



Our Lady of the Angels School Rouse Hill

Newsletter
Vol. 4 No. 26

1 Wellgate Avenue, North Kellyville
PH: 8808-7300

Email: ola@parra.catholic.edu.au

Website: <http://www.olarousehill.catholic.edu.au>

Facebook: <https://www.facebook.com/OLARouseHill>

1st September, 2023
Term 3, Week 7

Dear Parents

Building Community & Raising Funds for the Parish & School What an amazing Parish & School achievement!!!

From Michael Said:- *"First and foremost, thank you to everyone for your generosity as the Fiesta was an outstanding success. I am pleased to advise that the proceeds from this year's Fiesta is anticipated to be just over \$61,000.00. The monies raised will be used by the Church and the School to support the current funding needs of the parish, and the educational needs of the children of OLA Primary."*

Thank you once again to Michael Said (Alannah 3W) for his time, efforts and generosity of self in co-ordinating such an amazing Fiesta.

We Love our Dads!!

Our Father's Day celebrations today were fantastic. There was an overwhelming presence of dads, parents and friends as we celebrated our dads at OLA. The children had a lovely morning as their heroes visited for a special assembly, morning tea and a visit to the classrooms. In our current climate of busyness and time constraints it was great to see so many fathers organising time for this important occasion. The excitement amongst the children was certainly present as they showed off their work, classrooms, friends and teachers. The many positive and appreciative responses to the day from so many dads were very much valued.

Our assembly in honour of our dads was simply outstanding. Our thanks to Ms Grima for co-ordinating the assembly and to all the staff. Congratulations to all our beautiful children. Thank you also to the choir led by Mrs Cheadle and Ms Brown, to the band led by Miss O'Connor and to all the other grades and children involved in the assembly.

On behalf of all dads and their children a heartfelt thanks for the amazing efforts of the P&F team and volunteers in co-ordinating the gift stall so that dads could be treated with that special gift on Father's Day, chosen by their most loved ones, and for the amazing morning tea at our Father's Day celebrations. Thank you to the many parents who assisted in one way or another whether it was sourcing gifts, being at the stall, setting up or packing up our morning tea etc, your contribution is very much appreciated.

Finally and certainly not least, to all our dedicated teachers for opening their classrooms and welcoming the dads and visitors into their learning spaces. As a proud Principal it is wonderful to see so many members of our Christ centred community gathering and spending time together.

"Deserving Appreciation Daily"

We are reminded this Sunday to stop and give thanks to God for the wonderful role that our Fathers or significant adults play in our lives. Dads are indeed special and **D**eserve **A**ppreciation **D**aily for the support they give to their families, the love and care and the modelling they pass on to the children. We ask God our Father to bless and watch over all fathers who together with mothers, strive to do the best for their children.

A Blessing Prayer for Fathers

*God our Father, as you have loved us into being,
We ask that your blessing to be upon all fathers who offer to their children
The love with which you have blessed them.
May you continue to guide and strengthen these fathers and all men who offer wise
guidance to others.
Bless them with patience, good humour and understanding.
May Jesus be their companion and the Holy Spirit provide constant inspiration. Amen*

Thank you for your continued support. It is in partnership that we can achieve great things for our children.

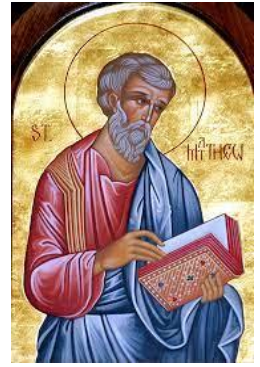
Tony Calabria, Principal

NEWSLETTER

TWENTY-SECOND SUNDAY IN ORDINARY TIME YEAR A (03-09-2023)

Gospel Reflection Mt 16:21-27

This week's gospel is the first of three predictions of Jesus' death and resurrection in Matthew's gospel. In this passage, Jesus is beginning to prepare them for the events of the passion – his death and resurrection. He is trying to lead them to a greater understanding of his mission and message. The passage then leads into a description of the challenge of discipleship. To be a follower of Jesus means to 'deny' oneself, take up one's cross and follow Jesus. In the context of this passage, to 'deny' oneself means to not be concerned about 'I' but to be concerned about 'You' – to put others before self. To be a follower of Jesus means to be selfless, not self-centred. This week's gospel is a reminder of the real challenge of being a Christian. Jesus reminds us that to be one of his followers we must be prepared to pick up our cross – whatever our particular cross might be – and still follow his example. To be a Christian means that we don't fall in a heap when difficulty comes our way; we take up the burden – our cross – and continue to look forward with hope. To live like Jesus is no easy option.



