



Our Lady of the Angels School Rouse Hill

Newsletter
Vol. 4 No. 16

1 Wellgate Avenue, North Kellyville
PH: 8808-7300
Email: ola@parra.catholic.edu.au
Website: <http://www.olarousehill.catholic.edu.au>
Facebook: <https://www.facebook.com/OLARouseHill>

9th June, 2023
Term 2, Week 7

NEWSLETTER

Dear Parents,

I would like to congratulate our children who are working hard, each and every day, enjoying their learning and co-operating with others in their school environment. There are many wonderful personalities that come together under the banner of Our Lady of the Angels. Each of these personalities is different, some are quiet, some are loud, some are sensitive, some are resilient, some are shy, some are confident, some are creative, together they are our OLA family.

Each individual comes with their own attitude which impacts on their own outlook. Children's attitudes often reflect what they have seen and experienced. That is why our role modelling is so important. The following extract speaks volumes about our attitude. Perhaps take the time to read and consider the attitude your child brings to each situation, whether it be a challenge, a success or a setback.

"The longer I live the more I realise the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than success, than what other people say, think, or do. It is more important than appearance, giftedness, or skill. Attitude can make or break a home or family. The remarkable thing is, we have a choice every day regarding the attitude we will embrace for that day.

We cannot change our past... we cannot change the fact that people will act in a certain way. We cannot change the inevitable.

The only thing we can do is play on the one string we have and that is our attitude. I am convinced that life is 10% what happens to me and 90% how I react to it.

And so it is with you. We are in charge of our attitudes".

(Acknowledgement: Attitude by Charles Swindell; Brand New End by Carl Bard).

Most people are about as happy as they make up their minds to be. (Abraham Lincoln)

First Holy Communion

As a faith community, we congratulate and keep in our prayers the Year 3 students, who will be celebrating the sacrament of Holy Communion for the first time in our beautiful OLA Church on one of the following upcoming dates 10th/11th June and 17th/18th June. May Christ bless and guide them during this special time.



Family Week

Once again, our Family Week has been a huge success. Parents have expressed appreciation at having time freed up to spend as a family during these 'precious' years while the children are young. Children have been sharing this term's 'Family Week' experiences, which have included; reading a book together (Vienna), having family movie night (Eloise), family bike riding (Mila), family dog walk (Arella), going on a bushwalk together (Skye) and cleaning the house (Xavier).

Happy birthday to Fr Omar who celebrates his birthday this Monday 12th June.
Best wishes from all of us.



Thank you for your continued support. It is in partnership that we can achieve great things for our children.

Tony Calabria
Principal

Quote of the Week

You are

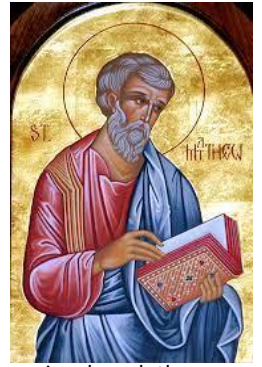
*BRAVER than you believe, STRONGER than you seem
SMARTER than you think and LOVED more than you know*

THE MOST HOLY BODY AND BLOOD OF CHRIST YEAR A (11-06-2023)

Gospel Reflection (John 6:51-58)

The feast of the Body and Blood of Christ, also known as *Corpus Christi*, celebrates and commemorates the institution of the Eucharist at the Last Supper. In the gospel passage, Jesus speaks a number of times about his followers eating his flesh and drinking his blood; 'For my flesh is real food and my blood is real drink.' In the Eucharist, we celebrate the 'real presence' of Jesus, understanding that bread and wine is changed into the body and blood of Christ. This change does not occur in a physical, observable way. The Church teaches that the 'substance' of bread and wine (what makes them bread and wine in essence) is changed but not the physical attributes. This is known as 'transubstantiation' – change of substance. Meals are very important events. Not only do we physically need food and drink to keep ourselves alive, but we use meals to mark occasions and celebrate events: birthdays; weddings; dates; achievements; disappointments; reunions. There is a sacredness about gathering with friends and family and sharing a meal together. Stories are told; memories shared; the food is appreciated and more often than not there's a drink to accompany the meal. Treating such occasions with gratitude – as blessed moments of grace – is living out the Eucharistic reality of welcoming Jesus into our lives and seeking to be more like him. When we receive the body and blood of Jesus in the Eucharist we become what we receive – we become Christ's body in the world. When Jesus called his disciples, he called them to be like himself. He reissues that call to be like him every time we receive his body and blood in Eucharist.

