea.

Thank you to Mr Joe Apap (Grandparent of Alana, Noah & Olivia) for leading the performance of 'Sweet Caroline' with the children. What a wonderful way to finish our assembly.

The words of praise from our visitors were extremely appreciative of the welcoming atmosphere and of the quality Catholic Education that takes place at OLA. See the next page for photos along with photos and video on our Facebook page.

#### Thank you to our talented staff at Our Lady of the Angels

This coming Friday 27<sup>th</sup> October is World Teachers' Day where we take a moment to acknowledge all teachers/staff in schools across the world. Christ's blessings are clearly evident in our amazing OLA staff. They are truly a gift to be celebrated. Particularly for their dedication and their important role in the lives of the children. Our sincere appreciation for their generosity, time and talents, and their love for the children. Their commitment and passion to their teaching ministry is a challenge, but one full of rewards. While acknowledging that parents are the first and foremost educators of their children, teachers are asked to join in that privilege of assisting the child to grow and develop. It is the partnership between home/school/parish that nurtures the child and allows them to grow into their full potential.

As teachers/staff, we try to educate the total person – spiritually, academically, socially, physically, culturally and emotionally. It is an enormous task to take a class of children into your care and develop each one individually. The children come to us in Kinder with all their personalities, attitudes, values, skills and knowledge well established. The first 5 years at home is crucial to what kind of person they are going to be. From this foundation, we continue the journey of learning here at Our Lady of the Angels until they leave us at the end of Year 6.

The teachers' role is vital to society. World Teachers' Day celebrates teachers/staff and their vocation in Catholic Education. We are blessed here at Our Lady of the Angels to have such outstanding and caring teachers/staff.

Due to a number of other events on the same day, teachers/staff will be treated to a lovely morning tea coordinated by the Parent and Friends Association later this term, on Thursday 23<sup>rd</sup> November.



To the world, you may just be a teacher. But to your students, you are a hero. Thank you for always guiding us. Happy World Teachers' Day.

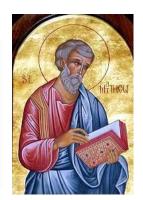
Thank you for your continued support. It is in partnership that we can achieve great things for our children.

Tony Calabria, Principal



# TWENTY-NINTH SUNDAY IN ORDINARY TIME YEAR A (22.10.2023) Gospel Reflection Matthew 22:15-21

The gospel of Matthew tends to treat the Pharisees rather harshly. In fact, they had more in common with Jesus' style of teaching than other religious groups of the time and some have suggested that Jesus may even have been quite closely associated with the Pharisees. The role of the Pharisees was to interpret the Torah – the Law – for everyday people. They were teachers and preachers who often had a group of disciples who were their followers. The community in which the gospel of Matthew was written regarded the Pharisees harshly because they saw Jesus – not the Pharisees – as the rightful interpreter of the Law. This gospel passage is sometimes interpreted as Jesus' endorsement of the Christian responsibility to state authorities. It has been interpreted as affirming the obligation to pay taxes and participate in the processes of government. In fact, Jesus neatly avoided the direct question put to him and never gave a response to the question of paying taxes. Rather, he made the question a much broader one and reminded people that their first obligation was to God, not the state.



#### Parish Mass:

Please see below the timetable for remaining Parish Masses and school Masses that the children will attend this term. Parents are most welcome to join the children at any of the Masses as we celebrate the Sacrament of the Eucharist.

WEEK 3: Stage Two - Tuesday - 24th October at 9 am

WEEK 4: Whole School Mass - All Saints Day - Wednesday - 1st November at 10am

WEEK 5: Stage Three/Kindergarten - Wednesday-8th December at 9 am

**WEEK 6:** Stage One - Tuesday - 14th November at 9 am **WEEK 7:** Stage Two - Tuesday - 21st November at 9 am

**WEEK 8:** Stage Three/Kindergarten - Wednesday - 29th November at 9 am

WEEK 9: Whole School Mass End of Year Mass - Friday-8th December at 9 am

WEEK 10: Christmas Concert - Tuesday 12th December at 1:30 pm - 3.00pm

#### What's happening with RE in the classroom...

The month of October is dedicated to the Holy Rosary, one of the best-known of all Catholic devotions. This week and this coming week, our students have been praying the Rosary in the church with Father Omar. Thank you to those parents and carers who have been able to join us as we participate in this special devotion. Remaining grades (Year 1 & Year 6) will be visiting the Church in week 3. Please note that the Year 6 time has changed.

