

Dear Parents,

Mother's Day

Mother's Day Assembly this coming Friday 12th May.

We welcome all parents, but particularly Mothers, to our special Mother's Day celebration, on Friday 12th May starting at 9.00am. We will be having a Mother's Day Prayer Liturgy and Assembly under the COLA, followed by a community cuppa and then a learning activity with your child in their learning space.

We hope that you can join us for this important event as we acknowledge Mothers and those who may have taken the roll of Mothers in our lives.

All are most welcome to attend.



Movie Night – TONIGHT
FRIDAY 5th MAY at 6.30pm
(Gates Open at 5.30pm)

- **It's not too late** – if you would still like to attend tonight, you can purchase your last minute ticket on the QKR app and show your receipt at the gate when you enter.
- B.Y.O low or high chair/picnic rugs
- (rugs towards the front, higher chairs behind and on the sides, as to not block the screen for others)
- No glass of any sort to be brought onto the grounds please
- Please use the garbage bins/bags provided to keep our beautiful school tidy
- A family refers to parents and their children
- An adult must remain with the children
- Depending on the weather, be sure to rug up for our first ever OLA Movie Night.

Thank you for your continued support. It is in partnership that we can achieve great things for our children.

Tony Calabria
Principal

We love our secretaries at OLA.

Thank you for all you do.

Happy Secretary's Day



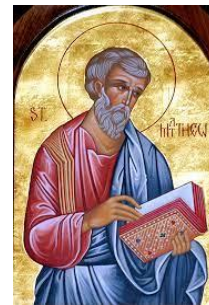
WEEK THREE

FIFTH SUNDAY OF EASTER YEAR A (07-05-2023)

Gospel Reflection John 14:1-12

Living the Gospel – The Way, the Truth and the Life

When Thomas asks, 'we do not know where you are going, so how can we know the way?' Jesus answers by saying, 'I am the Way, the Truth and the Life.' Our aim, as Christian people, is to be one with God, not only by sharing in the resurrection but also in the way we live. Jesus makes clear that the way to be with God is by following his example. (Greg Sunter at Liturgyhelp.com)



Remaining Parish (9.00am) and School Masses as indicated

Parents are most welcome to attend all masses with the children.

WEEK 3: Tuesday 9th May-Stage Two

WEEK 4: Wednesday 17th May- Stage Three and Kindergarten

WEEK 5: Wednesday 24th May WHOLE SCHOOL MASS at 11:45 am- Our Lady Help of Christians Mass

WEEK 6: Tuesday 30th May- Stage One

WEEK 7: Tuesday 6th June- Stage Two

WEEK 8: Friday 16th June-WHOLE SCHOOL MASS at 11:45 am- Sacred Heart of Jesus (Vinnies Winter Appeal-More information to follow)

WEEK 9: Wednesday 21st June- Stage Three and Kindergarten

WEEK 10: No Parish Mass

Remaining Sacrament of First Holy Communion Sessions – facilitated by the Parish

Please keep the children preparing for their sacrament of First Eucharist in your prayers.

May 11- Session Two at 6:30pm

May 18- Session Three at 6:30pm

May 25- Session Four at 6:30pm

June 1- Session Five at 6:30pm

June 8- Rehearsal at 6:30pm

June 15- Rehearsal at 6:30pm

June 10 Holy Communion Ceremony – Group One at 3pm

June 11 Holy Communion Ceremony - Group Two at 12pm

June 11 Holy Communion Ceremony - Group Three at 3pm

June 18 Holy Communion Ceremony - Group Four at 3pm

What's Happening with RE in the Classroom

In kindergarten, students participated in a gallery walk exploring the life of Jesus as part of their unit 'Who is Jesus?' They looked at images and symbols that depicted the important events in Jesus' life.



May is the month of Mary -
May is traditionally dedicated in a special way to honouring Mary as the Mother of God and Mother of the Church. Through the month of May, take some time to pray the rosary and dedicate your prayers to Mary.



ALLELUIA, ALLELUIA

Jesus is Risen!

Thank you to our Year 1 Teachers & Students for leading the school in our Resurrection Liturgy on Tuesday.



Fun Fact - Did you know????

Last Monday, 1st May, was the Anniversary of the Consecration of our beautiful Church (1/5/2015)



Happy birthday to members of our OLA Community who are celebrating their birthday this coming week....

Sun 7th May

Levi Maiava

Mon 8th May

Jericho Mittiga

Wed 10th May

Korbin Bruckard

Grace Leahy

Fri 12th May

Cruz Camilleri

Aria Naim

Benji Pisani

Sat 13th May

Hannah Burgess

Lauren Cauchi

Clark Jagar

Calling 'MEN' to assist with the Mother's Day Morning Tea

To give our mums a break, if you are available to help set up and serve at our Mother's Day morning tea from 8.30am – 10.00am on Friday, 12th May, could you please email the office by Monday afternoon to let us know.