(Greg Sunter at Liturgyhelp.com)



Remaining Parish (9.00am) and School Masses as indicated

Parents are most welcome to attend all masses with the children.

WEEK 8: Friday 16th June-WHOLE SCHOOL MASS at 11:45 am- Sacred Heart of Jesus (Vinnies Winter Appeal)

WEEK 9: Wednesday 21st June- Stage Three and Kindergarten

SACRAMENT OF FIRST HOLY COMMUNION

Over the next two weekends many of Our Lady of the Angels students will be receiving the sacrament of their First Holy Communion. May we keep these students in our prayers, as they receive the Holy Eucharist in their body and soul over the next coming weeks.

Congratulations to the following students who will receive their First Holy Communion this weekend.

Arella B
Julian F
Amalia G
Marcelo I
Jasmine L
Jack L
Kianah L
Elena V
Tristan C
Emily G
Chelsea H

Emma M
Evelyn M
Athena S
Stefan S
Sara T
Nevenka T
Kayla V
Ari V,
Denelle D
Jaxon H
Koby H

Alannah S
Daniel S
Miguel R
Benjamin N
Ashton K



Our prayers and thoughts are with the following families on the recent passing of their family members:-



- The Knowles family (ex family of OLA) on the recent passing of Mrs Knowles
- The Wilianto family (Michelle 2G) on the recent passing of their grandmother, and
- The Atalla family (Gabriella 1G) on the recent passing of their grandfather.

Eternal rest grant unto them O'Lord, and may perpetual light shine upon them. May they rest in peace.


The LORD will keep you from all harm—
he will watch over your life;
the LORD will watch over your coming and going
both now and forevermore.
Psalms 121:7-8

DailyVerses.net

What's Happening with RE in the Classroom

In Year 5, students have been focusing on understanding that Jesus is present in our lives in many ways, offering hope to the world. Over the last week, students have looked at people who have endured suffering and have used their experiences to demonstrate hope to the world.

Lachlan N




Sophie Delezio

At the age of 2 Sophie Delezio was caught in a car crash in her pre school at Fairflight. The car landed on top of her whilst it was burning leaving her with burns to 85 percent of her body, lost both feet, one hand and an ear. She was hospitalised for many months.

Three years later Delezio was injured in a road crash where she was badly injured while she was being pushed in a wheelchair by her carer near her home in Sydney's northern beaches and was thrown 18 metres. She suffered a heart attack, broken jaw, broken shoulder, bruising to her head, numerous rib fractures and a tear to her left lung.

She demonstrates love in the world by never giving up in her life and by being proud of who she was even though she has a disability. Sophie Delezio says on Body and Soul, "People ask "Do you wish it never happened?" But then I don't know what my life would be like. Every one of my relationships wouldn't be the same, because it's created such a close connection to my family, my friends." She is an inspirational woman in people's life because she goes on to still enjoy life and life like she wasn't involved in the crashes. Even though she was in two car crashes which left her disabled, she was resilient enough to bounce back from the situation and to not let that bother her for the rest of her life.



Alana page 2



Galatians 6:9 Is an example of what Nelson did because it talks about how we all go through stuff in life but the key thing in the that sentence is, if we do not give up. Nelson always had hope, he never gave up and because he didn't give up and he never gave up hope he got what he wanted.

Mark 14:18-26 This is an example of Nelson Mandela because Jesus had accepted that this is the way it is, this has happened to me but that doesn't mean he gave up hope because he always had faith in his father and that his father was choosing the right path for him. This is the same for Nelson, he accepted that he was going to be in jail for the next 27 years but that didn't mean he would give up hope because that was like accepting defeat, Nelson knew what was right for his country and once he stood up for what he believed in it happened.

Luke 1:37 This is sort of an example of Nelson because he 100% thought nothing was impossible but he didn't say nothing was impossible with God. Nelson knew that nothing was impossible and that if he believed in what was right then he would succeed.