Parish Masses Term 3:

Please see below the timetable for remaining Parish Masses and school Masses that the children will attend this term. Parents are most welcome to join the children at any of the Masses as we celebrate the Sacrament of the Eucharist.

WEEK 8: Tuesday 5th September-Years 3 & 4 at 9am

WEEK 9: Wednesday 13th September- Years 5 & 6 and Kindergarten at 9am

WEEK 10: Tuesday 20th September- Years 1 & 2 at 9am

Sacrament of Confirmation

Please keep the children preparing for their Sacrament of confirmation in your prayers.

Rehearsal Sessions

Thursday 7th September

Group 1 at 5:00 pm

Group 2 at 6:00 pm

Group 3 at 7:00 pm

Sacrament of Confirmation Masses

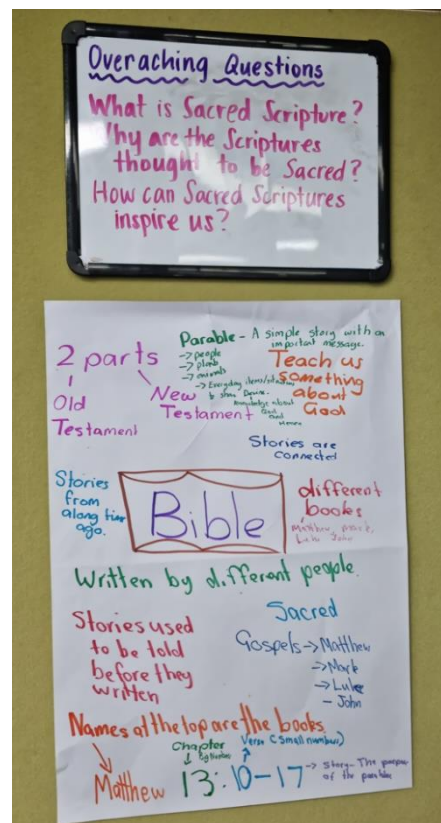
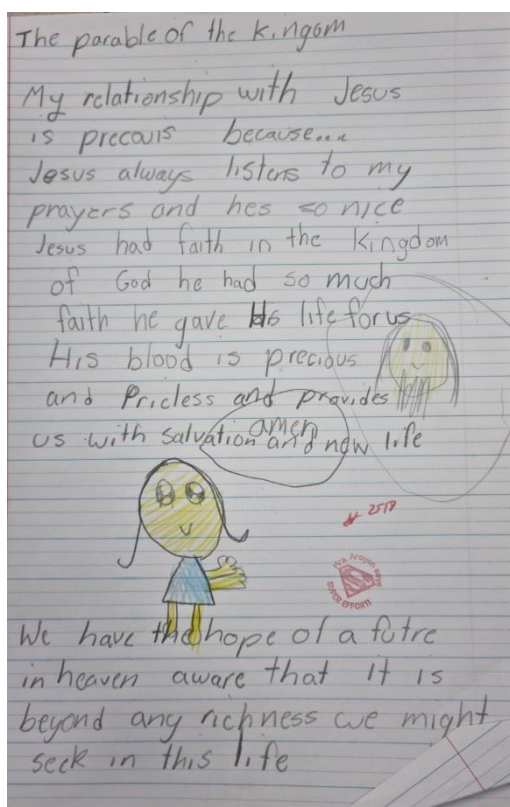
Tuesday 12th September at 6:30 pm- Group 1

Wednesday 13th September at 6:30 pm- Group 2

Thursday 14th September at 6:30 pm- Group 3

What's happening with RE in the classroom...

This term in Year Two, students have been learning about sacred scriptures. They have been reading different scripture passages and seeing that these stories are about God's love for His People. Students are looking at the Bible and how it is a special book in which God speaks to use today.





Happy birthday to members of our OLA community who are celebrating their birthday this coming week.....

