



Our Lady of the Angels School Rouse Hill

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Newsletter Vol. 4 No. 21

28th July, 2023 Term 3, Week 2

OLA Feast Day

This coming Wednesday 2nd August, as a school community we will celebrate the Feast of Our Lady of the Angels. Our whole school will celebrate with Mass at 11.45am. You are most welcome to join us as we give thanks for Our Lady of the Angels' patronage over our faith filled community.

Later in the day the children will continue to celebrate our Feast Day with outdoor afternoon activities and an ice block treat. Children are asked to wear their sports uniform on this day.



Thank you for your continued support. It is in partnership that we can achieve great things for our children.

Tony Calabria Principal

Welcome

We would like to welcome a new family to Our Lady of the Angels this week:-

The Taylor Family – Oliver (4G)
We hope that your years here with us at OLA will
be richly blessed and that you will make good
friends and experience learning that is
meaningful, exciting and growth promoting.



OLA Family Fun Fiesta

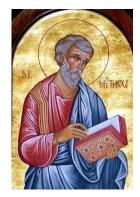
On Sunday, 6th August, the OLA Parish and School will celebrate its Fiesta. Thank you to all who have so generously supported the Fiesta in so many ways. Your contribution, big or small, is very much appreciated. Last year's Fiesta was an amazing success with our entire Parish and School community coming together. We look forward to seeing you there and enjoying this outstanding event.



SEVENTEENTH SUNDAY IN ORDINARY TIME YEAR A (30-07-2023)

Gospel Reflection Matthew 13:44-52

The twin parables of today's gospel – the treasure in the field and the pearl of great value - reveal a paradoxical truth about the kingdom of Heaven. Throughout the gospels, Jesus presents the kingdom as 'now but not yet'; as 'present but future'. Over the last few weeks we have now heard Matthew Chapter 13 almost in its entirety. We heard first the parable of the sower, then last week three short parables about weeds amongst the wheat, the mustard seed growing into a great tree and leaven in the flour. Finally, today we have had these additional pithy parables. The entire chapter seeks to paint metaphoric images of the kingdom. Woven through these images is a suggestion that the kingdom is open to all - all are presented with the invitation - but not everyone will accept that invitation or respond to it in the same way.



Parish Masses Term 3:

Please see below the timetable for remaining Parish Masses and school Masses that the children will attend this term. Parents are most welcome to join the children at any of the Masses as we celebrate the Sacrament of the Eucharist.

WEEK 3: Whole School Mass Wednesday 2nd August-Feast of Our Lady of the Angels at 11:45am

WEEK 4: Thursday 10th August- Years 3 & 4 at 9am WEEK 5: Year 2 attending Parish Mass on 14th August

Whole School Mass Tuesday 15th August-Feast of the Assumption at 11:45am

WEEK 6: Wednesday 23rd August- Years 5 & 6 and Kindergarten at 9am

Tuesday 29th August- Years 1 & 2 at 9am **WEEK 7: WEEK 8**: Tuesday 5th September-Years 3 & 4 at 9am

Wednesday 13th September- Years 5 & 6 and Kindergarten at 9am **WEEK 9:**

Tuesday 20th September- Years 1 & 2 at 9am **WEEK 10:**

Sacrament of Confirmation Sessions

Please keep the children from Year 6 that are preparing for their sacrament of Confirmation in your prayers.

Thursday 3rd August at 6:30 pm- Session 2 Thursday 10th August at 6:30 pm- Session 3 Thursday 17th August at 6:30 pm- Session 4 Thursday 24th August at 6:30 pm- Session 5 Thursday 31st August at 6:30 pm- Session 6



Our Lady of the Angels Feast Day

community to celebrate the Feast

of Our Lady of the Angels with a whole school mass at 11.45am. We

remember that Mary is Queen of the

Angels and we ask Mary to intercede

we will come together as a

This coming Wednesday, 2nd August

Rehearsal Sessions

Thursday 7th September Group 1 at 5:00 pm Group 2 at 6:00 pm Group 3 at 7:00 pm

Sacrament of Confirmation Masses

Tuesday 12th September at 6:30 pm- Group 1 Wednesday 13th September at 6:30 pm- Group 2 Thursday 14th September at 6:30 pm- Group 3