We ask that all volunteers have completed the BCSC training.

<http://childprotection.parra.catholic.edu.au/home>

Theme of the Week

"Mothers are a Gift from God"

Our theme this week is an acknowledgement that our Mothers, in so many ways, are one of the most precious gifts that God has given to all of us. We learn so much from the role modelling and care our Mothers give us. The unique qualities of our own mothers, whether by God's side or with us, are indeed special and we give thanks to our Lord for their committed care and love in our lives.

Transition to Winter Uniform

The students will transition into their winter uniform by week 4 of Term 2 (Monday 15th May), depending on the weather. This means that for the next couple of weeks, the students can wear either their full summer uniform, or their full winter uniform, not a mix of both.

Please remember that the jumper is to be worn in the first instance NOT the bomber jacket.

All students **MUST** be in their full winter uniform by Monday 15th May.

Welcome to OLA

We welcome our new student and family who commenced this week:-

Shah Family – Suhaan in 3W

Dates to Remember

Week 3

Tues 9th May Mother's Day Stall
9.00am Years 3 & 4 Parish Mass. All Welcome

Wed 10th May Diocesan Cross Country

Thurs 11th May Session 2 – Parish based Sacrament of Holy Communion Preparation 6.30pm

Fri 12th May 9.00am Mother's Day Prayer Assembly & Morning Tea. All welcome
2.30pm Kinder Reading Volunteer Session

Week 4

Mon 15th May All Students return in WINTER UNIFORM

Wed 17th May 9.00am Yrs 5 & 6, Kindy Parish Mass. All Welcome

Thurs 18th May Session 3 – Parish based Sacrament of Holy Communion Preparation 6.30pm

Fri 19th May Year 1 Excursion to Featherdale Park

Week 5

Wed 24th May 11.45am Whole School Mass
Our Lady Help of Christians. All Welcome
Stage 3 Northwest Basketball Competition

Thurs 25th May **Make-up Photo Day** –
Session 4 – Parish based Sacrament of Holy Communion Preparation 6.30pm

Fri 26th May 2.30pm Whole School Assembly presented by Year 3 (including Pentecost). All Welcome

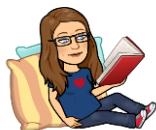
'All Welcome'

As a rule of thumb, we ask that you keep an eye in the newsletter for upcoming events that are tagged as 'All Welcome'. This will help clarify for parents which events they may wish to attend.



Congratulations to

Grace Azar KW, Isaac Phillips KW, Rome D'Cruz 1W, Keilan Peacock 1W,
Marcellus Balayan 1W, Samuel Cauchi 2W, Ashton Riley 2W,
Denelle DSouza 3W & Lachlan Riley 5W
for completing the PRC challenge this week.



Write On Competition 2023

To participate in the competition, students compose an imaginative text of up to 500 words in length using the image above as a stimulus.

The WriteOn 2023 writing competition closes at 4 pm on Friday 16 June (Week 8, Term 2).



Challenge Level	Number of books needed to complete the Challenge	Minimum number of PRC books for your Challenge	Maximum number of personal choice books	PRC booklist selection
K-2	30	20	10	K-2, 3-4, 5-6
3-4	20	10	10	3-4, 5-6, 7-9
5-6	20	10	10	5-6, 7-9

Many Thanks!



Parent Helpers:

Thank you to the Kinder parents who have indicated their availability to be a 'Parent Helper' this year. The Kinder reading volunteers are asked to attend a 'parent helper' information meeting on Friday 12th May at 2:30pm in our multipurpose room. A reminder that all volunteers must complete the 'Working with children' online course before you can assist in the classroom. <http://childprotection.parra.catholic.edu.au/volunteers>

K-2 Parent Helpers Roster

Grade	Monday	Tuesday	Wednesday	Thursday	Friday	Start Date
Kinder	✓ (PE)	✓	✓			<u>Wk 4</u> - 15 th May
Year 1				✓	✓	<u>Wk 3</u> - 11 th May
Year 2			✓		✓	<u>Wk 3</u> - 10 th May

Below are some dates that will clash with the 'Parent Helpers' program. If possible, we will try to send a group email if any unplanned events affect the reading or PE afternoons, but we ask you to kindly keep an eye on our google calendar which was shared today.

Dates:

Friday 19th May-Year 1 Excursion
Friday 26th May-Whole School Assembly
Friday 23rd June-Whole School Assembly

Lisa Hurst
Literacy Coordinator

'Live Google Parent Calendar' for Term 2 was sent home today.

We Bounce Back at OLA

On Monday 'The Playground Craze' came to visit OLA. Kindergarten, Year 1 and Year 2 learnt about different feelings and emotions through the presentation titled 'The Happiness Habit'.