Sun 3rd Sept

Scarlett Malae

Mon 4th Sept

Aiden Ajay

Imogen Grace

Alessandro Albertini

Isaac Nolan

Tues 5th Sept

Ariella Barbara

Mirelle Ferdinands

Ayla Popescu

Luke Scanes

Nicholas Smith

Wed 6th Sept

Jeslin Jaijin Jose

Jai McLuskey

Thurs 7th Sept

Leo Dabit

Juliana Wassef

James Boje

Klay Icaro

Fri 8th Sept

Cruz Keating

Mrs Frances Eisenhuth

Sat 9th Sept

Chayse Attard

Dates to Remember

Sun 3rd Sept

HAPPY FATHER'S DAY

Week 8

Tues 5th Sept

9.00am Years 3 & 4 Parish Mass

Fri 8th Sept

2.30pm Whole School Assembly

Presented by Year 4. All Welcome

Week 9

Tues 12th Sept

6.30pm Sacrament of Confirmation

(Group 1) Bishop Vincent celebrating

Wed 13th Sept

9.00am Kindy, Years 5 & 6 Parish Mass

All Welcome

6.30pm Sacrament of Confirmation

(Group 2)

Thurs 14th Sept

6.30pm Sacrament of Confirmation

(Group 3)

Fri 15th Sept

Stage 2 Touch Football Gala Day, St Marys

2.15pm Pre-loved Uniform Sale

Week 10

Mon 18th Sept

Infant's Athletics Carnival

Wed 20th Sept

Principal's Student of the Term Awards

All Welcome

Fri 22nd Sept

Stage 3 Touch Football Gala Day, St Marys

Last Day for Term 3

Term 4

School commences for students on

WEDNESDAY 11th October

Leave of 5 Days or more

Just a reminder that for any leave of 5 days or more, an Application for Extended Leave must be completed prior to the date and a Certificate issued by the school for this absence. If no application is received, your child will be marked as an 'unjustified absence'.

SAVE THE DATE



Friday 20th October at 9.00am

CHANGE OF CLOTHES

If your child needs a change of clothes at school from sick bay, due to a little accident, etc, could you please ensure that the items are washed and returned to school as soon as possible.

We do mark our clothing with 'OLA Spare' on the tags for ease of identification. We seem to be running very low on our supply as they are not being returned.

Family Week

Once again, our Family Week has been a huge success. Parents have expressed appreciation at having time freed up to spend as a family during these 'precious' years while the children are young. Children have been sharing this term's 'Family Week' experiences, which have included Masterchef cooking, sewing, chess, painting, movie night, playing Monopoly, go-carting, bike riding and movie making, sock wrestling, just to mention a few.

Mackillop Hoodies and/or Zone Representative Clothing

We are proud of our school uniform and how smart the children look. As the representative season begins, children that represent the Parramatta Zone or MacKillop often purchase a hoodie or other clothing to mark the event. A few students have been wearing these to school as a substitute to the normal school jumper/jacket. This clothing is not part of our school uniform.

From Term 2 onwards, all representative clothing will not be permitted to be worn at OLA.

Many thanks for your continuing support in this area.

Literacy News



We read, read, read to succeed, succeed, succeed....

Premier's Reading Challenge



Congratulations to Angeline Garcia 2G, Akira Mailk 3G, Abbey Zahra 4B, Hailey-Jayde Taylor 5B & Damien Pendlebury 5B, for completing the PRC challenge. **This a reminder the challenge has now closed.**

Congratulations to **ALL Year 3** cohort for completing this year's challenge. A special congratulations goes to Olivia F (4G) for reading 101 books throughout the challenge. Our Primary winners are 3B, 3G & 3W & our Infants winner is KB for 2023. These classes will receive a **PIZZA** lunch before the end of the term as a prize for having the highest percentage of students complete the PRC for 2023.



At OLA, we read to succeed!

Building on the diversity of family literacy practices

Families participate in diverse and successful reading and writing practices. The diversity of these practices needs to be recognised and celebrated. For example, when families from different cultural backgrounds share their traditions and passions for storytelling, their children's literacy learning is enhanced. When parents share a book in their first language with their children, they build the foundations for a positive attitude to reading and expand on the child's language skills. When parents and carers just take time to talk about a book, the child benefits.

To accommodate the diversity of home literacy practices, it is essential that parents:

- engage children in many and varied types of literacy experiences, not just storybook reading, for example, cooking, newspapers, television information, instructions, street signs, brochures, junk mail, electronic communication, notes, singing, talking, and written communication
- appreciate that different family members, not just parents, play a role in literacy learning for example, grandparents, siblings, extended families
- recognise and celebrate the literacy associated with cultural differences and traditions
- locate resources, for example, interpreters and electronic resources, that can assist in decreasing the communication divide and strengthen partnerships between homes and schools.

Source: Primary English Teaching Association Australia.

Lisa Hurst
Literacy Coordinator

Year 6 Voice of Youth

Over the past term the Year Six students have dedicated themselves to creating and presenting speeches that show their passions and personal interests for the Voice of Youth Competition.