Famous Quotes

- ★ "It is in your hands, to make a better world for all who live in it."
- ★ "Overcoming poverty is not a task of poverty, it is an act of justice."
- ★ "A winner is a dreamer who never gives up."
- ★ Education is the most powerful weapon which you can use to change the world."



Feast of the Sacred Heart and Pyjama Mufti Day

Celebrated at OLA on Friday 16th June

This year we will be celebrating the Feast of the Sacred Heart on Friday 16th June (actual Feast Day is Saturday 24th June). OLA will celebrate the Feast of the Sacred Heart with a whole school Mass at 11.45am in the Church. Parents are most welcome to join us.

The Feast of the Sacred Heart falls 19 days after Pentecost. The heart of Jesus is a symbol of His great love for us. This mass is also known as 'Poor Man's Mass'. It is a time we reflect on the love of Jesus and show others the face of God by supporting those in need.



Pyjama Mufti/St Vincent de Paul Winter Appeal

OLA will be once again supporting St Vincent de Paul Winter Appeal. We ask that students wear their pyjamas on Friday 16th June and donate any of the following items (new or pre-loved in excellent condition):-

- Warm blankets, sleeping bag
- Jumpers
- Jackets
- Beanies
- Socks
- Scarves
- Travel mugs etc



Please send in your donations during the week starting Tuesday 13th June till Friday 16th June. The Vinnies truck will be collecting the items on Monday morning (19th June) so no items will be accepted after 9.00am. Although it will be pyjama mufti, children will need to wear covered shoes ie, joggers rather than slippers etc.

We thank you for your support in our social outreach endeavours.

PARISH FIESTA: SUN, 6 AUGUST

SPONSORSHIP OPPORTUNITIES NOW AVAILABLE

Are you or your business interested in becoming a sponsor for this year's Family Fiesta?

The Fiesta is our major fundraising event which raises much needed funds for our Parish and School Community.

We have several sponsorship opportunities available for the Fiesta.

You can choose to sponsor specific stalls to help cover expenses, or you can contribute goods or services.

As a sponsor, your business could receive promotional recognition for your sponsorship during the event.

Your assistance would be greatly appreciated.

If you are able to provide sponsorship, please reach out to the Fiesta Committee via email at olafamilyfiesta@gmail.com or contact the Parish Office.



Happy birthday to members of our OLA Community who are celebrating their birthday this coming week....

Sun 11th June

Jenessa De La Cruz

Mon 12th June

Fr Omar Mazzega

Tues 13th June

Lachlan Riley
Hayden Spiteri
Mrs Abby Buckley

Wed 14th June

Thomas Burge

Thurs 15th June

Ambrose Contreras Bondarenko
Vienna Gergely-Hollai
Ben Robertson

Fri 16th June

Jayden Acluba
Nevenka Topic

Dates to Remember

Week 8

Mon 12th June Public Holiday

Wed 14th June 8.50am Athletics Carnival Presentations.
All welcome

Fri 16th June 11.45am Whole School Mass. All Welcome
Sacred Heart of Jesus.
Pyjama Mufti Day (Vinnies Winter Appeal)
Students wear their pyjamas to school, joggers and hat

Week 9

Mon 19th June Vinnies Pick up today
Tues 20th June Year 4 Science Incursion

Wed 21st June 9.00am P&F Meeting. All Welcome
9.00am Mass – Years 5 & 6 and Kindergarten
All Welcome
Fri 23rd June 2.15pm P&F Pre-Loved Uniform Sale
2.30pm Whole School Assembly presented by Year 2. All Welcome

Week 10

Tues 27th June Parent/teacher/student interviews
Wed 28th June Parent/teacher/student interviews
Stage 2 Boys & Girls Soccer Gala Day
Fri 30th June 9.00am Principal's Awards. All Welcome
LAST DAY OF TERM 2

2023 OLA Athletics Carnival

Congratulations to all students who attended and participated in our 2023 Athletics Carnival. So many smiles, laughs, outstanding results, impressive sportsmanship and great athleticism was displayed on the day. We are so proud of all the students who excelled in their events.

We would like to invite Parents and Friends to our Age Champion, House colour Champions and Spirit Cup winner presentation assembly this Wednesday, 14th June at 8.50am. Our OLA Hills Zone Team will be notified in the coming weeks.