Please join us for the following celebrations:

WEEK 3: Whole School Mass Wednesday 2nd August-Feast of Our Lady of the Angels at 11:45am (All welcome to the Mass) More information to come

WEEK 5: Whole School Mass Tuesday 15th August-Feast of the Assumption at 11:45am -All welcome to the Mass)

First Holy Communion students 2023:

If your child has received their Sacrament of First Holy Communion in 2023, they are invited to dress in their First Holy Communion outfit and be part of the procession at 12 pm, after the 11 am OLA Feast Day Mass.

for us as we pray for our community.



Our live Term 3 Parent Calendar was sent home this week. Thank you for the positive feedback received regarding this calendar which assists parents to know what is happening this term, along with any changes. Be sure to favourite the link for easy access to the calendar.

Quote of the Week.

You are BRAVER than you believe STRONGER than you seem SMARTER than you think and LOVED more than you know



Happy birthday to members of our OLA community who are celebrating their birthday this coming week.....

Wed 2nd Aug Sat 29th July Kyla Bautista Noah De Leon

Luca Moujalli

Thurs 3rd Aug Xavier Savoia Flynn Richardson Sun 30th July **Damien Pendlebury**

Christian Graczyk

Mr Joshua Lee Sat 5th Aug Abhi Sundaram Mon 31st July Charlotte Naim

Brodie Taylor Mrs Clare Chine Mrs Sarah McBrien

Tues 1st Aug

Maddison Kuea Vilila

Tell Them From Me Survey

Just a few more comments from the TTFM Survey earlier this year.....

Our family is lucky to be a part of OLA. Our son is well supported and the whole staffing group are friendly and welcoming!

Wonderful school, brilliant community spirit. Love having access to assemblies and classrooms on special occasions. All staff and teachers should be very proud of their hard work in creating a beautiful school environment.

I love the community and how the school is run by the principal and teachers. The care they show in our children is amazing.

I like the small community set up and the easiness a parent feels within the school community. There is a sense of belonging and love. I also like their religious focus and input towards the children's life values.

As always, if you need clarification around anything school related, or you wish to make a suggestion etc, please do not hesitate to contact the office in the first instance or speak with either Mr Cauchi or Mr Calabria.

Birthday Treats

We kindly ask that you continue to **NOT** send in any birthday treats of any kind, edible or non-edible. This is the ensure that children are only eating food that is supplied and/or prepared by you at home. **Continuing this practise** at this time is aimed solely at doing everything we can to ensure the safety of your child, particularly as Covid is still present within the wider community.

Dates to Remember

Week 3

Tues 1st Aug Debating OLA v OLOR Kellyville

Topic – "That Water is More Precious than

Gold"

OLA will be debating the affirmative side.

Wed 2nd Aug Our Lady of the Angels Feast Day

11.45am Whole School Mass. All Welcome Feast Day Activities Afternoon for Students

Students to wear their Sports Uniform

Thurs 3rd Aug Year 6 Canberra overnight excursion

> 6.30pm Year 6 Sacrament of Confirmation Session 1 (see email sent home from the Parish regarding this session due to the

children being in Canberra).

Fri 4th Aug Census Day Sun 6th Aug **OLA Family Fiesta**

Week 4

Tues 8th Aug Feast of St Mary MacKillop of the Cross

8.50am Assembly. All welcome

9.00am Parent Inservice & P&F Meeting Presentation "Supporting your Child with Anxiety" by our Counsellor, Ekua Nkrumah

P&F Meeting to follow. All welcome

Wed 9th Aug 9.00 am Year 6 Voice of Youth Finals. All

Welcome

Thurs 10th Aug 9.00am Years 3 & 4 Parish Mass. All Welcome

6.30pm Year 6 Sacrament of Confirmation

Session 2

Fri 11th Aug 2.30pm Whole School Assembly

Presented by Year 5. All Welcome

Week 5

Mon 14th Aug 9.00am Year 2 Parish Mass. All Welcome

Year 4 Excursion to Maritime Museum

Tues 15th Aug Feast of the Assumption of Mary

11.45am Whole School Mass. All Welcome

Year 2 Excursion to Pioneer Village

Thurs 17th Aug **Book Fair Arrives**

Fri 18th Aug Hills Zone Athletics Carnival - Blacktown

Parent Inservice followed by P&F Meeting Tuesday 8th August at 9.00am (after our Mary MacKillop Assembly)

Come and join us for a presentation on "Supporting your Child with Anxiety" which will be presented by our Counsellor Ekua Nkrumah.