On Monday, 28th August our grade finalists, Elizabeth and Ava-Belle, participated in the Cluster Final at John 23rd Catholic Primary School. All Year 6 students and teachers attended to support our finalists.

Congratulations Elizabeth and Ava-Belle.

Parent Emails to School

At OLA we value our strong relationship with families and welcome opportunities to communicate with parents and carers. We also recognise that email is a fast and convenient way to contact your child's teacher or other school staff.

If you wish to contact a staff member, please email ola@parra.catholic.edu.au. Your email will then be directed to your child's teacher or another relevant staff member. This helps us to have confidence that we are aware of any matters needing our attention as a team, and that you are connected to the person who can best help.

Thank you so much for your assistance and understanding as we work together in partnership.

IMPORTANT NOTICE – TERM 4

As communicated in Term 2, the Diocese has set aside the first two days of Term 4 as Staff Development Days (Pupil Free Days) to focus on professional learning regarding the new English and Mathematical Syllabus.

Please note Monday 9th and Tuesday 10th October will be pupil free days.

The first day of Term 4 for students will be Wednesday 11th October.

Building Child Safe Communities – Volunteer Undertaking

A reminder to all parents that wish to volunteer at OLA that the CSPD Building Child Safe Communities form and online training module for all volunteers is required to be completed.

The purpose of this training is to inform you of the standards of behaviour and other requirements that must be adhered to when volunteering for CEDP.

The undertaking should take no more than 5 minutes to complete and the training module approximately 10 minutes. Follow this link to complete: <https://www.parra.catholic.edu.au/About-Us/Building-Child-Safe-Communities>

All volunteers need a BCSC status that is **Approved** to provide services to our school. You must provide your BCSC number to school prior to the **EVENT DATE**.

Thank you for all that you do in partnership with the teachers and staff to enhance your child's learning journey at OLA.

Please remember that this only needs to be completed every two years, not every time you are volunteering for an excursion. Please keep your approval email 'bookmarked' so that you can check your expiry date.



Technology Tip - Week 7

Digital Fatigue

How to Build Digital Intelligence Promote Respectful Communication

- Encourage your child to use the same positive manners and behaviour they would use offline. Understanding that others may have different cultures, backgrounds or points of view. If it is not OK to say or do something face to face, it is not OK online.
- Remind them to avoid responding to negative messages and to tell you or another trusted adult if they receive them. Tell them it is OK to report others who are not being nice.
- Emphasise the positives. For example, "I know what a kind and respectful person you are, and it makes me so proud to see you acting the same way when you're online. You are such a great friend – I can see how much everyone looks up to you at school."

Are you Still Regularly Late?

School begins at 8.50am sharp. Thank you to the parents who ensure their children are at school on time. Students who are late miss important announcements and, more significantly, vital learning in the classroom.

Additionally, late children disturb the learning of others and are very self-conscious of entering after everyone else. Surprisingly, the children blame mum or dad not being ready whilst mum or dad tend to say it's the children.

From 8.50am a parent MUST accompany their child to the office to be signed in.

Infants Athletics Carnival

Monday 18th September

9.00am – 12pm to be held on the school grounds.

We are inviting parents and family members to come join in the fun while the students from K-2 participate in their Infants Athletics Carnival at OLA. The morning will be filled with multiple sporting events on rotation for the students and parents to enjoy. Our showcase '70m Sprint' will be the final event, so don't miss out on supporting the children as they display great sportsmanship and athleticism. Please see the google form coming home soon requesting parent helpers, as we need many hands to help make the day run smoothly.

Please note that this is a fun carnival in which we encourage participation and having a go.

Thank you for all you do to support OLA.

Mrs Lyndelle Batten

We Bounce Back at OLA

Students at OLA are encouraged to be reflective and view themselves with a positive mindset. One way of developing this skill is through meditation.

What is meditation?

Meditation isn't about becoming a different person, a new person, or even a better person. It's about training ourselves to become more aware and developing a healthy sense of perspective. It is not trying to turn off your thoughts or feelings. It is about learning to observe our thoughts and feelings without judgement. And eventually, you may start to better understand your thoughts and feelings as well. Meditation is a skill - it takes consistent practice to get comfortable.

Meditation can offer numerous benefits for children, promoting their overall well-being and development. It's important to note that meditation for children should be age-appropriate, engaging, and fun. Short sessions and interactive techniques can work well. Parental guidance and support are crucial, especially for younger children, to ensure the practice is comfortable and beneficial for them.