| J                   |         |          |  |  |
|---------------------|---------|----------|--|--|
| Week 3              | Tuesday | Thursday |  |  |
| 11:30 am - 12:00 pm | Year I  |          |  |  |
| 1:00 pm- 1:30 pm    |         |          |  |  |
| 2:30 pm- 3:00 pm    |         | Year 6   |  |  |

#### GRANDPARENTS' DAY

When God created grandparents, The world was truly blessed with all the special joys.

That make out family the happiest.

For grandparents know how to do the little things

That warm our heart

They touch our lives with love and care Right from the start.

They show that they believe in us And what we're dreaming of . . . When God created grandparents He blessed our lives with love.



November 1st-All Saints and November 2nd-All Souls We will celebrate All Saints

We will celebrate All Saints Day and All Souls Day. We keep in our prayers all those who have gone before



us who are now at eternal rest with Christ by their side.

Please join the OLA community for 10am All Saints Mass.



Happy birthday to members of our OLA community who are celebrating their birthday this coming week.....

ini

| Wed 25 <sup>th</sup> Oct |
|--------------------------|
| Ashton Ko                |
| Avantika Rang            |
|                          |

| Mon 23 <sup>rd</sup> Oct | Thurs 26 <sup>th</sup> Oct |
|--------------------------|----------------------------|
| Kevin Dinh               | Marcelo Ira                |

| Tues 24 <sup>th</sup> Oct | Sat 28 <sup>th</sup> Oct |
|---------------------------|--------------------------|
| Daniella Spiteri          | Luca Galea               |
|                           | Angeline Garcia          |
|                           | Nevaeh Macquet-Ma        |

#### **School Fees**

Thank you to all families who have paid their 2023 school fees.

All fees are now due and payable unless you are on a payment plan. If you have fees outstanding, could you please attend to the payment of these as soon as possible. If you need an extension of time, please contact Helen Goldsworthy as soon as possible.

Best Wishes to our Year 5 students who this coming Thursday & Friday will travel to Bathurst as part of their HSIE Unit. Our appreciation and thanks to Mrs Cheadle, Mrs Dela Cruz, Miss Jurcevic, Mr Campbell and Mr Cauchi for their generosity of time and self in taking the students away overnight.

#### Kindergarten 2024 Information Evening For Parents

Our Kindergarten Parent Information Evening for students enrolled in 2024 will be held on Wednesday 25<sup>th</sup> October at 6.30pm.



#### **Dates to Remember**

Week 3

Tues 24<sup>th</sup> Oct Year 6 Excursion to Western Sydney Parklands
Thurs 26<sup>th</sup> Oct Year 5 Bathurst Overnight Excursion
Fri 27<sup>th</sup> Oct Year 5 Bathurst Excursion

Kindergarten Incursion
World Teacher's Day

Week 4

Mon 30<sup>th</sup> Oct Year 3 Excursion to Penrith Lakes Centre
Wed 1<sup>st</sup> Nov All Saints Day – Whole School Mass 10.00am

All Welcome

Thurs 2<sup>nd</sup> Nov All Souls Day

Year 1 Science Incursion

Week 5

Mon 6<sup>th</sup> Nov Year 2 Science Incursion Wed 8<sup>th</sup> Nov Year 3 Science Incursion

Fri 10<sup>th</sup> Nov 10.40am Remembrance Day Prayer 2.30pm Whole School Assembly

Presented by Kindergarten. All Welcome

Week 6

Tues 14<sup>th</sup> Nov 9.00am Years 1 & 2 Parish Mass. All Welcome

Year 5 Surf Ed – Dee Why Beach
7.00pm P&F Meeting. All Welcome
Thurs 16<sup>th</sup> Nov
Kindergarten 2024 Orientation Sessions
Fri 17<sup>th</sup> Nov
2.30pm Whole School Assembly
Presented by Year 6. All Welcome

## Are you Still Regularly Late?

School begins at 8.50am sharp. Thank you to the parents who ensure their children are at school on time. Students who are late miss important announcements and, more significantly, vital learning in the classroom.