Following this presentation will be our Term 3 P&F Meeting. All are welcome to join us.

Change of School

To estimate enrolments for 2023, it would be appreciated if the school could be notified in writing of any children who may be leaving OLA at the end of the year from grades other than Year 6. The Notice of Withdrawal Form can be found on our website.



Literacy News



Premier's Readers Challenge

Congratulations to Soham Chotalia KB, Oliver Duran KG, Emma Hodgess KG, Angela Alin 2B, Xander Liceralde 2B, Emma Cafolla 3G, Emily Dalton 3W, Sophia Gobran 3B, Isabella Zhang 3G, Marcelo Ira 3W, Daniel Salac 3G, Georgia Tomic 3B, Akira Malik 3G & Emma Alin 4G for completing the PRC challenge this week.

This a reminder the challenge concludes on the 18th of August.

Book Week Events

Theme: Read Grow Inspire

Book Fair: Monday 21st August-Thursday 24th August. The Book Fair will be on display in the Multi-Purpose Room and will be open on Monday-Wednesday mornings from 8:20 am-9:20 am. It will also be open after the book parade. Payment can be made online or by EFTPOS only. No cash will be accepted.



Author Visit: Monday 21st August, Jol & Kate Temple.

Book Parade: Tuesday 22nd August at 9:30 am. Students will parade wearing their favourite book character costume and carry the book their character features in.

Following the parade, families are invited to stay for rug reading/picnic. All welcome!

Lisa Hurst Literacy Coordinator



READING AT HOME TIPS FOR PARENTS By expert literacy educator Annie Facchinetti



- Find books you both enjoy If you've read a book that you both love, read it again! Running short of time? Let your child choose the book they want you to read.
- 2 You can find things to read everywhere, not just in bookshops - Try local libraries, op shops or markets. Friends and family are often keen to share their books too!
- 3 Don't think books are the only thing to read ... you can read anything together, including the shopping list, road signs when you're in the car, and posters in shop windows. Or explore some audiobooks or podcasts at home or on the go.
- A Set aside a regular reading time that works with your life - Make it a habit that you both look forward to and finish every day with a story before bed.
- 5 Enlist the help of brothers and sisters - If your day gets too busy, siblings might like to read together! Ask them to tell you all about what they have read.
- 6 Ensure you're pitch perfect Before reading, practice reading the book, so you know the story line and the expression required. Find any tricky words that you might need to explain to your child.

- Remember to read slowly Take your time and make it interesting to listen to. Encourage your child to join in too.
- 8 Judge a book by its cover Look at the cover of the book together and have your child guess what it is going to be about. What is the book called? What can you see in the pictures? Talk about the book as you read.
- Discuss the stories together When you've finished the book (or a page or a chapter or whatever you are reading), talk about it together... who were your favourite characters, what happened, what was the ending like? This talk can happen while you're doing other things, such as getting dinner ready, or driving to footy practice
- Reading together can happen anywhere The living room floor, the back veranda, or the kitchen table all make great reading spots. Take photos and make a book together of the funniest or strangest places you can find for reading time.





A student who reads A student who reads

5:00

A student who reads

minute per day

minutes per day minutes per day

1.8 MILLION 282,000 90th PERCENTILE | 50th PERCENTILE

will be exposed to 8,000 10th PERCENTILE

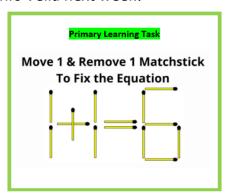
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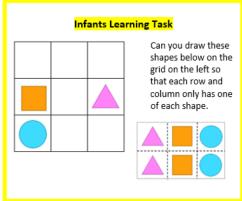


Week 1 MATHS FUN

Can you solve our Maths problems for this week? Please bring your answers to

share with Mrs Vella next week!





