

Dear Parents

## Our Beautiful Children

Our first priority at Our Lady of the Angels is our children. We aim to develop each child according to their ability. We strive to develop the whole child, that is to develop each child spiritually, emotionally, socially, physically, and academically. For our school to do its job effectively, the ongoing interest and involvement of parents is vital. Teachers and parents working as partners means common goals can be established and developed more effectively and efficiently. It is important that the children see teachers and parents supporting each other. Working together assists the children's development and learning in so many ways.

A happy, supportive, and harmonious link between teachers and parents with realistic common goals creates a unified approach. When a child perceives a breakdown in communication of this vital link, a child experiences conflict and may play one off against the other. We are very fortunate at OLA to have supportive and caring parents, not only supportive in developing fantastic community spirit, raising funds, but more importantly loyal and supportive in helping and assisting their children's learning.

Sometimes with today's busy and hectic lifestyles it is easy to leave school to the teachers but when we reflect on the points below it is well worth remembering that the link between teachers and parents is paramount in our children's education.

- ❖ A child's performance is strongly influenced by his or her parents' attitude to the school.
- ❖ Achievement levels tend to rise when parents are seen to be interested and involved in their child's schooling.
- ❖ Parents have many ideas and skills that can be very useful to their school community.

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The Gospel from Mt 5:1-12 "The Beatitudes" is a simple but powerful and reflective prayer that Jesus shared with us and it also shows what it means to have a 'Beaut Attitude' in the busyness of life, our interactions and relationship with those we meet and our own disposition.

Take a moment to read The Beatitudes opposite and consider looking at it through the lens of having a 'Beaut Attitude'.

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### Thank you & Congratulations

Our sincere thanks to Mrs Lopresti who after 9 years as an educator at OLA leaves our shores for a new adventure at St Patrick's Blacktown starting in 2024.

Our appreciation to Ms Lopresti for her care, dedication and commitment to the teaching of the children in her care over so many years. Congratulations and best wishes.

Thank you for your continued support. It is in partnership that we can achieve great things for our children.

Tony Calabria, Principal

## The Beatitudes

BLESSED ARE THE POOR IN SPIRIT,  
FOR THEIRS IS THE KINGDOM OF HEAVEN.  
BLESSED ARE THOSE WHO MOURN,  
FOR THEY WILL BE COMFORTED.  
BLESSED ARE THE MEEK,  
FOR THEY WILL INHERIT THE EARTH.  
BLESSED ARE THOSE WHO HUNGER AND THIRST FOR  
RIGHTEOUSNESS,  
FOR THEY WILL BE FILLED.  
BLESSED ARE THE MERCIFUL,  
FOR THEY WILL BE SHOWN MERCY.  
BLESSED ARE THE PURE IN HEART,  
FOR THEY WILL SEE GOD.  
BLESSED ARE THE PEACEMAKERS,  
FOR THEY WILL BE CALLED CHILDREN OF GOD.  
BLESSED ARE THOSE WHO ARE PERSECUTED  
BECAUSE OF RIGHTEOUSNESS,  
FOR THEIRS IS THE KINGDOM OF HEAVEN.

matthew five: three - ten

## OLA Disco - Years K-6

This coming Friday, 17<sup>th</sup> November

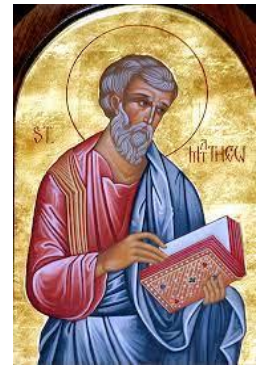
5.30pm - 8.00pm

See the flyer later in this newsletter

## THIRTY-SECOND SUNDAY IN ORDINARY TIME YEAR A (12.11.2023)

### Gospel Reflection Matthew 25:1-13

A feature of Christian faith is an approach to life that views the future with hope. In our world today many people look to the future with distrust and even fear. As Christians, we look forward with hope. When change occurs, some allow that change to happen to them whilst others engage in the change process and approach it with hope and expectation. Today's gospel reminds us to be ready for what the future holds; to look with hope towards what lies ahead, and to ensure that we've prepared ourselves properly. The future can only be viewed with expectant hope if we've done the proper preparation!