Some benefits of meditation are:

- Gaining a new perspective on stressful situations.
- Building skills to manage your stress.
- Increasing self-awareness.
- Focusing on the present.
- Reducing negative emotions.
- Increasing imagination and creativity.
- Increasing patience and tolerance.

Prayer and Meditation

Christian meditation "engages thought, imagination, emotion, and desire" in prayer. (Catechism of the Catholic Church, 2708) It is also known as mental prayer.

Catholic meditation seeks to use the faculties of the mind to know the Lord, understand his love for us, and to move into deep union with him. Use of the mind "is necessary in order to deepen our convictions of faith, prompt the conversion of our heart, and strengthen our will to follow Christ." (Catechism, 2708)

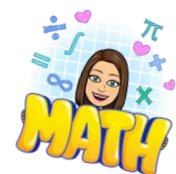
Put simply, our goal is to answer the basic human question: "Lord, what do you want me to do?" (Catechism, 2706)

The goal of Christian meditation is to foster a deeper relationship with God, gain insights into one's faith journey, and experience a sense of spiritual renewal. It can provide a space for reflection, self-awareness, and connection to the divine. As with any form of meditation, consistency and regular practice are important for reaping the spiritual benefits of Christian meditation.



Week 4 MATHS FUN

Can you solve our Maths problems for this week? Please bring your answers to share with Mrs Vella next week!



Infants Learning Task

You have been saving up your pocket money to buy Dad something for Father's Day and you have \$6.50. You see a great gift you know he will love for \$4.45. How much change will you receive if you buy it?



Primary Learning Task

You have decided to mow the lawn for your Dad on Father's Day. The front yard is 13m wide and 6m long. The backyard is 13m wide and 14m long. What is the area of the 2 yards together? What would be the perimeter of each yard?



Happy Father's Day



OLA SPORT....

Diocesan Athletics Carnival

Last Friday, 25 students from OLA attended the Diocesan Athletics Carnival. Congratulations to all students who attended and did an amazing job in their races/events.

The following students will now progress as part of the MacKillop team to the Inter-Diocesan competition to be held at on Monday 18th September. This is an outstanding achievement.

Senior Rely Boys (placed 1st)

Khai Aldaba
Magnus Mhyre Fox
Tony Dhin
Lucas Richrdson

Junior Rely Boys (placed 1st)

Tristan Cappello
Korbin Bruckard
Koby Hughes
Lucas Dobaj

Junior Rely Girls (placed 2nd)

Asher Davidson
Lyla Sofiak
Ruby Masters
Brae Aldaba

Korbin Bruckard – 1500m (placed 4th)
Noah Falzon – 1500m (placed 3rd) & 800m (placed 3rd)
Fionn Galway – Discus (placed 3rd)
Vienna Gergly-Hollai – High Jump (placed 4th)
Ruby Masters – High Jump (placed 3rd)
Charlotte Naim – 800m (placed 1st)
Lucas Richardson – 100m (placed 3rd), Long Jump (placed 1st)
Kian Santiago – Discus (placed 4th)
Lyla Sofiak – Long Jump (placed 2nd)



Parramatta Netball Gala Day

OLA had a great day playing Netball in the sun out at Penrith on Wednesday. 85 Students displayed outstanding netball skills and great sportsmanship. All teams had plenty of wins with a few teams placing second in their pool. A huge congratulations to our senior Yr 6 boys who took out the win for their pool.

Thank you to all the parent helpers on the day and a special thank you to the umpires who looked after our teams for the day. We appreciate all your time and effort. Days like these can not run smoothly without you!

Touch Football Gala Stage 2 and Stage 3

Just a reminder these Gala Days are on separate days. Teams will be announced next week and an email will be sent for permission to attend. We are also on the look out for Referees for both days. If you know someone that would be interested in helping on the day, please email the school office. Stage 2, Friday 15th and Stage 3 Friday 22nd (last day of school).

Basketball Gala Day

Trials will be held next week. If you have not filled out the expression of interest please check your emails as it was sent a few weeks ago.

Please always keep an eye on our Facebook page for photos of learning at OLA along with sporting events etc.



OLA Garden Club

Our garden is the envy of many green thumbs. Thank you to our garden club team of students from K-6 and to Mrs MacDermid and Mr Borg for all their work and efforts in running our Garden Club. The children just love it.



Values Matter at OLA

This week we are focussing on the value of Respect.