Tech Tip Week 2 Digitally-Disconnect UNPLUGGED TIME IS CRITICAL FOR YOUR PERFORMANCE & WELLBEING

Do you find it hard to unplug from technology? Do your children find it hard to unplug from technology? It is important as role models that as adults we carve out time away from our digital devices. Dr Kristy Goodwin (digital wellbeing & neuro-productivity speaker, author & Researcher) speaks about carving out time for white space where our brains can roam. It has benefits for our productivity and wellbeing.

Dr Kristy Goodwin recommends 5 ways to digitally-disconnect for adults but can be applied to children.

- 1. **Digital-free dawn** avoid reaching for a digital device first thing in the morning. Allow the brain to switch from delta (deep sleep) to theta which is when the brain is malleable, creative and ripe for problem solving.
- 2. Establish a digital bedtime avoid using technologies in the 60-90 minutes before you fall asleep. By using technology, we are delaying the onset of sleep.
- 3. Identify your no-go tech zones what places and spaces in your workplace and at home are tech-free? Allocate some spaces that are for respite/rest.
- 4. Create whitespace in your day carve out and protect time to enter the mind wandering state. Parents: Can you do a coffee-run, or run without any devices? Can you use the commute home to listen to music or have some silence, and use the 'Do Not Disturb' option? Can you go for a walk without using a device and listen to the sounds around you as you walk.
- Ensure you get sufficient 'green time' (time in nature) time in natural sunlight helps the body, especially your nervous system.

Diocesan Voice of Youth

This term the students from Year 6 will be competing in the Parramatta Diocese Voice of Youth Competition. Our children are all busy writing and practising their speeches to present to their classes. The students have been given a list of criteria for judging. Some of these include:-

- Timing 3-4 minutes
- Stance posed, comfortable
- Topic Interest Audience engagement, appropriate level
- Voice clarity, variety, volume, pitch
- Eye contact/gestures

Students will present their speeches in their individual classes where three students from each class will be chosen to participate in our school level final to be held on Wednesday 9th August at 9.00am in the year 6 classroom. From this, two children will be chosen to represent OLA at a Cluster Final on Monday 28th August at 10.00am at Blessed John XXII. One winner from the cluster will progress to the semi-final and perhaps the grand final following later in the term. This diocesan speech contest is being conducted so that children with a flair for public speaking have an opportunity to use this talent. Good luck to all our Year 6 students. Parents are most welcome to come along and support our students at the school level final on Wednesday 9th August.

Maintaining a Safe & Caring School

At OLA we are committed to providing a safe and supportive school for all our children. Our school environment reflects

For Self

Respect—For Others

For the Environment

Today the children completed a Safe and Caring School survey with their teachers. The survey will provide teachers with helpful information about the children's feelings about school, challenges with peer relationships and will identify any issues that need to be addressed.

Items in the survey include:

- At playtime I like to play with......
- The places I like to play are......
- Name those at school who you think cares for, and respects others
- Is anyone taking away your right to be happy and safe, or to learn at school?

The children's responses will be collated by the teachers and addressed.

We thank you for your support and partnership as we continue to provide a safe and caring learning environment where relationships are positive and fruitful for our children.



THANK YOU

Our appreciation for your generous donations of items for the Fiesta Lucky Dip and Side Show Stall as part of our Crazy Sock & Accessories Day.



School Census Day - Friday 4th August

Friday 4th August is School Census Day. All children should attend school on this day and absence should only be if it is absolutely necessary.

If you know your child will be away on Friday 4th August, please email the school advising the reason for their absence and when they will return, otherwise, simply respond to the text sent from OLA on the day by 11.00am explaining their absence and their date of return to school.

This is of course a requirement that applies to everyday of the school year, however, Census data is directly related to Government funding for our schools and the requirements outlined above are set by the Department of Education.

Thank you for your co-operation.