Additionally, late children disturb the learning of others and are very self-conscious of entering after everyone else. Surprisingly, the children blame mum or dad not being ready whilst mum or dad tend to say it's the children.

From 8.50am a parent MUST accompany their child to the office to be signed in.

#### Change of School

To estimate enrolments for 2024, it would be appreciated if the school could be notified in writing of any children who may be leaving OLA at the end of the year from grades other than Year 6. The Notice of Withdrawal Form can be found on our website.

## **Literacy News**

#### **OLA Spelling Bee**

The OLA students will receive their spelling bee words on Friday 17th November.

The Infants classes will conduct their spelling bees in their classroom in Weeks 7 & 8, and a spelling bee champ will be awarded.

The Primary Spelling Bee final for the eight Years 3-6 finalists will be held on Thursday 7th December at 2:15 pm. Years 1 to Year 6 will attend, and the Kindergarten students will join in at the end of the final for the presentation of the Spelling Bee Champs' awards. All are welcome to attend. We will follow the 'The Premier's Spelling Bee Competition Procedures' during the Spelling Bee Final.





#### Helping your child with Spelling

- Draw attention to words in the environment and in the books you read together, for example: 'Look at those two words ... they almost are identical except for the last letter'; 'That word is really long'; 'That word is French'; 'That word has three syllables in it'; 'Those two words rhyme'.
- Play games with spelling. Play games like Scrabble, crosswords, making words from number plates, letters in your names, and words that can be spelt the same forward and backward. Look for spelling apps you can play together, such as Boggle.
- Play word games like thinking of rhyming words, opposites, or words that sound like their meanings. The Internet has many fun and free spelling activities.
- Point out unusual words in the books you read together.
- Look for words in the environment.
- Show that you care about spelling. Ask: 'Who knows how to spell ...' Say that you will write it down and take a look at it to see if it looks right.
- Children learn to spell by writing and noticing words when they read. Make reading and writing an integral part of your child's day.

Source: Primary English Teaching Association Australia.

Lisa Hurst **Literacy Coordinator** 

#### Technology Tip - Week 2 Free eSafety Webinars - Update

Below are updated eSafety Webinars for Term 4. These are aimed at all parents and caregivers to promote the responsible use of technology for children.

#### **Wellbeing and Digital Technologies**

This 30-minute webinar is designed for parents and carers of young people. It will focus on the digital skills to protect and support young people's wellbeing online.

Term 4 dates (Australian Eastern Daylight Time) 24 October: 12:30 pm to 1:00 pm 15 November: 7:30 pm to 8:00 pm

Click here to register.

#### LIBRARY MONITORS Term 4

Congratulations to Avery Grace, Jenessa De La Cruz and Jeslin Jaijin Jose who will be the Library Monitors for this term.





## **KINDERGARTEN 2024**

If you have a child commencing in Kindergarten 2024, please take note of the following upcoming dates for the Parent Information Session and the childrens' orientation days. Please note which session your child needs to attend. Parents are not required to remain at the orientation sessions.

#### **Kindergarten Information Evening for Parents Only**

Wednesday 25<sup>th</sup> October at 6.30pm

#### **Kindergarten Orientation Sessions**

**Thursday 16<sup>th</sup> November** 

9:15am-10:45amStudents with surnames A-C and D-L11:45am-1:15pmStudents with surnames M-R and S-Z

Wednesday 22<sup>nd</sup> November

9:15am-10.45am Students with surnames A-C and S-Z 11:45am-1:15pm Students with surnames D-L and M-R

**Thursday 30<sup>th</sup> November** 

9:15am-12 noon All students - Parents are asked to stay for the first 45 minutes.



#### **IMPORTANT DATES – PLEASE NOTE**

We will soon publish our Term 4 Parent Calendar. Please note some dates may need to be adjusted depending on confirmation of mass times, unpredictable weather etc.