#### Parish Mass:

Please see below the timetable for remaining Parish Masses and school Masses that the children will attend this term. Parents are most welcome to join the children at any of the Masses as we celebrate the Sacrament of the Eucharist.

**WEEK 6:** Stage One - Tuesday - 14th November at 9 am

**WEEK 7:** Stage Two - Tuesday - 21st November at 9 am

**WEEK 8:** Stage Three/Kindergarten - Wednesday - 29th November at 9 am

**WEEK 9:** Whole School Mass End of Year Mass - Friday-8th December at 9 am

**WEEK 10:** Christmas Concert - Tuesday 12th December at 1:30 pm – 3.00pm

### Vinnies Youth NSW Christmas Card Competition

Are you artistic? Do you love to create things? You might want to enter the Vinnies Christmas Card Competition.

You can use any artistic medium you like – draw, paint, craft, digital design – just keep in mind that it will need to look good when scanned or captured by photo and re-printed. And of course, all designs must be your own original artwork.

Vinnies is looking for five beautiful designs to use as the official Vinnies NSW Member Christmas Cards for 2024! The designs for these cards are used by Vinnies NSW Members to gift to one another at Christmas time, and in some cases to on-sell as a fundraiser for their Good Works.

Winners will receive a Vinnies Prize Pack and have their designs professionally printed for 2024!

We're looking forward to seeing your festive designs!

If you create a card, [click here](#) to enter your design. Please seek parental consent first as if you create a winning card, it will be published.

**Vinnies**  
good works

## 2023 VINNIES CHRISTMAS CARD COMPETITION

**What is the Christmas Card Competition?**

This year, we are looking for five beautiful designs to use as the official Vinnies NSW Member Christmas Cards for 2024, designed by you!

These designs are used by Vinnies NSW Members to gift to one another at Christmas time.

You can use any artistic medium you like – draw, paint, craft, digital design – just keep in mind that it's going to need to look good when scanned or captured by photo and re-printed.

Winners will receive a Vinnies Prize Pack and have their designs professionally printed as the official St Vincent De Paul Society NSW Member Christmas card collection for 2024!

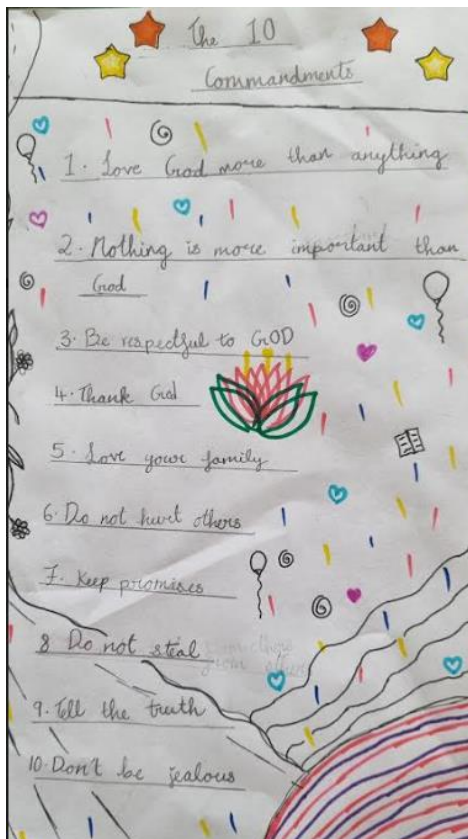
**How to enter:**

Visit: <https://youthnsw.vinnies.org.au/christmascardcompetition> or scan the QR code below.