Key messages from the performance included:

- Be yourself
- It is OK to experience different feelings
- How to 'Bounce Back' when things don't go your way

Years 3-6 learnt about the importance of online safety through the presentation 'The Highlight Reel'.

Key messages from the performance included

- The positive and negative effects of technology including how it affects our physical and mental health
- How technology is a tool that needs to be used wisely
- Cyber-bullying, how to be kind online and strategies to stay cyber safe
- It's cool to be kind

Please continue to have these important conversations with your child/ren at home.

Reflections From our Students:

'It was fun when they chose me to match the emoji's with feelings' Havana, Kindergarten

'I liked the fun music and singing in the show. I learnt to be kind to others' Hudson, Kindergarten

'I really liked the singing and dancing and they let us join in. It was a fun way to learn about feelings' Addison, Year 2

'We learnt fun dances and how to bounce back when we feel sad or angry' Alessio, Year 2

'I learnt what to do if somebody bullies me on the internet - copy, block and report to an adult' Oliver, Year 4

'I learnt that you should not copy others, especially if they are doing the wrong thing - be yourself' Amelia, Year 4

'If someone is mean or writes a negative comment in response to a post that you have made - just ignore it. Makayla, Year 6.



The Zones of Regulation help students gain skills in thinking about their actions, which in turn leads to increased control and problem solving abilities. Learning activities at OLA are designed to help students recognise when they are in different states called "zones," with each of the four zones represented by a different colour. Students also learn how to use strategies or tools to stay in a zone or move from one to another. We also practise calming techniques and explore a toolbox of methods to use to move between zones. To deepen students' understanding the lessons set out to teach students these skills: how to read others' facial expressions and recognise a range of emotions, perspective about how others see and react to their behaviour, and when and how to use tools and problem solving skills.



Technology Tip – Week 2

Getting the most out of Gaming - Free Webinar for Parents and Carers

This free 45 minute webinar, offered jointly by the Council of Catholic School Parents NSW/ACT and the office of the eSafety Commissioner, provides families with strategies for supporting children and young people to have safe, positive experiences when playing games online. It is designed for parents and carers of children aged 7 to 14.

It will cover:

- When gaming can be beneficial and strategies to promote better in-game experiences
- How to keep children safe online - using safety and privacy settings in games and platforms.
- Strategies to promote more balanced gaming and how to create smoother transitions from game play to other activities.
- The key online risks and where to find help for things like bullying and harassment in games.

Tuesday 23 May 7:30pm - 8.15pm

Register [here](#)



MATHS FUN

Have a go at solving our Maths Problems for this week! Please bring your answers to share with Mrs Vella next week.

Infants Learning Task

Tom is planting some carrots in his vegetable garden. He is going to plant 20 seeds. Draw how he could plant the seeds so that each row has the same number of carrots.



Primary Learning Task

$$\text{Watermelon} + \text{Watermelon} + \text{Watermelon} = 36$$

$$\text{Watermelon} + \text{Orange} + \text{Orange} = 28$$

$$\text{Orange} - \text{Banana} = 3$$

$$\text{Orange} = ? \quad \text{Watermelon} = ? \quad \text{Banana} = ?$$

OLA FACEBOOK PAGE

For up to date information and events,
Visit our Facebook page <https://www.facebook.com/OLARouseHill>
Or Click on the facebook f in the top corner of our school website
Be sure to 'like us'

IMPORTANT NOTICE Facebook/Messenger

Please note: There are **NO** official grade Facebook pages. These pages are not to have a school crest/logo etc, as they are not endorsed, contributed to or seen by the school. As a result, there can often be inaccurate information regarding uniform changes, questions about reading levels etc. **Parents are always encouraged and welcome to direct questions to the school office, teachers, Mr Cauchi or Mr Calabria for accurate information.**

Birthday Treats

We kindly ask that you continue to **NOT** send in any birthday treats of any kind, edible or non-edible. This is to ensure that children are only eating food that is supplied and/or prepared by you at home.

Continuing this practise at this time is aimed solely at doing everything we can to ensure the safety of your child, particularly as Covid is still present within the wider community.

If your child attended the **Zing Interschool Challenge (formerly DanceFever)** and you would like to see the professional photos that were taken, please scan the QR code on the flyer attached to this newsletter.

OLA SPORTS NEWS

Diocesan Cross Country

Wishing all OLA students the very best of luck at the Parramatta Diocesan Cross Country Carnival on Wednesday 10th May. Mrs Batten and Mr Cauchi will be attending on the day.

MacKillop Rugby League Trials

Best wishes to Lucas Richardson and Noah Cleary who have travelled to Canberra representing Parramatta to compete for a spot on the MacKillop team.