Please note: The children's last day to finish the 2023 school year will be <u>Thursday 14<sup>th</sup> December</u>. Friday 15<sup>th</sup> & Monday 19<sup>th</sup> December are Staff Development Pupil Free Days.

Additionally you may wish to mark in your diary the following dates:-

Swimming Carnival – Friday 1<sup>st</sup> December Years 2 – 5 (Blacktown Aquatic Centre) All Welcome End of Year Mass – Friday 9<sup>th</sup> December (Mass time to be confirmed) All Welcome Christmas Concert – Tuesday 12<sup>th</sup> December 1.30pm – 3.00pm All Welcome Student Waterslide Fun Day – Wednesday 13<sup>th</sup> December Year 6 Graduation Mass – Thursday 14<sup>th</sup> December 6.00pm All Welcome Last day for all Students – Thursday 14<sup>th</sup> December

#### **Birthday Treats**

We kindly ask that you continue to <u>NOT</u> send in any birthday treats of any kind, edible or non-edible. This is the ensure that children are only eating food that is supplied and/or prepared by you at home. Continuing this practise at this time is aimed solely at doing everything we can to ensure the safety of your child, particularly as Covid is often still present within the wider community.

#### **OPAL CARDS**

Applications for 2024 School Student Transport Scheme (SSTS) travel open at the start of Term 4 2023, so parents/students can apply or update details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year.

#### Theme of the Week

"Work, Rest and Play"

Our children's days (as with adults) alternate between work, rest and play. Unfortunately balancing these three important areas is indeed a challenge. For most, the main area that research seems to indicate as suffering is the 'rest' component. Many children tend to avoid sleep or don't get enough of it. Lack of sleep perpetuates itself in a child who lacks concentration, is always tired and doesn't have the energy to do their best. Why not take time to discuss and revise bedtimes.



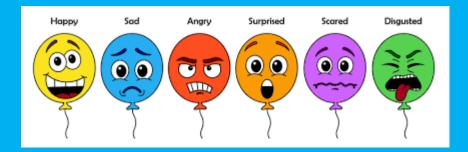
# We Bounce Back at OLA

#### **Emotional Literacy**

Emotional literacy is the ability to express our emotions and feelings using speech and other forms of communication. It's an important skill for children to develop from a young age which can help establish a stable relationship with their own emotions. Emotional literacy is a key aspect of emotional intelligence, which means our overall ability to deal with emotions. Emotional literacy focuses on how we communicate our feelings and how well we can read others' emotions. Whilst some children will naturally be comfortable doing this, others might need more encouragement and support. Without emotional literacy, children will struggle to express their feelings appropriately and might be confused or alarmed by the emotions of others.

Claude Steiner believed that emotional literacy was key in helping humans, especially children, handle their own emotions in an empowering way that would also improve their quality of life. Steiner also broke emotional literacy down into five distinct parts:

- knowing your feelings
- having a sense of empathy
- learning to manage our emotions
- repairing emotional problems
- putting it all together, also known as emotional interactivity



We can support children in developing emotional literacy by encouraging them to reflect upon different emotions. We can do this by discussing what these emotions LOOK like, FEEL like, SOUND like.

#### **Year 5 Colonial Day**

Last Friday Year 5 participated in their entry event to start their new learning about Australian Colonies. We enjoyed dressing up in olden day clothing and experiencing what life was like when the First Fleet arrived through multimedia, photos and activities.













# Welcome to School TV



#### What is School TV?

Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting relating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some of the challenges being faced by young people today. Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle. Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Explore SchoolTV today!

#### In this edition of SchoolTV - HAPPINESS & GRATITUDE

Happiness is a term that captures a huge variety of positive emotions such as humour, serenity, optimism, joy, pride, inspiration, love and hope. Happiness means different things, to different people and is essential to your understanding of emotional literacy. Throughout history, philosophers,



religious writers and poets have pondered on the meaning of happiness and how it might be achieved. In the last few decades, scientists and psychologists have researched this further by studying a field of science called positive psychology.

The result of this research suggests there is a strong correlation between gratitude and greater happiness. Practising gratitude helps you shift your focus to positive memories or experiences, noticing the good in your life. Over time, this will re-wire your brain to create new neural pathways, increase your state of happiness and overall wellbeing.