If you have any questions, please email: [youthnsw@vinnies.org.au](mailto:youthnsw@vinnies.org.au). Competition closes on Monday, 4th December 2023.

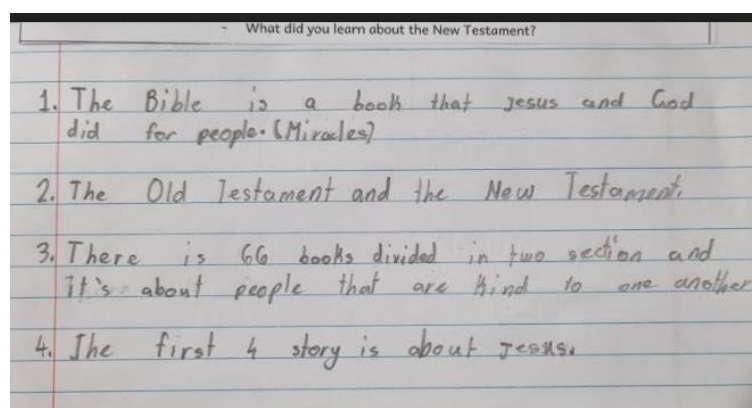
We are looking forward to seeing your festive designs!

[@NSWVinniesYouth](#) [@VinniesYouthNSW](#)



### What's happening with RE in the classroom...

This term in Year 3, students are learning about the Old Testament and the New Testament. They are also looking at scriptures that proclaim the Good News of Jesus' life. Here is some of the wonderful work they have been doing in Religion recently.





Happy birthday to members of our OLA community who are celebrating their birthday this coming week.....

#### Sun 12<sup>th</sup> Nov

Aston Dabit  
Dexter Wijaya

#### Tues 14<sup>th</sup> Nov

Jasraaj Obaroi  
Avi Pawar  
Mrs Kim Robertson

#### Wed 15<sup>th</sup> Nov

Mila Annamalay-Sanchez  
Olivia Hartz  
Mrs Jo Hall

#### Thurs 16<sup>th</sup> Nov

Caleb Atkins  
Matteo Jose Ner  
William Lewis  
Ryan Salac  
Mrs Lyndelle Batten  
Mrs Samantha Zivic

#### Fri 17<sup>th</sup> Nov

Gisele Jakovljevic

#### Sat 18<sup>th</sup> Nov

Felicity Gresser

### Final General Parent Meeting for 2023 Wednesday 29<sup>th</sup> November at 6.30pm

All parents are welcome to attend our last meeting. In addition to President's report and the Principal's report we will re-cap a successful 2023 and discuss initiatives for the 2024 school year.

### Dates to Remember

#### Week 6

Tues 14<sup>th</sup> Nov 9.00am Years 1 & 2 Parish Mass. All Welcome  
Year 5 Surf Ed – Dee Why Beach  
Thurs 16<sup>th</sup> Nov Kindergarten 2024 Orientation Session #1  
Fri 17<sup>th</sup> Nov 2.30pm Whole School Assembly  
Presented by Year 6. All Welcome  
OLA Disco 5.30pm – 8.00pm

#### Week 7

Tues 21<sup>st</sup> Nov 9.00am Years 3 & 4 Parish Mass. All Welcome  
Year 6 Surf Ed – Dee Why Beach  
Wed 22<sup>nd</sup> Nov Kindergarten 2024 Orientation Session #2  
Thurs 23<sup>rd</sup> Nov OLA Celebrating World Teacher's Day

#### Week 8

Wed 29<sup>th</sup> Nov P&F General Meeting 6.30pm All Welcome  
Thurs 30<sup>th</sup> Nov Kindergarten 2024 Orientation Session #3  
Fri 1<sup>st</sup> Dec 2024 Swimming Carnival Years 2-5  
Blacktown Aquatic Centre

#### Week 9

Mon 4<sup>th</sup> Dec Year 6 Fun Day – Strike Bowling  
Thurs 7<sup>th</sup> Dec Spelling Bee Final 2.15pm Yrs 3-6  
Fri 8<sup>th</sup> Dec 9.00am End of Year School Mass  
All Welcome

### Math's Olympiad/Games/Explorer

Congratulations to the 90 students who participated in Maths Problem Solving competitions this year.