We all want to feel important, to be treated kindly, and to have our thoughts and feelings shared without negative comments. In a word, we want RESPECT. But how often do we stop to think about how we treat others? Do we exhibit respectful behaviour towards others?

Respect is one of the foundational pillars of all healthy relationships. Respect toward others comes from recognising the inherent worth of every person. It means being able to communicate your position in a kind and courteous manner and allowing others to have and express their own opinions and beliefs without fear of rejection, even if they are different from your own. Respect means caring about the feelings of others.

This value includes the following characteristics:-

How do you practise Respect?

Think about how you want to be treated, then treat others that way. Ask yourself, "How do I want others to treat my belongings or my right to privacy? How do I want others to talk and listen to me? How do I want others to treat me when we need to resolve conflicts?"

- *Treating others the way you want to be treated, no matter how they treat you.*
- *Showing kindness and consideration*
- *Respecting yourself; liking yourself enough to be yourself*
- *Accepting others for who they are*
- *Showing high regard for authority, (School Rules) other people, self and country.*
- *Use good manners; speaking courteously to everyone, even if there is a conflict*
- *Be considerate of the feelings of others*
- *Deal peacefully with anger, insults and disagreements*
- *Treating property and the environment with care.*

The overall message:

Showing regard for the worth of someone or something. It includes respect for self, respect for the rights and dignity of all persons, and respect for the environment that sustains all life.

Date for Remaining Whole School Assembly

The remaining date for the term 3 whole school assembly, where a grade will be showcasing and presenting their learning is:-

Friday 8th September – Presented by Year 4

All are most welcome to attend.
If you are attending this assembly we would suggest that you park across the road at the ovals and walk across to school.

Theme for the Week

"Respect"

This week focuses on the way we respect others and the relationships we form. Treating others as equals requires mutual respect and a true sense of accepting others regardless of their differences, be it physical, materialistic or intellectual. Our children are continually encouraged to respect others as they would themselves.

Student Awards

Congratulations to the following students who received awards this week:-

Term 3 Week 7		
Student	Academic Merit Award	St Francis Award
KB	Nolan Duffy	Joshua Chatterton
KG	Heath Champion	Kenzie Jones
KW	Issac Phillips	Joshua Azzopardi
Year 1 B	Ameline Clarke	Theodore Summerhays
Year 1 G	Veselko Topic	Lorena Brackenbury
Year 1 W	Charlotte Frater	Riley Johnson
Year 2 B	Isaac Niezabitowski	Harrison Shaw
Year 2G	Thys Aldaba	Amy Tawadrouse
Year 2W	Teresa Dalla	Arianna Mangano
Year 3 B	Sophia Gobran	Aurora Crosato
Year 3 G	Minnie McManus	Myra Shokeen
Year 3 W	Victoria Zakharova	Riccardo Barbatano
Year 4 B	Lily Tawadrouse	Abbey Zahra
Year 4 G	Avery Grace	Brae Aldaba
Year 4 W	Athena Sales	Ryan Scanes
Year 5 B	James Crosbie	Lauren Myhre Fox
Year 5G	John Vickers	Lauren Cauchi
Year 5W	Zara Pisani	Alessandro Albertini
Year 6 B	Phoenix Rich	Noah Cleary
Year 6 G	Leonardo Festa	Magnus Myhre Fox
Year 6 W	Lucas Richardson	Melodiya Kundan



Calling for donations for our fantastic PRE-LOVED School Uniform Shop!

❖ Do you have a spare school uniform that you no longer need?
 ❖ Maybe it doesn't fit?
 ❖ Why not donate it!

Donations of clean, in good condition, pre-loved uniforms can be dropped to the front office.

***Next pre-loved uniform sale will take place in week 9.**

Thank you for helping and supporting our School Community!

DONATE NOW

Congratulations to the Alin family (Angela 2B, Emma 4G) on the birth of their baby brother yesterday, Daniel.



IMPORTANT NOTICE Facebook/Messenger

Please note: There are **NO** official grade Facebook pages. These pages are not to have a school crest/logo etc, as they are not endorsed, contributed to or seen by the school. As a result, there can often be inaccurate information regarding uniform changes, questions about reading levels etc. **Parents are always encouraged and welcome to direct questions to the school office, teachers, Mr Cauchi or Mr Calabria for accurate information.**

OLA FACEBOOK PAGE

For up to date information and events,
Visit our Facebook

page <https://www.facebook.com/OLARouseHill>

Or Click on the facebook f in the top corner of our school website

Be sure to 'like us'