I would like to personally thank all the wonderful Parents, Year 9 Marian Students, Mr Nasso (Marian Teacher), OLA teachers and staff that helped on the day and behind the scenes. Our children were able to enjoy this very memorable day because of you all. Carnivals are not possible without your support and help. I really appreciate you all!

Congratulations again to the parents taking the win of the Teacher Vs Parents Vs Students Relay race. Hook into Facebook to the video of this race and photos of the day.



Mackillop Soccer Trials

Congratulations to Alessandro Albertini who represented Parramatta at the Mackillop Football Trials in Goulburn the other week. Well done Alessandro!



NSWPSSA Boys Basketball Championships

Max Masters was selected for the Boys MacKillop team and competed in Tamworth last week. The MacKillop Boys team took out the GOLD and won the Championships. Max was awarded a team leadership award and was also given the honour of being team captain. We are so Proud of you Max!



Stage 3 Girls Soccer Gala Day

On Friday 2nd June, our Stage 3 Girls soccer team competed at the Diocesan Gala Day. The girls had a great day displaying their skills and teamwork, finishing third in their pool. Well done. Mrs Boatfield



NSWCPS Cross Country

Wishing our 8 OLA students the best of luck as they Represent Parramatta at the NSWCPS Cross Country on Tuesday 13th June. They will be competing at Horsley Park to secure a spot on the MacKillop Cross Country Team. Amalia Gergely-Hollai, Korbin Bruckard, Charlotte Holden, Noah Falzon, Khai Aldaba, Charlotte Naim, Ava-Belle Chong and Ella Ciantar. Go OLA!

Stage 3 Boys Soccer Gala Day

Congratulations to our two Stage 3 Boys Soccer teams. What champions. Both teams finished second in their pools. A wonderful achievement. Mr Campbell



Thank you to Mrs Batten for organising such an amazing athletics carnival and all things sport. We are indeed blessed to have her part of the OLA team.

Kindergarten Excursion to Calmsley Hill Farm....

Kindergarten just loved their first excursion.



Year 2 Walking Excursion to Rouse Hill Town Centre....

We love our local area.



Thank you to all the parents who assisted at our Kindy and Year 2 excursions.

OLA Debating

On Tuesday our fantastic debating team hosted Mar Immaculate Primary School. The topic up for debate was 'Technology Makes us Less Connected!'

OLA were debating the affirmative. With some great arguments and rebuttals, OLA were declared the winners.

Our debating team for this round consisted of Ava-Belle (Chairperson), Vincent (Speaker 1), Charlotte-Rose (Speaker 2), Divena (Speaker 3) and Eva (Speaker 4). Olivia was our timekeeper.

We look forward to our next debate against OLOR Kellyville in Week 10.

MARK IN YOUR DIARY

Monday 17th July

Week 1, Term 3

STAFF DEVELOPMENT DAY/PUPIL FREE DAY

RAT Kits

We have a limited number of RAT kits available. If you would like a pack, please let the office know.

School Fees

Instalment 2 fees are now due and payable. If you are not on a payment plan, could you please attend to the payment of the fees as soon as possible.

**IT IS IN YOUR HANDS, TO
MAKE A BETTER WORLD
FOR ALL WHO LIVE IN IT.**

~ NELSON MANDELA

Premier's Reading Challenge

Congratulations to Aubrey Breen KB, Eloise McKee KW, Alana Pearson KW, Mason Taylor 1B, Nicholas Daryoush 1W, Xavier Williams 1W, Divit Bammi 4G, Ella Macdonald 4B & Noah DeLeon 4W for completing the PRC challenge this week.

This year, both an Infants and Primary class, with the highest percentage of student participation in the reading challenge, will celebrate their success with a pizza lunch. Keep reading OLA.



How to Support Early Writers at Home

1. **Help your child learn the letters of the alphabet.** Read ABC books, play letter-matching games, and work on puzzles to help her identify letters. Invite her to make letters using clay.
2. **Take pictures of an activity** that is especially interesting to your child. Use them to write a story together.
3. **Keep a portfolio** of your child's writing attempts. At different times in the year, show your child her writing samples and comment on her progress.
4. **Bring writing materials with you** whenever you go out to the grocery store, doctor's office, or a restaurant.
5. **Celebrate your child's writing** by prominently hanging her work in places where it is visible to all. Knowing that writing is important will go a long way toward motivating her to write more.