On Thursday 16<sup>th</sup> November we will present students who received a special award from the Australasian Problem Solving Mathematics Olympiads for their high level of achievement at our morning assembly commencing at 8.50am. Parents are welcome and will be notified if their child is receiving a special award.

### Birthday Treats

We kindly ask that you continue to **NOT** send in any birthday treats of any kind, edible or non-edible. This is to ensure that children are only eating food that is supplied and/or prepared by you at home. **Continuing this practise at this time is aimed solely at doing everything we can to ensure the safety of your child particularly given that COVID is still present in varying degrees.**



### Are you Still Regularly Late???

School begins at 8.50am.

Thank you to the parents who ensure their children are at school on time. Students who are late miss important announcements and, more significantly, vital learning in the classroom.

Additionally, late children disturb the learning of others and are very self-conscious of entering after everyone else. Surprisingly the children blame mum or dad not being ready whilst mum or dad tend to say it's the children.

If your child is arriving at school after 8.50am, please ensure that you accompany them to the office to sign them in.



## At OLA, we READ TO SUCCEED!



### Ways to improve reading comprehension at home

**Reread to build fluency.** To gain meaning from text and encourage reading comprehension, your child needs to read quickly and smoothly — a skill known as fluency. By the beginning of Year 3, for example, your child should be able to read 90 words a minute.

Rereading familiar, simple books gives your child practice at decoding words quickly, so they'll become more fluent in their reading comprehension. **Repeating, Reviewing, and Remembering**

The more we engage with a story, the more we take away from it. That is often why, as adults, we choose to reread those classics we were assigned to read as students in school. We're sure to get more out of the book the second or third time we read it.

Similarly, when kids listen to the same story multiple times, they pick up new information, dive deeper into the meaning of the book, and make connections between themselves and the book and between the book and other books they've heard.

Lisa Hurst, Literacy Coordinator

### Never too Young to Read!



AUSTRALIAN LITERACY EDUCATORS' ASSOCIATION

#### A box of reading opportunities

Board, vinyl and cloth books, greeting cards, catalogues, photographs, letters and post cards provide an array of interesting reading material for your baby and toddler.

Store these texts in a box that is easily accessible for your baby or toddler at all times.

Collect special books that can be read over and over.

At times, you might provide your child with access to suitable texts on digital technology, being mindful of screen time guidelines.\*

Before your baby can handle books independently, place an open book with interesting illustrations in front of them when they're having time on their stomach, or prop your baby up with pillows so that they can see the illustrations.

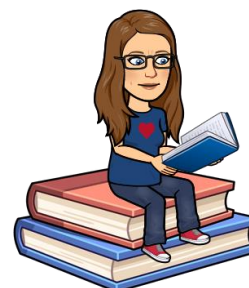
#### A reading routine

Although opportunities for reading are everywhere, it is also important to establish a regular reading routine. This should be a special time in a cosy and inviting place every day.

In her book, **Reading Magic**, Mem Fox, renowned read-aloud advocate and children's author, suggests that before children begin to read for themselves, they need to hear one thousand books read aloud to them — that's three stories a day in one year alone.

Most importantly, reading aloud with your baby, toddler, or child should be enjoyable for both you and them.