Soccer Gala Days

Huge thanks to Mr Cauchi for giving up his lunch times to trial all the boys and girls wishing to attend the Diocesan Soccer Gala Day. We have had an overwhelming response. Teams will be announced as soon as possible once the selection process is complete.

Gala Day Referees

If you have anyone who can assist OLA at any of our Gala Days with refereeing, could you please email the school with their details. We do reach out to Marian High school students, however the more options the better. Gala Days include Soccer, Touch Football and Netball. Referees do not necessarily have to be badged, however are expected to know the rules. Thank you in advance.

Lyndelle Batten

Physical Education Teacher and Sports Coordinator

SELECTION PROCESS TO REPRESENT OLA

The process used for any representative team or gala day selection is indeed difficult and is sometimes met with controversy as children miss out on being selected. Disappointment follows and sometimes tears. The selectors rely on how the children perform at the selection trial (or trials depending on the time frame available). There may be players who feel (or perhaps are) better than other players selected but it is primarily the ability/skills etc the children display at the trial in front of the selectors that is crucial. Also important is the team player aspect and the right temperament/behaviour to represent the school.

Where we are able to submit many teams, we endeavour to allow a high representation of Year 6 children in their final year at OLA. If we are restricted by limited teams by the organisers then we endeavour to select the most competitive possible team combination from all of the children trying out. Please be assured that we undertake selections seriously considering many aspects but all times ensuring the process is fair and unbiased.

TERM 2 LIBRARY MONITORS

Congratulations to Zara Farias, Clara Denisenko and Olivia Falzon who will be the Library Monitors for this term.



Qkr App



We have been advised that there is a problem with the QKR App on the new Android devices and QKR is working on resolving this issue, however it will take a few weeks. In the meantime, we have been advised that payments can be made through the Website, so please go through this way.

We would appreciate it if you could ensure that in your child's profile you have them attached to the correct class. Please note that this needs to be updated by you each year as your child changes grades.

Parent Inservice/ P&F Meeting 9.00am Tuesday 30th May

All parents are welcome to join us for a parent inservice, cuppa and a short P&F Meeting. The topic presented for parents will be **"Helping your Child Succeed in Reading at Home"**.

Dates for Whole School Assemblies

Our whole school assemblies for this term as on the dates below. Grades will take turns at presenting and showcasing their learning. The dates for Term 2 whole school assemblies are:-

- Friday 26th May (Week 5) – Presented by Year 3
- Friday 23rd June (Week 9) – Presented by Year 2

All are most welcome to attend.

These assemblies will commence at 2.30pm sharp. We suggest that parents who wish to attend our whole school assemblies, please park across the road at the oval and walk across.

Student Awards

Congratulations to the following students who received awards this week:-

Term 2 Week 2		
Student	Academic Merit Award	St Francis Award
KB	Joshua Chatterton	Seby Borja
KG	Ace Shurrie	Oliver Duran
KW	Mia Kovacevic	Chloe Molnar
Year 1 B	Mia Kovacevic	Chloe Molnar
Year 1 G	Marcus De Guzman	Montana Fonsd
Year 1 W	Keilan Peacock	James Lowe
Year 2 B	Luca Petrocco	Angela Alin
Year 2G	Sierra Macquet-Maurel	Scarlett Malae
Year 2W	Imogen Grace	Andrew Dumesny
Year 3 B	Georgia Tomic	Jacob Gatt
Year 3 G	Dayron Gungab	Minnie McManus
Year 3 W	Emily Dalton	Luca Galea
Year 4 B	Caleb Tan	Ben Andrews
Year 4 G	Tristian Cappello	Audrey Verzosa
Year 4 W	Clara Denisenko	Audrey Summerhays
Year 5 B	Hannah Burgess	Hailey Taylor
Year 5G	Harrison Dolahenty	James Boje
Year 5W	Avantika Ragini	Eva Millers
Year 6 B	Ryan Salac	Phoenix Rich
Year 6 G	Karen Mikael	Nicholas Thornton
Year 6 W	Olivia Medjumurac	Jonathan Dias

Breakfast

The Most Important Meal of the Day

It is alarming to hear how many children often say that they have not had breakfast in the morning and tell teachers that they are hungry or how tired they are quite early, before first break. A young growing body needs fuel. A good breakfast is so important for children as it gives them energy, keeps them healthy and sustains them.

What did your child have for breakfast today??

Photo Make-up Day

Thursday 25th August, 2023

This day is for the Year 6 Student Leadership Team and for individual students who were absent on the day the photos took place and missed their individual portraits. These students are to wear their summer uniform on this day.



OLA FAMILY FIESTA

SUNDAY 6TH AUGUST 2023

A Parish/School/Community venture.

Funds raised through this amazing event will be shared between the School and the Parish.

If you would like further information about how you can be involved or give your support, please contact the parish office on 8883 4063 or parishoffice@ourladyoftheangels.org.au or the school.