Writing supplies to have on hand:

- paper (lined and unlined)
- colourful stationery
- chunky pencils, markers, and crayons
- ink pads and rubber stamps



Lisa Hurst

Literacy Coordinator

P&F Meeting

9.00am Tuesday 20th June

All parents are welcome to join us for this term's P&F Meeting. Please note the daytime slot. Come along and hear about exciting things that are happening at OLA.

Birthday Treats

We kindly ask that you continue to **NOT** send in any birthday treats of any kind, edible or non-edible. This is to ensure that children are only eating food that is supplied and/or prepared by you at home. **Continuing this practise at this time is aimed solely at doing everything we can to ensure the safety of your child, particularly as Covid is still present within the wider community.**

Working in Partnership

Our teachers regularly meet throughout the year with parents as needed, generously giving of countless hours outside of their school day. This year we will be holding formal half yearly face to face parent/teacher interviews in Week 10 across the evenings of Tuesday 21st and Wednesday 22nd June. This is a great opportunity to meet with your child's teacher to discuss your child's report, their strengths and areas of focus so that we can work in partnership. As always, if additional time is still needed, a separate interview can be organised. Booking information will be sent home in week 9.

We will use the School Interview Online booking site and follow the same process as in previous years, where parents can book a timeslot. We ask that if possible, your child also be present for this interview, so that they can hear affirmations, future directions and particularly for our older students, contribute to the conversation.

Building Child Safe Communities

As more opportunities come about for parents to volunteer at school or for excursions, please consider completing the Building Child Safe Communities Online Training module in anticipation of being able to assist. This should only take about 15 minutes and it then gets sent to CEDP for approval. Once completed, it is valid for two years. Please note that in any event, this **MUST** be completed before you can assist in any way at school.

<http://www.parra.catholic.edu.au/About-Us/Building-Child-Safe-Communities>

We Bounce Back and Move Forward at OLA

Empathy and Forgiveness

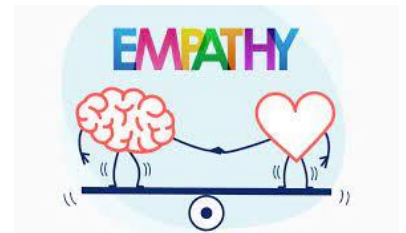
This week students are focussing on showing empathy towards others and being able to forgive.

What is Empathy and why is it important?

Empathy is the ability to step into the shoes of another person, aiming to understand their feelings and point of view, and to use that understanding to guide our actions. Empathy is really important for how we get along with people. Whether you can be a good friend or be successful with a team of others depends on being able to understand how other people might see a situation and how they are feeling. It helps you know how your actions affect others, what actions you need to take to be a good friend or teammate, and it helps you understand more about the people and the world around you.

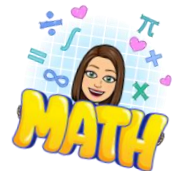
What is Forgiveness and why is it important?

Forgiveness is when an individual voluntarily chooses to let go of feelings and thoughts of resentment, bitterness, anger, and the need for vengeance and retribution toward someone who we believe has wronged us, including ourselves. Developing empathy is a necessary step in forgiveness. Like adults, kids sometimes feel wronged by others. Through retaliation, kids may feel like they are merely responding to the situation, however, they may be less accepted by other kids, and have fewer or lower-quality friendships. On the other hand, choosing to forgive can de-escalate a cycle of conflict and preserve a valuable friendship.



MATHS NEWS

Math's Fun - Can you solve our Maths problems for this week? Please bring your answers to share with Mrs Vella next week!



Primary Learning Task

START	2	1	7
5	3	4	6
7	1	0	8
3	5	9	FINISH

NUMBER GRID CHALLENGE: TARGET 20

Start the maze at 0. You need to finish the maze with a total of 20.

Your path can go **right or down** at each turn.

There are 2 possible paths.

Can you find them?

Infants Learning Task



Evie made a beaded necklace for her friend Olivia.

1. What pattern is the 5th bead?
2. What pattern is the 12th bead?
3. What will the next bead be on the necklace? Plain, stripy, or spotty?
4. If she added more beads, what pattern would the 20th bead be?