\* The Australian Institute of Family Studies links to the screentime guidelines at <https://aifs.gov.au/resources/short-articles/too-much-time-screens>



## OLA 2023 CHRISTMAS CONCERT

(Given the busyness of the season, our daytime Christmas Concert slot last year was extremely well received. We will once again celebrate at this time)

**Tuesday 12<sup>th</sup> December  
at 1.30pm - 3.00pm  
We hope you can join us as  
we celebrate the birth of  
Christ our Saviour.**

### Technology Tip - Week 5 Place Value Addition

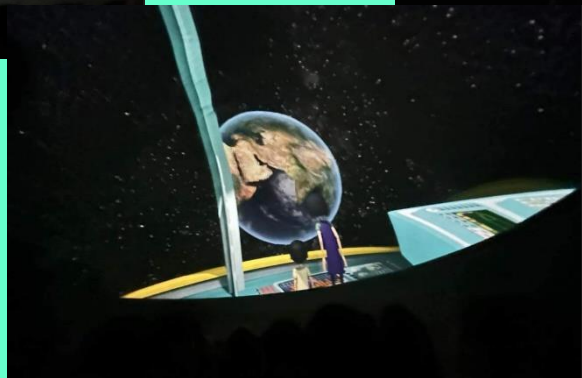
- Little Monkey Apps MAB Addition provides hands-on experiences for modelling addition problems using MAB blocks. This will provide opportunities to practise trading. Pricing is \$1.99.

- Please note there is no requirement that this be purchased. It is optional if you want your child to practise addition using MAB material.



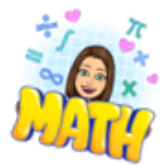
## Year 2 Science Incursion

*On Monday, Year 2 had a science incursion with Starr Planetarium. We had so much fun learning about stars, planets, the sun and the moon. We entered a huge dome and were then automatically transported to outer space where we could see exactly how the Earth rotates on its axis. We learnt why the Earth has night and day, and why we experience the Seasons. The incursion was not only educational, but it was also exciting and so much fun.*



### MATHS FUN

Can you solve our Maths problems for this week? Please bring your answers to share with Mrs Vella next week!



#### Infants Learning Task

What has hands and a face,  
but can't hold anything or smile?



#### Primary Learning Task

A grandmother, two mothers and two daughters went to a baseball game together and bought one ticket each. How many tickets did they buy in total?



## KINDERGARTEN 2024

If you have a child commencing in Kindergarten 2024, please take note of the following upcoming dates for the Parent Information Session and the childrens' orientation days. Please note which session your child needs to attend. Parents are not required to remain at the orientation sessions.

### Kindergarten Orientation Sessions

Thursday 16<sup>th</sup> November

9:15am-10:45am

11:45am-1:15pm

Students with surnames **A-C and D-L**

Students with surnames **M-R and S-Z**

Wednesday 22<sup>nd</sup> November

9:15am-10:45am

11:45am-1:15pm

Students with surnames **A-C and S-Z**

Students with surnames **D-L and M-R**

Thursday 30<sup>th</sup> November

9:15am-12 noon

All students - Parents are asked to stay for the first 45 minutes.



### Kindergarten Assembly

This afternoon our very clever Kindergarten students led our whole school assembly. It was a privilege to watch them showcase their learning in words, pictures and in song. We are very proud of how much our Kindergarten students have grown, both intellectually and in maturity. Congratulations to the Kindergarten students and their wonderful teachers for preparing the students so that they could present their work so confidently and proudly. Thanks to the many parents that were present to support the children. There were many proud faces on students, parents and teachers.



### Little First Aiders - Year 4

After the success of the Little First Aiders Course run through St John's Ambulance, Stage Two will be participating in this day again. This will be held on Tuesday, 14th November. This day will teach the students basic first aid skills, basic CPR and role play how to call an emergency operator. Stay tuned to next week's newsletter for photos and a blurb about the day.



Congratulations to our OLA Gymnastics team who today competed in the Diocesan Gymnastics Gala Day. Keep an eye out in next weeks newsletter for a wrap up from Miss Marchant who was the manager of the team.