Privacy Notice

As part of the requirements for the Census it is necessary for us to provide our community with the Parent Privacy Notice, which has been attached to this newsletter.

OUTSTANDING NAPLAN RESULTS!!

We are extremely proud of our 2023 Naplan results. The children have excelled, and OLA continues to achieve impressive learning gains. See the wrap up in next week's newsletter.

Dates for Whole School Assemblies

The dates for the term 3 whole school assemblies, where a grade will be showcasing and presenting their learning are:-

Friday 11th August – Presented by Year 5 Friday 8th September – Presented by Year 4

All are most welcome to attend.

If you are attending these assemblies we would suggest that you park across the road at the ovals and walk across to school.

OLA SPORT

Netball Gala Day

Just a reminder to please fill out the google form if your child is interested in attending the Netball Gala Day. If needed, trials will take place next week during the lunch breaks.

Hills Zone representatives

We are still waiting for some completed google forms regarding the Hills Zone Athletics Carnival. If you're yet to fill out the form could this please be done as soon as possible. Further information will be provided closer to the day.

NSW Cross Country Championships

Congratulations to Noah Falzon on representing MacKillop last week. He competed against runners from all regions and placed extremely well. OLA are very proud of you Noah.

We Bounce Back and Move Forward at OLA

Games Are Not Just About Winning

Participating in competitions provides a socialising experience for children. Competing in sports events at school or in the playground can help children learn about the importance of cooperation, teamwork, commitment to a task and respect for the opponent.



Every game is an opportunity for children to learn the rules of the game. Children might consider these rules to be arbitrary but they need to learn that rules serve particular purposes. Competitions are the right place for children to understand and follow the rules of the game.

Learning through games can be a highly effective and enjoyable way to gain knowledge and skills, both in winning and losing situations. Games offer a dynamic and interactive environment that promotes active learning, problem-solving, critical thinking, and strategic decision-making. Winning and losing are both valuable experiences in the context of learning through games. By analysing your successes and failures, adapting your strategies, and embracing the learning process, you can continuously improve your skills and knowledge, both within the game and beyond.

What Can Children Learn from Winning?

Winning a game/race or being the best in class gives a child a good feeling about themselves and makes them feel proud. It shows them that they're good at something, which builds their self-confidence.

A confident child is likely to develop a 'can-do-attitude', and this can-do or positive attitude will help them to succeed as adults in the future. The experience of winning helps children get motivated and gives them the confidence to take the next complicated steps in order to achieve even bigger goals. Competition is also helpful in inspiring a child to do more and perform better. This is an ability that prepares a child for different situations in their future life.

The feeling of winning prepares children to think more strategically. In sports matches or in board games, children know that they can only win by being more clever than their opponents. Knowing that the rules need to be followed, children start to think more strategically in order to win the game.

What Can Children Learn from Losing?

The feeling of losing and accepting defeat and then moving on are particular skills that children need to develop in order to deal with negative experiences in life. It might not seem fair to the child that one kid can do something better than they can, but adults can teach children that everyone has different talents and that it is impossible to be good at everything. Not winning everything shows children that they need to work harder in order to succeed because good things do not come easily. The message is that if they put in the effort and pay attention to the details, they will have more positives than negatives. These situations also teach children to lose with grace in front of others and to be seen as playing fairly.

Best wishes to our Year 6 students who this coming week travel to our Nations' Capital as part of their studies with Mrs Vella, Mrs Jurcevic, Mrs Borg, Mr Cauchi & Mrs Schroder.

Building Child Safe Communities

As opportunities come about for parents to volunteer at school or for excursions, please consider completing the Building Child Safe Communities Online Training module in anticipation of being able to assist. This should only take about 15 minutes and it then gets sent to CEDP for approval. Once completed, it is valid for two years. Please note that in any event, this MUST be completed before you can assist in any way at school. http://www.parra.catholic.edu.au/About-Us/Building-Child-Safe-Communities

OLA FACEBOOK PAGE

For up to date information and events,
Visit our Facebook

pagehttps://www.facebook.com/OLARouseHIII

Or Click on the facebook f in the top corner of our school website

Be sure to 'like us'

SCOUT SCARF DAY – TUESDAY 1ST AUGUST

Thank You Scouts of NSW

Scout Scarf Day is an opportunity for current and former members of Scouting around the world to proudly wear their Scout scarf to school or work to showcase their pride in being involved in the largest youth movement in the world.