Theme for the Week 'Smile & be Happy'

Our theme this week is aimed at helping the children to be content with the many blessings that Christ has bestowed on them. Unfortunately, our children's lives can sometimes be so busy and stressful that we need to stop and reflect on just how fortunate we are to have our health, our faith and our wonderful families. A smile says so much and can bring so much happiness to others. It is a beautiful life we live, strive to smile and be happy.

IMPORTANT NOTICE Facebook/Messenger

Please note: There are **NO** official grade Facebook pages. These pages are not to have a school crest/logo etc, as they are not endorsed, contributed to or seen by the school. As a result, there can often be inaccurate information regarding uniform changes, questions about reading levels etc. **Parents are always encouraged and welcome to direct questions to the school office, teachers, Mr Cauchi or Mr Calabria for accurate information.**

OLA FACEBOOK PAGE

For up to date information and events,
Visit our Facebook

page <https://www.facebook.com/OLARouseHill>

Or Click on the facebook f in the top corner of our school website

Be sure to 'like us'

Tech Tip Week 7

Getting started with parental controls on devices and accounts

Many digital devices and accounts now come with parental controls.

Apple devices

Apple allows parents to set up family sharing accounts. Family sharing enables parents to share purchased apps and manage their child's device. You can find out more about setting up parental controls at [Apple families](https://apple.com/families).

The Apple Support YouTube channel has videos that provide step by step advice.

Follow these steps to get started:

1. In your settings, select your Apple ID and account info.
2. Go to family sharing and click on '+Add member' to add a new account for your child.
3. Go to Screen Time settings to set limits on apps, block websites and restrict purchases – whenever you change this it will update on your child's device.
4. On your child's device, activate the account.

Andriod devices

Google Family Link allows parents to use an app to manage their child's device. You can find out more at families.google.com.

Follow these steps to get started:

1. Set up an account for your child using your Google account.
2. Download the Family Link app to your phone or tablet.
3. Verify your child's account.
4. Go to Digital Wellbeing and Parental Controls and use the settings to set limits on apps, schedule downtime and see what your child is doing online – whenever you change this it will update on your child's device.
5. On your child's device, activate the account using the passcode or by pairing their device to yours.

Wearables

Wearable technology such as iWatches, Fitbits and Virtual Reality headsets can be fun and provide benefits such as being portable. Some of these new technologies have parental control options that limit use to specific times, schedule downtime or hide your child's location from others. [Click here for more information](#).

Information provided from the eSafety Commissioner website.





Donations requested for PRE-LOVED School Uniform Shop

❖ Do you have a spare school uniform that you no longer need?
❖ Maybe it doesn't fit?
❖ Why not donate it!

Donations of clean, in good condition, pre-loved uniforms
can be dropped to the front office.

**Thank you for helping and supporting our
School Community!**

Next Sale
Friday 23rd June
2:15-3:30pm

Student Awards

Congratulations to the following students who received awards this week:-

Term 2 Week 7		
Student	Academic Merit Award	St Francis Award
KB	Austin Banks	Isla McCrory
KG	CJ Castro	Christopher Wang
KW	Sienna Parbery	Gabriel Kruger Jeronymo
Year 1 B	Dylan Dalton	Jayden Acluba
Year 1 G	Lucas Mikhael	Carmella Saba
Year 1 W	Leonardo Denisenko	Misha Donzow
Year 2 B	Chloe Cambourn	Sophia Ali
Year 2G	Adriana Donzoq	Braxton Draper
Year 2W	Ivy Jakovljevic	Penelope Sofia
Year 3 B	Ava Zhu	Luis Flores
Year 3 G	Natalie Balangon	Isabella Zhang
Year 3 W	Marcelo Ira	Mia Pennati
Year 4 B	Ciaran McKeever	Abbey Zahra
Year 4 G	Ariah Clark	Emma Alin
Year 4 W	Sebastian Nasso	Giuliana Barbara
Year 5 B	Ava Phelps	Antonio Dinos
Year 5G	Lauren Cauchi	Lucas Dobaj
Year 5W	Esther Afoakwah	Alexander Gobran
Year 6 B	Mason Sleiman	Samantha Ocampo
Year 6 G	Magnus Myhre Fox	Sophia Mangano
Year 6 W	Noah Falzon	Alex Vozzo