### Birthday Treats

We kindly ask that you continue to **NOT** send in any birthday treats of any kind, edible or non-edible. This is to ensure that children are only eating food that is supplied and/or prepared by you at home. **Continuing this practise at this time is aimed solely at doing everything we can to ensure the safety of your child particularly given that COVID is still present in varying degrees.**

### *Change of School*

To estimate enrolments for 2024, it would be appreciated if the school could be notified in writing of any children who may be leaving OLA at the end of the year from grades other than Year 6. The Notice of Withdrawal Form can be found on our website.



# We Bounce Back at OLA

**Students at OLA are learning mindfulness skills.**

Children of all ages can benefit from mindfulness. So, what is mindfulness? It is the simple practice of bringing a gentle, accepting attitude to the present moment. It can help parents and caregivers, too, by promoting happiness and relieving stress. Children are uniquely suited to benefit from mindfulness practice. Habits formed early in life will inform behaviours in adulthood, and with mindfulness, we have the opportunity to give our children the habit of being peaceful, kind and accepting. Mindfulness activities help to develop compassion, focus, curiosity and empathy. And remember, mindfulness can be fun. There are many good resources online that can guide you and your children through mindfulness activities. <https://www.mindful.org/mindfulness-for-kids/>



## Remembrance Day

Today we came together as a Catholic community for a Remembrance Day Prayer. We remembered those who gave their lives for our freedom. We remember, all who died, both friend and foe, and those who returned home bearing scars of war on their bodies and in their minds and hearts. Lest we Forget.



HOSTED BY OLA P&F COMMITTEE

# OLA SCHOOL DISCO

FRI 17 NOV | 5.30PM - 8.00PM

**\$2.50 PER CHILD**

Register via QKR App  
OLA students only

Dress up in your favourite dance outfit!  
Team up with your friends to show off  
your dance crew moves!

## OLA SCHOOL DISCO

# VOLUNTEERS NEEDED

**FRI 17 NOV**

**30 VOLUNTEERS NEEDED FOR SCHOOL DISCO**

5.00PM - 8.00PM

PLEASE EMAIL YOUR INTEREST TO  
OLAPFC@GMAIL.COM

# In this edition of SchoolTV -

## School TV Term 4 Week 5



### In this edition of SchoolTV - MANAGING SCREEN TIME

As a result of the global pandemic, there has been a noticeable shift in the amount of time people spend on screen-based devices. Families are transitioning back to pre-COVID routines but many are still struggling to re-establish the boundaries and rules around screen use. Some continue to deal with digital conflict and tech-tantrums on a daily basis. The latest research found that 77% of teenagers spend more than five hours on screens per day, but it is important to note that not all screen time is considered equal. Parents play a crucial role in modelling a positive and healthy approach to using screens and assisting children to navigate the content they watch. It is better to model and mentor screen use, rather than monitor it. Children tend to do more of what they see us do, and less of what we tell them to do. However, it is still important to outline the risks and highlight the benefits of screen use to ensure you keep a balanced attitude. Encourage discussions around the issues that people experience in monitoring their screen time and be honest about your own difficulties.

Parents need to remain firm in their approach to managing screen time. Excessive screen time can be detrimental to a child's overall wellbeing. Ensuring the correct privacy settings are in place is vital to prevent children from being inadvertently exposed to inappropriate content or online predators. Parents need to also be mindful of the potential impact screen time can have on a child's social, emotional, educational, behavioural, and even physical domains.

In this edition of SchoolTV, care-givers will be provided with a range of guidelines and strategies to help manage screen time at home.

We hope you take time to reflect on the information offered in this edition of SchoolTV and we always welcome your feedback. If you have any concerns about your child, please contact the school counsellor for further information or seek medical or professional help.