Scout Scarf Day is also a great opportunity to raise awareness of our local Scouting community and gives kids a chance to proudly tell their peers about what it means to be a Scout.

Any Scouts in our school community are welcome to wear their Scout Scarf on Tuesday, 1st August.

IMPORTANT NOTICE Facebook/Messenger

<u>Please note</u>: There are <u>NO</u> official grade Facebook pages. These pages are not to have a school crest/logo etc, as they are not endorsed, contributed to or seen by the school. As a result, there can often be inaccurate information regarding uniform changes, questions about reading levels etc. Parents are always encouraged and welcome to direct questions to the school office, teachers, Mr Cauchi or Mr Calabria for accurate information.



OLA Fiesta – Raffle Tickets – NOW DUE FOR RETURN

All books and monies (sold or unsold) were due to be returned by today Friday 28th July.

If you still have your raffle ticket book at home, please ensure you <u>return it on Monday</u>. It is important that any unsold books/tickets are also returned, as they need to be accounted for by the Parish as part of their accountability for the NSW Raffle Rules. The Parish have now informed us that you can also pay for the tickets by BPoint using the link below: https://www.bpoint.com.au/payments/olotangelsparish

Fiesta Cake Stall

Next week each family will receive a cake box and the Fiesta committee is kindly asking for donations of cakes/tasty treats to be returned in time for the Fiesta. Cakes can be dropped off at the Parish Office from 1pm on Saturday 5th August or at the Cake Stall at the Fiesta. Please list your ingredients and include with your cake, to support those with allergies.

Ride Wrist Bands

Ride wrist bands will be available for pre-sale from 2.30pm near the Mary statue next Thursday and Friday. Cost of the bands are \$35.00 pre-paid, or \$40.00 on the day and cash or eftpos will be accepted. These can also be purchased online using the link below:

https://forms.gle/4W5EyKZY4JyVKe616

Wristband must be purchased by 5pm next Friday 4th August to receive the discounted price.

Volunteers

Now that the Fiesta is almost upon us, we would appreciate additional volunteers. If you are able to volunteer for an hour or more to assist on the day, could you please email the Fiesta committee

at <u>olafamilyfiesta@gmail.com</u> Your generosity is very much appreciated in making the Fiesta a successful day. Volunteers are particularly needed for cleaning on the day, from anytime, start to finish.



We look forward to seeing you there on Sunday 6th August.



Parents Representative Council
SUPPORT | CELEBRATE | EDUCATE



Strength-Based Parenting!



Dr Lea Waters AM PHD

Psychologist, Professor, Researcher, Author and Speaker.

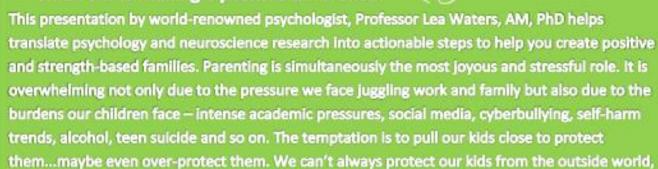
Lee is a world expert on positive psychology, organisation and school wellbeing and strength-based parenting. Founding Director and Inaugural Gerry Higgins Chair in Positive Psychology at the Centre for Wellbeing Science, University of Melbourne.



Catholic Schools Parramatta Diocese

Strength-Based Parenting

Small shifts making a positive difference!



but we can build them up from the inside and make them psychologically strong.



Monday, 21 August 2023

Doors open: 6:30pm for 7:00pm (2 hours) (PRC meeting will be held prior to the guest speaker)

St John XXIII Catholic College

160 Perfection Ave, Stanhope Gardens 2768
Light supper and refreshments will be provided, and a lucky door prize will be up for grabs!