In this edition of SchoolTV, parents and care-givers will learn how to achieve happiness and the benefits of practising gratitude.

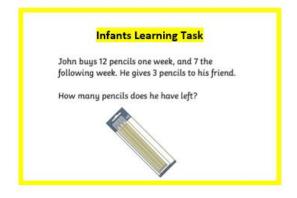
Here is the link to the **Happiness & Gratitude** edition of SchoolTV <a href="https://olarousehill.catholic.schooltv.me/newsletter/happiness-gratitude">https://olarousehill.catholic.schooltv.me/newsletter/happiness-gratitude</a>

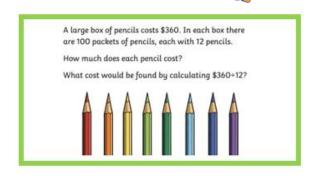
#### How do I access School TV?

Simply click on the link of the specific topic included in the newsletter under the SchoolTV heading. Alternatively you can go to our website, <a href="https://www.olarousehill.catholic.edu.au/">https://www.olarousehill.catholic.edu.au/</a> and click on the 'Community' tab and select the 'School TV' link.

#### **MATHS FUN**

Can you solve our Maths problems for this week? Please bring your answers to share with Mrs Vella next week!





#### **Student Awards**

Congratulations to the following students who received awards in Week 10 of Term 3. (No awards were presented this week as it was a short week)

| Term 4<br>Week 2 |                       |                    |  |  |
|------------------|-----------------------|--------------------|--|--|
| Student          | Academic Merit Award  | St Francis Award   |  |  |
| KB               | Harrison Maher        | Toby Gorrell       |  |  |
| KG               | Charlotte Ranieri     | CJ Castro          |  |  |
| KW               | Alexis Turnbull-Lopez | Aria Rich          |  |  |
| Year 1 B         | Ashton Slieman        | Aston Wiles        |  |  |
| Year 1 G         | Samara Whitsed        | Mason Cafolla      |  |  |
| Year 1 W         | Mia Bonavita          | Sari Camilleri     |  |  |
| Year 2 B         | Sophia Ali            | Chloe Fava         |  |  |
| Year 2G          | Noah Hartz            | Eleora Kerollos    |  |  |
| Year 2W          | Freya Weinert         | Imogen Grace       |  |  |
| Year 3 B         | Luis Flores           | Nevenka Topic      |  |  |
| Year 3 G         | Miguel Rivera         | Asmara Arora       |  |  |
| Year 3 W         | Mia Pennati           | Aiyonce Sapumanage |  |  |
| Year 4 B         | Jaxon Hili            | Jeslin Jaijin Jose |  |  |
| Year 4 G         | Charlotte Eyres       | Fraser Filipo      |  |  |
| Year 4 W         | Clara Denisenko       | Nicholas Smith     |  |  |
| Year 5 B         | Antonio Dinos         | Mason Howell       |  |  |
| Year 5G          | Alexander Gobran      | Alessia Costa      |  |  |
| Year 5W          | Olivia Blackman       | Tristan Williams   |  |  |
| Year 6 B         | Fionn Galway          | Zoe Bell           |  |  |
| Year 6 G         | Sophia Mangano        | Divena Sundaram    |  |  |
| Year 6 W         | Alyssa Nichols        | Felicity Gresser   |  |  |

# IMPORTANT NOTICE Facebook/Messenger

<u>Please note</u>: There are <u>NO</u> official grade Facebook pages. These pages are not to have a school crest/logo etc, as they are not endorsed, contributed to or seen by the school. As a result, there can often be inaccurate information regarding uniform changes, questions about reading levels etc. Parents are always encouraged and welcome to direct questions to the school office, teachers, Mr Cauchi or Mr Calabria for accurate information.

Congratulations to Bryden Zhu who competed at the Australian Taekwondo National Championships in Perth. He fought hard and come home with a National Silver Medal in his division.

Well done Brayden, you are

amazing.

#### **OLA FACEBOOK PAGE**

For up to date information and events,
Visit our Facebook
pagehttps://www.facebook.com/OLARouseHIII

Or Click on the facebook f in the top corner of our school
website
Be sure to 'like us'