Here is the link to the Managing Screen Time edition of SchoolTV

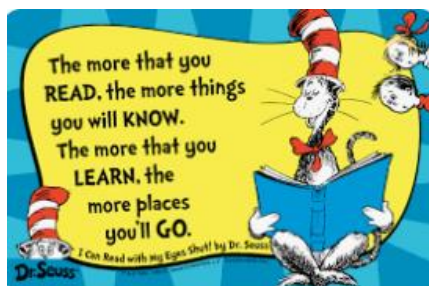
<https://olarousehill.catholic.schooltv.me/newsletter/managing-screen-time>

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#### School Fees

Thank you to all families who have paid their fees for 2023. If you have any fees outstanding, please note that they should all be paid by the end of November, unless you are on a payment plan. Families will be contacted in the coming week if there are fees outstanding.

*Congratulations to Alessandro Albertini who represented Australia at the JC International Cup Championships in Nagoya, Japan last week. This team placed 3<sup>rd</sup> out of 11 countries in the tournament. Well done Allesandro.*



#### OLA FACEBOOK PAGE

For up to date information and events,  
Visit our Facebook

page <https://www.facebook.com/OLARouseHill>

Or Click on the facebook f in the top corner of our school website

Be sure to 'like us'

#### School Hats

*Our Lady of the Angels has a 'No hat, No play' policy.*

Please ensure your child has their school hat with them each day to protect their skin and to assist in promoting sun safety and awareness in your child/ren. Any child not wearing a school hat at play times will need to sit/play under the sheltered areas. Thank you for your support, assistance and co-operation in helping keep our students sun smart. School hats are available for purchase from the school uniform shop (\$20.00).

#### Dates for Whole School Assemblies

The remaining date for the Term 4 whole school assemblies, where a grade will be showcasing and presenting their learning is:-

Friday 17<sup>th</sup> Nov – Presented by Year 6

All are most welcome to attend.

If you are attending these assemblies, we would suggest that you park across the road at the ovals.

#### IMPORTANT NOTICE

##### Facebook/Messenger


Please note: There are **NO** official grade Facebook pages. These pages are not to have a school crest/logo etc, as they are not endorsed, contributed to or seen by the school. As a result, there can often be inaccurate information regarding uniform changes, questions about reading levels etc. **Parents are always encouraged and welcome to direct questions to the school office, teachers, Mr Cauchi or Mr Calabria for accurate information.**



## Student Awards

Congratulations to the following students who received awards this week:-

Term 4 Week 5		
Student	Academic Merit Award	St Francis Award
KB	Joshua Chatterton	Ayla Popescu
KG	Aston Dabit	Lucas Medjumurac
KW	Xavier Savoia	Eloise McKee
Year 1 B	Ashton Sleiman	Jayda Tischler
Year 1 G	Montana Fonsdituri	Edward Heyes
Year 1 W	Xavier Williams	Maxine Montalbo
Year 2 B	Aria Navarro	Cooper Rossi
Year 2G	Scarlett Malae	Amelia Pendlebury
Year 2W	Adrian Kajavshekan	Teresa Dalla
Year 3 B	Gabriel Palacio Rosero	Ava Zhu
Year 3 G	Arella Bautista	Benjamin Nicholls
Year 3 W	Isaac Hartz	Denelle DSouza
Year 4 B	Prisha Pradeep	Sofia Montgomery
Year 4 G	Brodie Taylor	Ariah Clark
Year 4 W	Marcus Wang	Hayden Spiteri
Year 5 B	Patrick Crowley	Izabel Bayly
Year 5G	Olivia Hartz	Madeleine Teo
Year 5W	Avantika Ragini	Hayden Muscat
Year 6 B	Charlotte-Rose Naim	Elizabeth McKee
Year 6 G	Aaron Phelps	Brandon Ciantar
Year 6 W	Andy Bui	Sean McKeever



**Donations Needed!**  
**Our shelves for pre-loved school uniforms are running low.**

- ❖ Do you have a spare school uniform that you no longer need?
  - ❖ Maybe it doesn't fit?
  - ❖ Why not donate it!

Donations of clean, in good condition, pre-loved uniforms can be dropped to the front office.

**Thank you for helping and supporting our School Community!**