🚹 @prcparra



THANK YOU TO OUR SPONSOR

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Student Awards

Congratulations to the following students who received awards this week:-

Term 3 Week 2		
Student	Academic Merit Award	St Francis Award
KB	Aubrey Breen	Lila Reid
KG	Tobias Mesiti	Kiara Valdez
KW	Gabriel Kruger Jeronymo	Eloise Mckee
Year 1 B	Jasper Zhang	Mason Taylor
Year 1 G	Montana Fonsdituri	Ayla Coughlan
Year 1 W	Rome D'Cruz	Zoe Tan
Year 2 B	Jacob Montgomery	Frankie Francis
Year 2G	Liam Dyke	Bianca Wallace
Year 2W	Andrew Dumesny	Gabby Acluba
Year 3 B	William Lewis	Mila Annamalay-Sanchez
Year 3 G	Asmara Arora	Hamish Clarke
Year 3 W	Alannah Said	Marcus Medjumurac
Year 4 B	Jeslin Jaijin Jose	Prisha Pradeep
Year 4 G	Divit Bammi	Oliver Taylor
Year 4 W	Riddy Loona	Clara Denisenko
Year 5 B	Hailey Taylor	Damien Pendlebury
Year 5G	Asher Vilathgamuwa	Elisa Reece
Year 5W	Lachlan Newman	Lucas George
Year 6 B	Elizabeth McKee	Ryan Salac
Year 6 G	Ella Ciantar	Lola Quinlan
Year 6 W	Andy Bui	Olivia Medjumurac





From the Parish Office...Children's Eucharistic Adoration

"Let the children come to Me and do not hinder them; for to such belong the Kingdom of Heaven." - Matthew 19:14

We invite all school aged children (Year 3-6) and their parents to spend quality time in the loving

presence of the Lord truly present in the Blessed Sacrament through guided prayer and singing hymns. Babysitting is available for children 5 years and under. Light refreshments will be provided afterwards.

To RSVP for the next session or for more information please scan/click on the QR code.

2023 dates

- Friday 11th August- 3:30pm-4:30pm
- Friday 1st of September- 3:30pm-4:30pm
- Friday 3rd November- 3:30pm-4:30pm



Values Matter at OLA

During this term, starting this week, information on the 'Nine Values for Australian Schooling" will be presented each week in our school newsletter.

These core values have been identified as including a range of secular and religious world views, and are common to most cultures. They underpin Australian society.

As a Catholic School we teach according to Jesus Christ's gospel values which strongly reflect the values of LOVE, FAITH, HOPE, RECONCILIATION, KINDNESS, SELF CONTROL, GENTLENESS, INTEGRITY, RESPECT and JUSTICE. Below is a summary of the nine values for Australian schooling.

Nine Values for Australian Schooling

- 1. Care and Compassion Care for self and others.
- 2. **Doing Your Best** Seek to accomplish something worthy and admirable, try hard, pursue excellence.
- 3. Fair Go Pursue and protect the common good where all people are treated fairly for a just society.
- 4. **Freedom** Enjoy all the rights and privileges of Australia citizenship free from unnecessary interference or control, and stand up for the rights of others.
- 5. **Honesty & Trustworthiness** Be honest, sincere and seek the truth.
- 6. **Integrity** Act in accordance with principals of moral and ethical conduct, ensure consistency between words and deeds.
- 7. Respect Treat others with consideration and regard, respect another person's point of view.
- 8. **Responsibility** Be accountable for one's own actions, resolve differences in constructive, non-violent and peaceful ways, contribute to society and to civic life, take care of the environment.
- 9. **Understanding, Tolerance & Inclusion** Be aware of others and their cultures, accept diversity within a democratic society, being included and including others.

A key aspect of this ongoing values education is the importance of students developing responsibility, resilience and social skills through co-curricular as well as curriculum programs.

Theme for the Week "Care and Compassion"

(taken from The Nine Values for Australian Schools from the National Values Education Program)

Some food for thought!
How do we care for ourselves?
Do we keep a healthy body and mind?
How do we really care for others in need?
Do we think of others who are in need?
Are we compassionate towards the needs of others?
How do we show care and compassion in our words and actions?